

Digest Three – April 2025

Theme #1: Interviewing

The first April monthly digest theme is **interviewing**. Preparation and practice can set you up for a successful interview whether you're a candidate or a hiring manager.

Cohort Discussion:

What do you think is the hardest interview question? Why? How do you approach this question? *You can discuss in your mentor cohorts.*

Pair Activity:

Conduct a mock interview with your mentor/mentee. Craft the role and questions around a position the mentee could be interested to pursue. Alternatively, flip the roles so the mentee acts as the hiring manager to learn about selecting valuable questions, conducting interviews, and how to spot suitable candidates.

Theme #2: Resumes

The second April monthly theme is **resumes**. When is the last time you updated your resume? It might be time to revise and hear a new perspective from someone you trust.

Cohort Discussion:

What do you find most challenging about building your resume? What tips do you have to share? *You can discuss in your mentor cohorts.*

Pair Activity:

Mentees can update their resume and ask their mentor and/or other Fellows in your cohort for feedback on how to improve it.

- Review this resource with additional tips and industry best practice advise on creating a resume and cover letter. [How to Get Your First Public Health Job | PHERN](#)
- You can also listen to this podcast episode discussing public health resume and cv creation to learn more. [Public health resume and CV with Alison McAlear | PH SPOT](#)