



Department
of Health

NYSPHC March Consortium

Consensus Building

March 12, 2025

NYSPHC Fellowship Program

Zoom Webinar

WELCOME

SHIRLEY WILD, *REGION 3*

AMBER WHITESIDE, *REGION 1*

FELLOWSHIP PROGRAM SPECIALISTS



Department
of Health



Agenda

- **Welcome**
- **Consensus Building
with Anna Yankelev, MBA, MPH**
- **Q & A**
- **Fellow Spotlight – Region 4**
- **Fellow Spotlight – Region 6**
- **Fellow Spotlight – Region 8**
- **Program Updates and Reminders**



WELCOME

ANNA YANKELEV, MBA, MPH

HEALTH & MEDICINE POLICY RESEARCH GROUP






Working Together for Health Equity: Building Meaningful Consensus with Diverse Stakeholders

Anna Yankelev, MPH, MBA
March 12, 2025

**HEALTH &
MEDICINE**
POLICY RESEARCH GROUP

**PUBLIC
HEALTH** 
**WORKFORCE
COLLABORATIVE**

A (very brief) history of the Public Health Workforce Collaborative

- Started in late 2020 in response to pandemic workforce needs
- Succeeded in launch of Chicago Vaccine Partnership/CHW focus
- No long term plan → fell dormant
- Revitalized in early 2023
 - **Intentional 1:1s with new and old partners**
 - **Consensus-based strategic planning process**

TODAY

- Quarterly general meetings
 - 3 virtual, 1 in person annually
 - Average 40-60 attendees per meeting (at least 30 organizations representing)
- Bi-monthly Action Team meetings
 - Consistent participation from 8-15 organizations



PUBLIC HEALTH WORKFORCE COLLABORATIVE

A project of the

HEALTH & MEDICINE POLICY RESEARCH GROUP

MISSION: **To make all public health jobs good jobs, for everyone**

We coordinate, expand, and sustain the systems, structures, and supports necessary to assure a skilled, sustainable, responsive, and permanent public health workforce.

VISION

A robust, representative, and resilient public health workforce that advances health equity within Chicagoland organizations and communities.

SUPPORTING WORKERS

Making sure Public Health workers have the training, support, and resources they need to thrive

CAREER PATHWAYS

Establishing, strengthening, and publicizing career pathways within the public health workforce

CAPACITY BUILDING

Supporting employers in having the financial sustainability and tools to recruit and retain the workers they need



Email ayankelev@hmprg.org to learn more!

Why do we need coalitions?

Coalitions are Necessary for Systems Change!

Complex problems require complex solutions

None of us can do this work alone—all hands on deck

Build power to accomplish shared aims and drive systems change

What are some challenges you've faced in facilitating your coalitions?

- People aren't consistently showing up
- Meetings are disorganized and they don't feel they're accomplishing anything
- **They don't feel like their priorities are reflected**
- No one explained why the work they are doing is important
- They are uncomfortable/overwhelmed doing what they have been asked to do
- The environment is unwelcoming
- No one recognizes their contribution
- **They don't see how their work connects to the work of the coalition**
- No one asked them



Consensus Workshop

What can we do
to build
consensus, not
compromise, in
our coalitions?

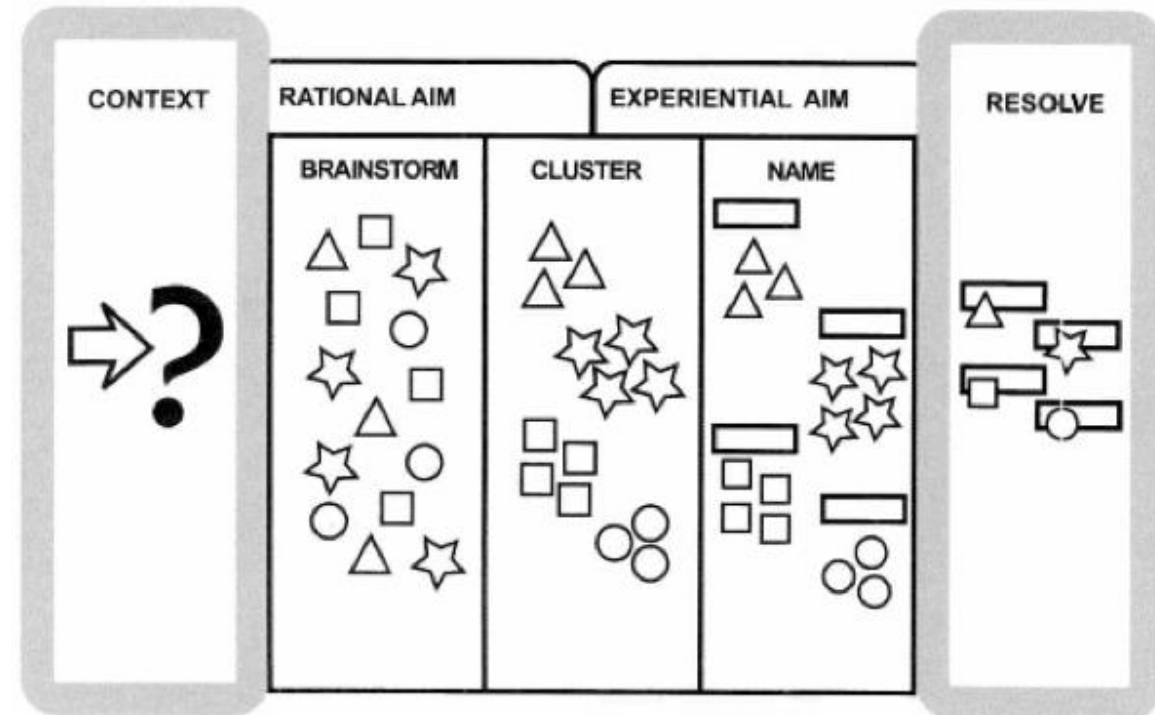
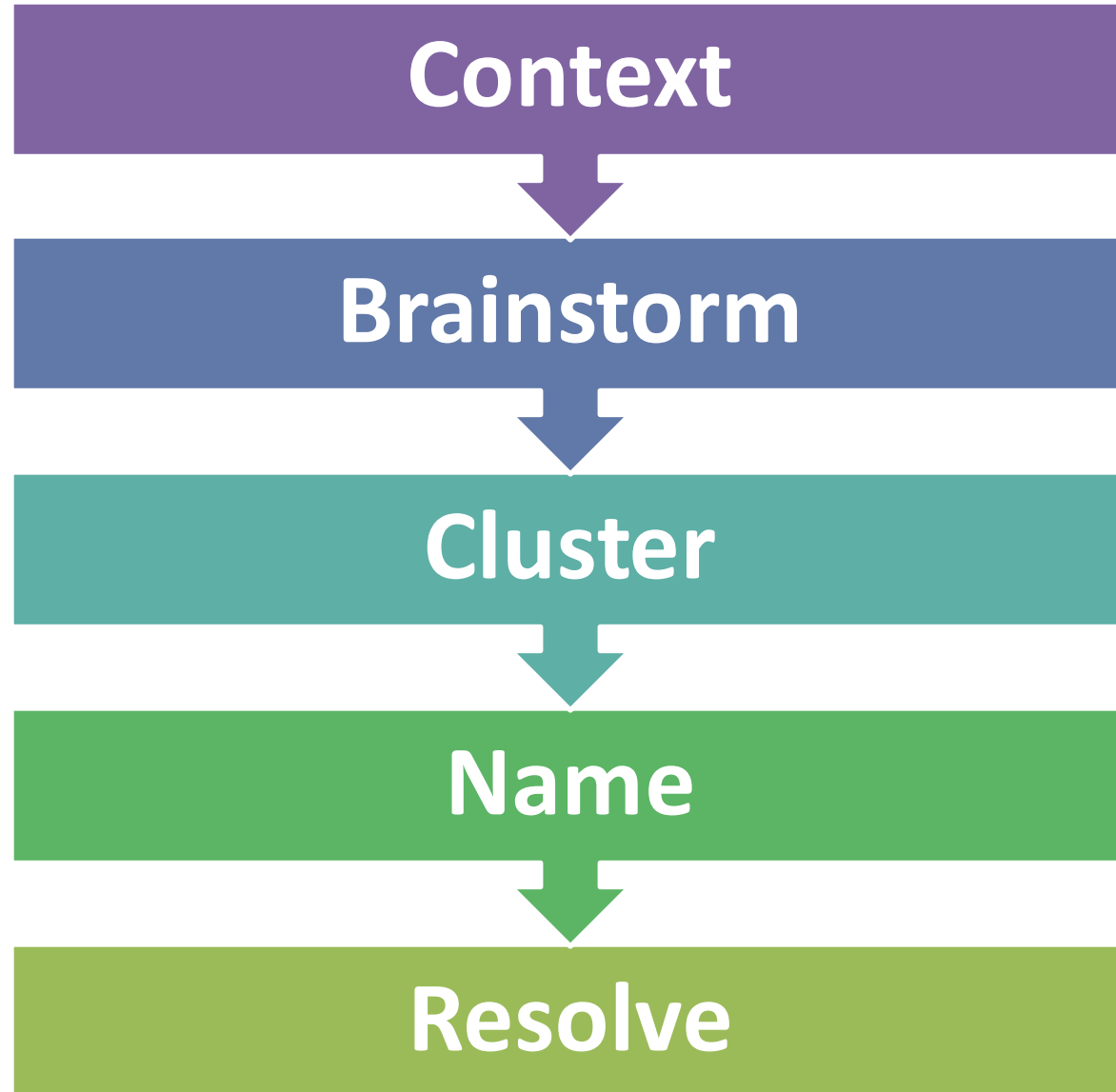
Consensus
Workshop
methodology
from Technology
of Participation
(© Institute of
Cultural Affairs)



Multi-stage
process where
diverse
perspectives
and ideas are
consolidated
into common
themes

Outcome: all
participants feel
their ideas and
insights have
been honored,
nobody has to
“give up
something” so
the group can
move forward

Stages of the Consensus Workshop



Stage 1: Context

- Set the purpose or aim of the workshop
- Clarify the workshop question
- Get the conversation going with some introductory questions
 - ORID framework

Practice

- Aim: to identify strategies for increasing vaccination rates among New York residents
- Question: How can we provide health education about vaccination among our communities?

Objective (WHAT)

Asks for facts,
information,
impressions

e.g., What caught
your attention?
What do we know?

Reflective (GUT)

Asks for personal
reactions, associations,
emotions

e.g., What surprised
you? What concerned
you?

Interpretive (SO WHAT)

Asks for meaning,
values, significance,
implications

e.g., What does this
teach us? How does
this affect us?

Decisional (NOW WHAT)

Asks for resolve,
action, future
directions, next steps

e.g., What is our next
move? What should
we do differently?

ORID Framework

An effective structure for Focused Conversations

- Helps all group members participate
- Elicits clear ideas and conclusions
- Broadens group member's perspectives
- Ensures a meaningful dialogue
- Moves discussion to a productive end

Stage 2: Brainstorm

- Individually list 5-10 answers to the workshop question
- Select 3-5 most important ideas (3-7 words per idea)
 - Share: Most important idea, clearest idea, other important idea
- Can do a round with a smaller group consolidation of ideas if working with a large group

Practice

- How can we provide health education about vaccination among our communities?
- Individually brainstorm at least 5 ideas
- Put a star next to your BEST idea
- In your breakout group, agree on 1-2 MOST IMPORTANT, CLEAREST ideas

Stage 3: Cluster

- Form pairs that clearly go together
- Add to existing pairs
- Give each cluster a 1-2 word tag

Practice

- Which cards clearly go together?

Stage 4: Name

- Start with the largest cluster
- Give each cluster a 3-7 word name or title that answers the workshop question
- Start each name with a verb

Practice

- How does each cluster answer the workshop question?

Clustering and Naming

Rational Aim	Sample Workshop Question	Cluster By	Column Name Format*
Get comprehensive list of issues related to a topic	What should we consider as we look at this issue?	Similar issues	Adjective noun, e.g., PSE factors
Action plans to do a project	What actions do we need to take to accomplish this project?	Actions that can be done together (similar skill sets, same team)	Verb object, e.g., clean the grounds
Determine why we're stuck	What is blocking us from achieving our vision?	Same or similar root cause	Adjective noun, e.g., local stores sell junk food
Consensus on a solution to a problem	What are practical ways to address this problem?	Similar solutions	Verb object, e.g., improve access to healthy food
Create a vision	What do we want to see in place in 3-5 years?	Similar accomplishments	Juicy adjective noun, e.g., state of the art technology
Defining a collaborative undertaking	What aspects of this issue do our funders support?	Similar intents	Gerund noun e.g. Promoting edible gardens

Stage 5: Resolve

- Read out the cluster names
- Confirm with the group that their priorities are reflected in the clusters
- Discuss next steps and implications


Practice

- Do you see your idea represented in the final priorities?

THANK YOU!

www.hmprg.org

**HEALTH &
MEDICINE
POLICY RESEARCH GROUP**

**PUBLIC
HEALTH** 
**WORKFORCE
COLLABORATIVE**

CONVENED BY HEALTH &
MEDICINE POLICY
RESEARCH GROUP

FELLOW SPOTLIGHTS



Seed to Supper

IN HERKIMER COUNTY

Cornell Cooperative Extension
Herkimer County



What is Seed to Supper?

Seed to Supper is a comprehensive beginner vegetable gardening curriculum designed for adults gardening on a budget. Classes are free and are taught by trained Seed to Supper garden educators. Participants will attend six classes in order to receive a certificate of completion.

It was created by the Oregon Food bank and OSU Cooperative Extension and adopted for New York State by Cornell Cooperative Extension and Cornell-Based Learning.

Seed to Supper

A Beginner's Guide to Low-Cost Vegetable Gardening



New York State 2019 Edition

Cornell Garden-Based Learning & Cornell University Cooperative Extension

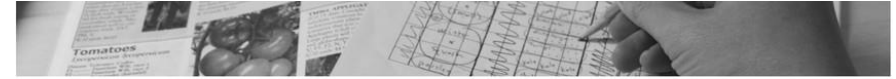
A Publication of Oregon Food Bank
and
Oregon State University Extension Service
Adapted by NYS CCE



MODULES

Seed to Supper highlights practical, low-cost techniques for building, planning, planting, maintaining and harvesting a successful vegetable garden. The 6 modules consist of:

- Planning your Garden
- Getting Started with Healthy Soil
- Planting your Garden
- Caring for your Growing Garden Part 1
- Caring for your Growing Garden Part 2
- Harvesting and Using your Bounty



Chapter 1: Planning your Garden

TOPICS IN THIS CHAPTER:

- Making a planting plan
- Crop rotation by plant family
- Making a planting map
- Common crop chart
- Sample planting maps
- Personal planting plan
- Personal planting map

Before making your garden beds, you must first decide what plants to grow and where to put them. As you make your choices, use the Personal Planting Plan chart and graph paper on pages 10-12 to map out your garden.

TODAY'S TOPIC:
Planning your garden

Book reference: Chapter 1, Pages 1-12

- ❖ Making a planting plan
- ❖ Making a planting map

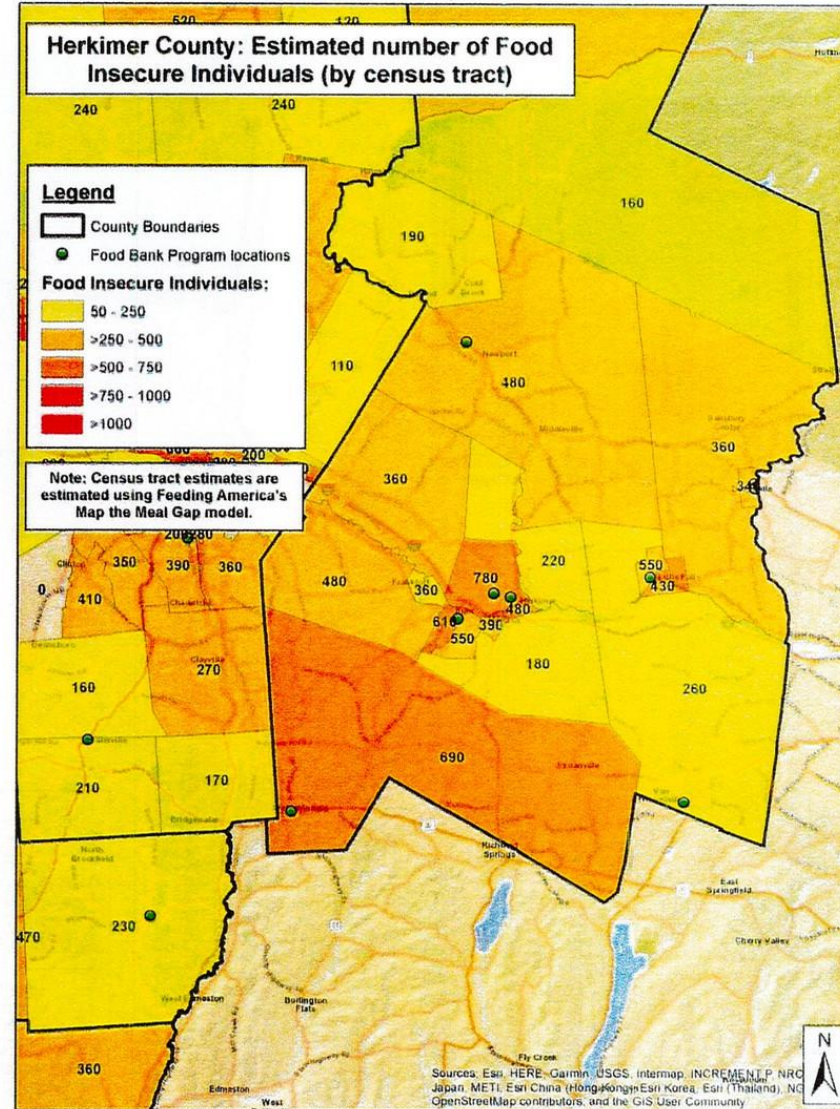
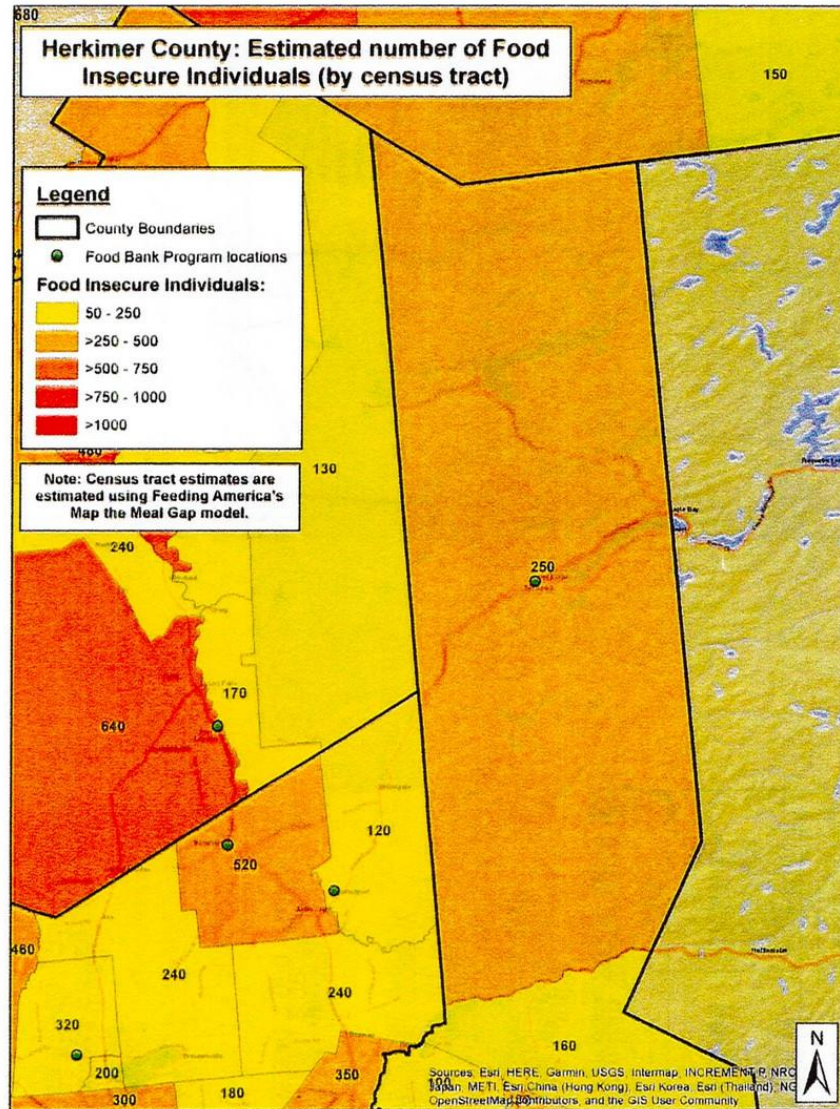
FOOD BANK **OSU**
Oregon State University

RELEVANCE TO HERKIMER COUNTY

- Herkimer County is number one in food insecurity in NYS, outside of the five boroughs.
- Overall individual food insecurity estimate: 12.7% (1 in 8)
- Child food insecurity estimate: 15.5% (1 in 6)
- Estimated percentage of food insecure individuals living in households with income above the SNAP threshold: 31% (69% below the SNAP threshold)
- Estimated percentage of food insecure children living in households with income above 185% of the Federal Poverty Line (the cutoff for many child nutrition programs such as WIC and NSLP): 2% (78% below 185% FPL)



MAP OF FOOD INSECURITY IN HERKIMER COUNTY



PILOT HOST SITE: FRANKFORT COMMUNITY GARDEN



Beginning

First seeds were planted in May 2021. The garden provides free food (without pesticides) to the community.

Mission

The mission is to encourage, educate, and promote organic agriculture to improve the well-being of our community, the environment, and families facing food insecurity. They support all gardeners in their efforts to grow and prepare food for themselves and their families.

Contents

The garden consists of 12 raised beds (4x8ft), 2 geodesic domes, 3 large flower plots (including a pollinator garden (8ftx30ft), 2 water tanks, and 1 shed.

Maintenance

It is maintained by the creators and volunteers.

OUTCOMES

- Increased sense of agency.
- Increased confidence.
- Increased connection.
- Build more food secure communities - places where all people, at all times, have access to enough food.
- Increase self-efficacy in areas of food security, resource management, and self-reliance.



PROGRAM COMPLETION

- Participants who complete all 6 modules will receive a certificate and sticker from CCE.
- They will have educational materials to take home with them.
- CCE will stay available as a resource after completion of program.



Thank you!

Email: ant66@cornell.edu

Cornell Cooperative Extension
Herkimer County





Laurisa Sampson

NYSPHC
Fellow Orange
County

Partnership
Development
&
Health Equity



Orange County Community Health Assessment 2022-2024

GOAL: *"Increase cancer screenings by removing structural barriers."*

Priority Area: Prevent Chronic Disease

Focus Area: Preventative Care and Management

Source: <https://www.orangecountygov.com/DocumentCenter/View/26985/NEW-Orange-County-Community-Health-Assessment-and-Community-Health-Improvement-Plan-2022-2024>



Partnership Development/Consensus Building



Cancer Collaborative: Partner agencies agreed to come together and offer Free Health Screenings!



Working with our partners to
take health screenings

TO
the Community

WHERE:

- Familiar & trusted space
- Place where there is a captive audience

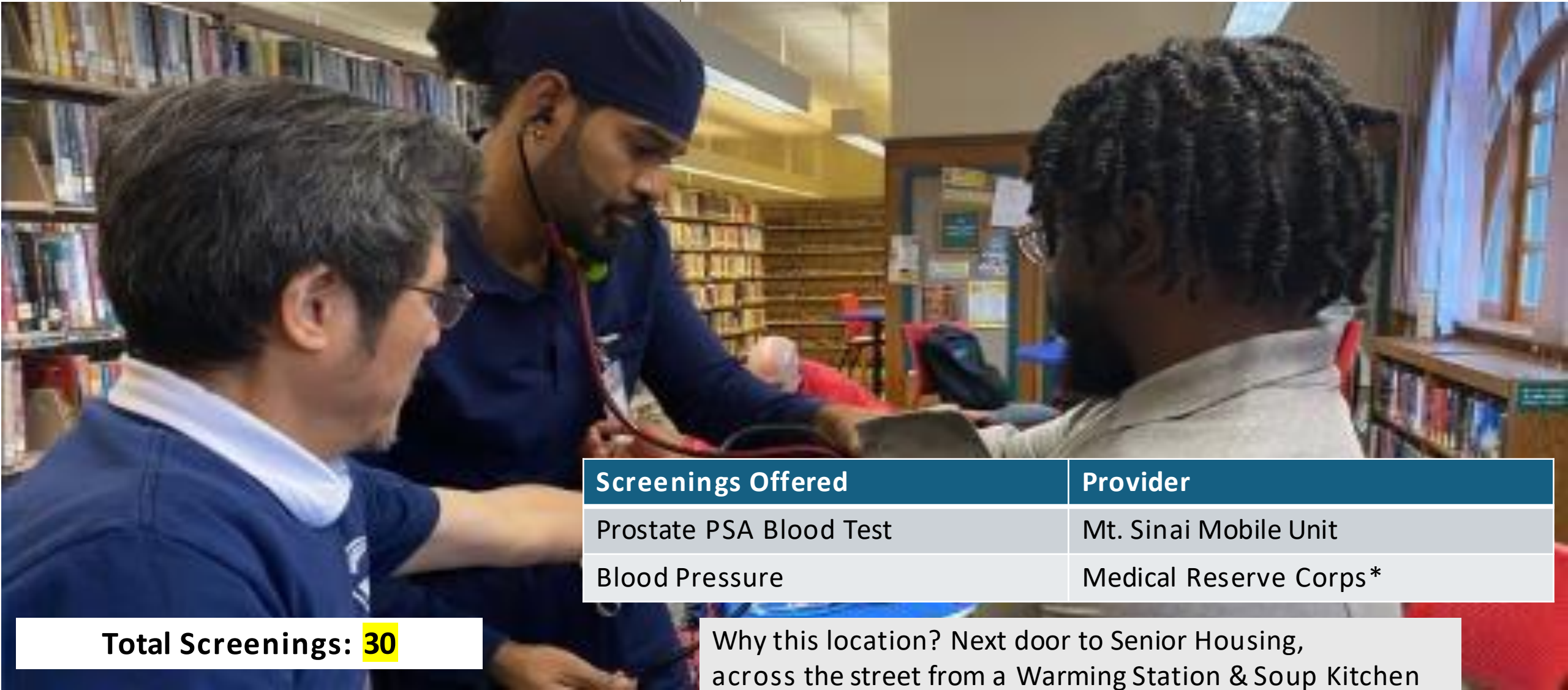
PROVIDE:

- Free Health Screenings
- Community Resources Available
- DJ
- Free Food

11.02.2024
Thrall Library, Middletown, NY

Sponsors:

- Cultivating Healing Justice Initiative and Support Services, Inc.
- Orange County Medical Reserve Corps
- Thrall Library



Screenings Offered

Prostate PSA Blood Test

Blood Pressure

Provider

Mt. Sinai Mobile Unit

Medical Reserve Corps*

Total Screenings: 30

Why this location? Next door to Senior Housing, across the street from a Warming Station & Soup Kitchen

Look back to last year.



02.17.2024

Sweetheart Screening 2024 Newburgh Armory Unity Center

Sponsors

- Newburgh Armory Unity Center
- Public Consulting Group (PCG)
- Cultivating Healing & Justice Initiative Support Services
- Orange County Department of Health

Screenings Offered	Provider
Clinical Breast Exam & Blood Pressure Check	Cornerstone Family Healthcare
Prostate PSA Blood Test	Mt. Sinai Mobile Unit
HIV Testing	OC DOH Public Health Nursing Division

Total Screenings: 44

02.08.2025

Sweetheart Screening 2025 Newburgh Armory Unity Center

Sponsors



- Cultivating Healing Justice Initiative and Support Services, Inc.
- Orange County Department of Health
- Newburgh Armory Unit Center
- Knights of Columbus of Chester*
- ED Pharmaceuticals*



Food Sponsors

- Public Consulting Group (PCG)
- Dunkin' of Chester, NY
- Panera Bread of Newburgh, NY

Screenings Offered	Provider
Clinical Breast Exam & Blood Pressure	Cornerstone Family Healthcare
Prostate PSA Blood Test	Mt. Sinai Mobile Unit
Blood Pressure	OC DOH Medical Reserve Corps* SUNY Orange Nursing Program* Kappa Eta Eta Sorority*
Heart Screening: Blood Pressure, Cholesterol* & Glucose*	Garnet Health*
Blood Pressure and BMI*	Montefiore St. Luke's Cornwall Hospital*

Total Screenings:

85

* = New this year!



Scenes from Sweetheart Screening 2025





Partners who tabled at the event:

- Central Hudson*
- Hudson Valley Radiology Associates
- Boston Scientific*
- Planned Parenthood of Greater New York
- Action Toward Independence
- Health First
- Desmond Center for Community Engagement & Wellness
- Jewish Family Services

- Alzheimer's Association
- Revive & Refresh Health*
- Latinos Unidos*
- New Windsor Pediatrics*
- Regional Food Bank*
- Mental Health Association
- Hudson Valley Renegades
- American Cancer Society
- Hudson Valley Imaging



Open Mind

Central Hudson:

- Budget Billing
- Deferred Payment
- HEAP (Home Energy Assistance Program)
- Good Neighbor Fund:
Customers experiencing financial hardships
- Grants for Veterans and Military Families
- Help During Hospitalization
- Life Support Equipment Program
- Medical Emergency Program
- Services for Seniors



Growth in Partnership Development



Phone calls from agencies that want to table at the event



More providers offering to do screenings at the next event



Community Member who would like more screenings events at the Armory, and willing to use their foundation to cover expenses



Organizations who saw the Sweetheart Screening flyer have reached out to see how they can get a health screening at their location



Phone calls from residents to inquire if preregistration is required



Looking to add more screenings: Dental and Vision



College considering how we can do a screening on campus and allow their students the opportunity to have practical experience.

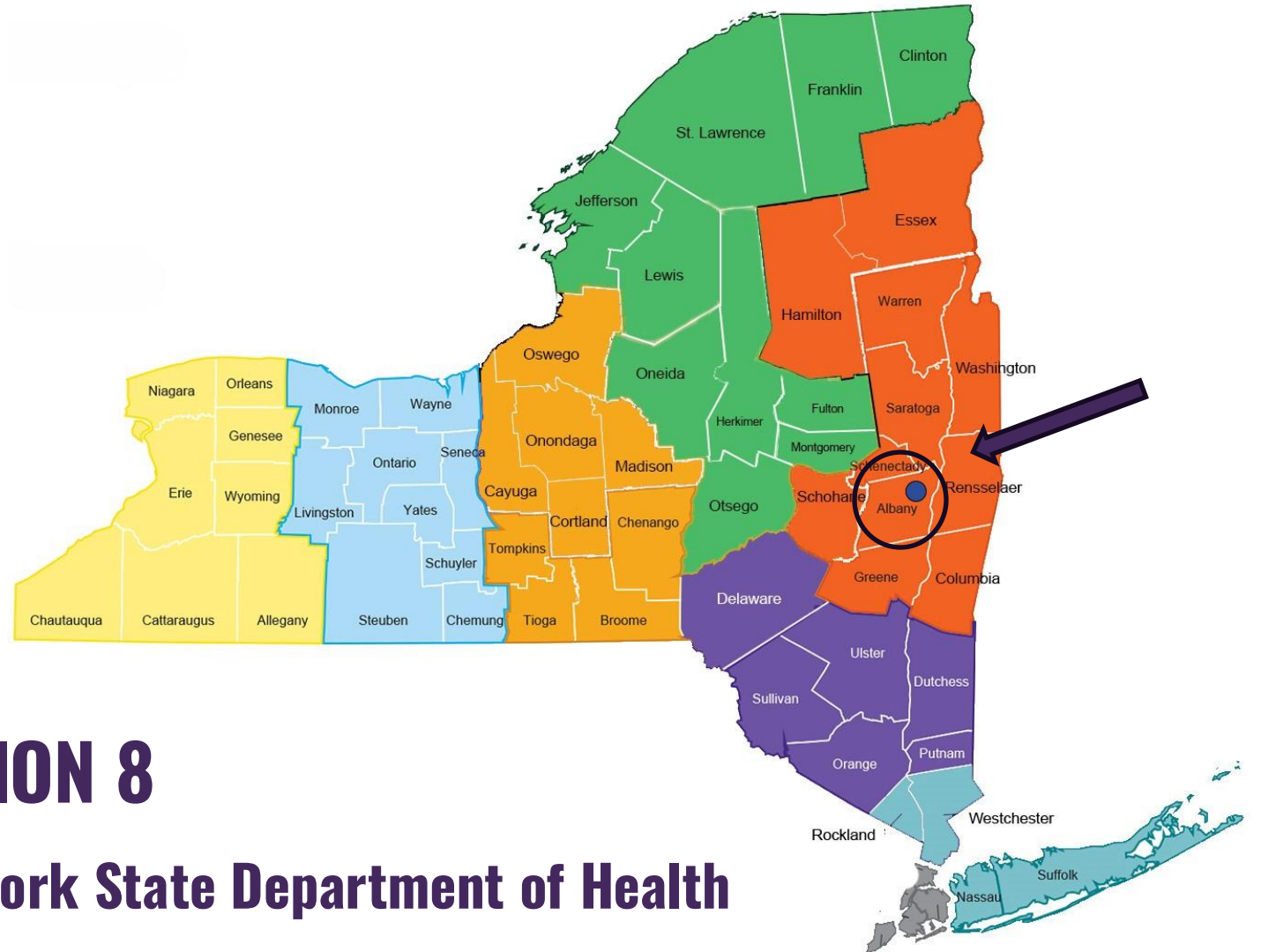
Don't be afraid...

- To ask the question
- Don't be afraid to use your voice
- See the big picture of the good work that we are doing



Sabryna Strack

**FELLOW
SPOTLIGHT**



REGION 8

New York State Department of Health





**Department
of Health**

My Fellow Experience

Sabryna Strack, Fellow III

Fellow Spotlight | March 12th, 2025

WHO AM I?

- From Lake Placid, NY
- I began as a Fellow II with the Fulton County Local Health Department in 2023.
- I now work with the NYSDOH Disability & Health Program as a Fellow III
- Currently completing MPH at SUNY Albany



NYSDOH Disability & Health Background

CDC Cooperative Agreement - Improving the Health of People with Mobility Limitations and Intellectual/Developmental Disabilities through State-based Public Health Programs CDC-RFA-DD21-2103.

The following outcomes are anticipated at the end of the five-year funding period (2021-2026):

- An increase in the number of healthcare providers that can offer accessible preventive health care to adults with disabilities.
- Fewer unmet preventive health care needs, including mental health, among adults with disabilities.
- Improved health and wellness among adults with disabilities.

Current Projects Include:

- Partnership Development
- Resource Development
- Information Dissemination
- Knowledge Development

DEC/DHP Partnership

- NYS DHP participates on the Department of Environmental Conservation (DEC) Advisory Committee
- Comprised of multiple agencies such as Association of Aging in New York, several independent living centers, The Adirondack Park Agency, and NYS Office of Parks, Recreation, and Historic Preservation.
- Work of this committee and the DEC / DHP partnership is aimed at increasing accessibility to outdoor recreation for people with disabilities.

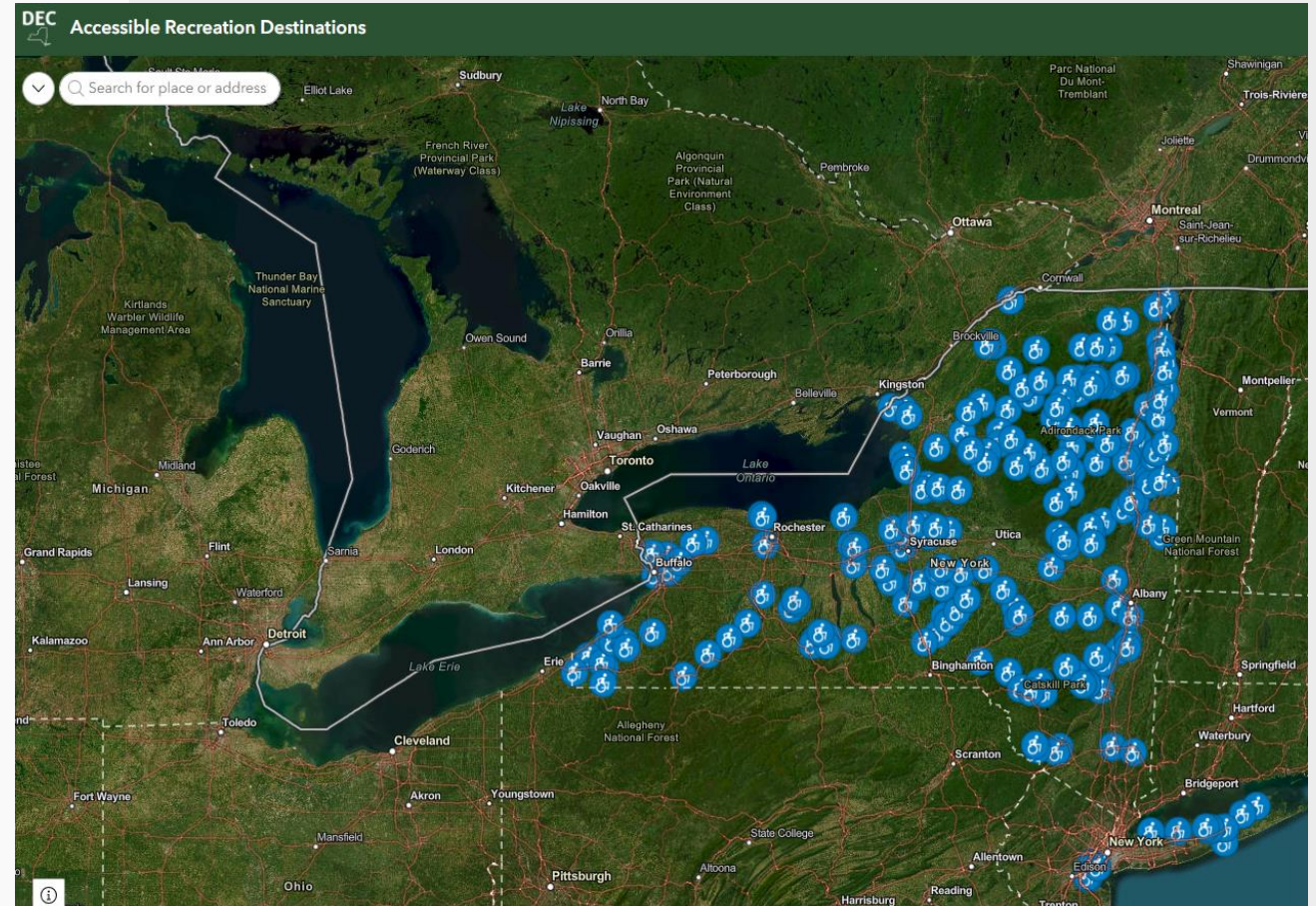
DEC/DHP - Historic and Current Activities



- 2021 pilot project between DHP and DEC
- Wheelchair charging stations at strategic locations throughout NYSDEC-managed lands
- Improved access to accessible trails, hiking, recreation
- NYS residents asked for more adaptive supplies.
- Serve as Project Lead for 2025 activities
- Provide additional powered wheelchair charging stations
- Provide accessible birding, fishing, and archery supplies

Changing DEC Resources for the Better

- Explore the [DEC Accessible Recreation Destinations Map](#)
- Locate wheelchair accessible features at education centers, campgrounds and day use areas, waterway access sites, and land areas.



DEC/DHP Partnership Outcomes

- Partnership between NYSDOH DHP, DEC, and the Accessibility Advisory Committee demonstrates the power of interagency collaboration in creating a more inclusive and equitable outdoor experience for all New Yorkers.
- **Why does this matter? – Access to outdoor recreation improves wellbeing**
- Increases mobility and cardiovascular health when using accessible trails.
- Enhances mental health through stress reduction and mood improvement.
- Fosters inclusion and reduces social isolation by integrating into community activities.
- Allows for restorative qualities of engaging in natural environments.

Other Activities – Information Sharing

Listserv Management:

The purpose of DHP@health.ny.gov is to share information, services, resources, and training opportunities relevant to individuals with disabilities, as well as organizations and individuals working with people with disabilities, and various government agencies.

231 current Subscribers with an average of 3-4 posts a month

Please email me at sabryna.strack@health.ny.gov or dhp@health.ny.gov if you would like to subscribe

Other Activities – Building Resources

Lead for Website Redesign:

- This project aims to redesign the existing New York State Disability & Health program webpage to improve user experience, accessibility, and content clarity.
- This redesign will create a user-friendly online resource for individuals with disabilities, their families, caregivers, healthcare providers, and other stakeholders seeking information or resources related to disability and health in New York State.

CONTACT INFORMATION



sabryna.strack@health.ny.gov



[Linkedin.com/in/sabryna-strack-0a55051b3](https://www.linkedin.com/in/sabryna-strack-0a55051b3)

NYSPHC UPDATES AND REMINDERS



**NEW
YORK
STATE**

**Department
of Health**

CONFERENCE AND TRAINING POLICY

- Earlier today, NYSPHC emailed the NYSPHC 2.0 Conference and Training Policy, which outlines that going forward NYSPHC will be able to support Fellows attending one large professional development conference or training in each year of their Fellowship.
- NYSPHC Summit, the NYSPHA Public Health Partnership Conference, conferences and trainings that Fellows are staffing as part of their job duties, and conferences where travel has already been approved do not count against this limit.
- Requests to attend other conferences, trainings, meetings, or events that do not fall under the criteria listed above will continue to be considered for approval on a case-by-case basis.
- Please see the policy for full details and reach out to your regional Fellowship Placement Coordinator with any questions.

SHOUT OUT

NYSPHC Training and Resources Website



SHOUT IT OUT

CLICK HERE >>

Tell us about a colleague or a Supervisor doing an **AMAZING** job and you just want to **SHOUT IT OUT** to the NYSPHC Team and Fellows!

The graphic features the words 'SHOUT IT OUT' in large, stylized, red-outlined letters with a blue shadow, arched over a white text box. A blue megaphone is on the left, and two blue stars are on the right. A dark blue button with 'CLICK HERE' and a white double arrow is positioned above the text box.



& Supervisor Resources Public Consulting Group

ck Spotlights & Shout Outs! NYSPHC Public S

New York Public Health Corps
Fellowship Program



The screenshot shows a navigation menu with 'Spotlights & Shout Outs!' highlighted. A red arrow points from this menu item to a page titled 'New York Public Health Corps Fellowship Program' which features the NYSPHC logo.

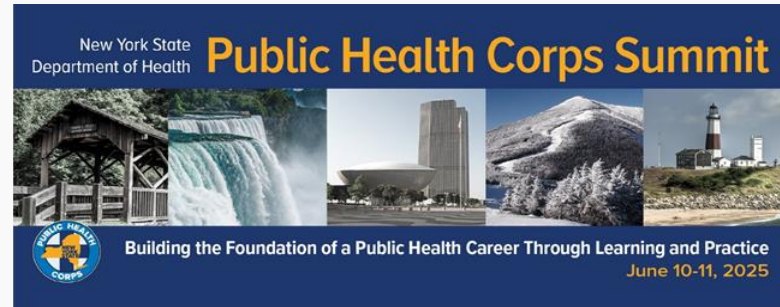


PROFESSIONAL CERTIFICATES SURVEY

We have heard your feedback, and we are working to finalize our year two professional certificates policy!

- Within the next week, a short survey will go out regarding year two certificates.
- We are asking all Fellows to complete the survey by 3.26.2025.
- This survey is just assessing Fellow interest, and once a formalize policy has been finalized NYSPHC will share information with Fellows, Supervisors, and Host Organizations.

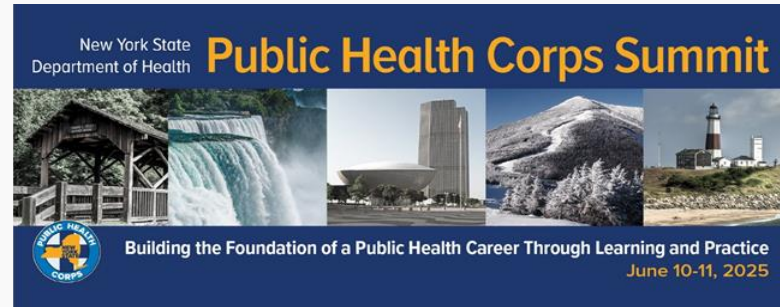
NYSPHC SUMMIT 2025 UPDATES



Call for Videos deadline has been extended!

- NYSPHC has extended the deadline for video submissions to March 24th, 2025!
- We encourage you to submit a short (90 seconds or less) video answering one of the following questions:
 - What innovative contributions are you expecting to make during your Fellowship to address a public health priority in your community?
 - What excites you about your Fellowship? How is it supporting your career journey?
- See yesterday's email for full instructions and submission guidelines.

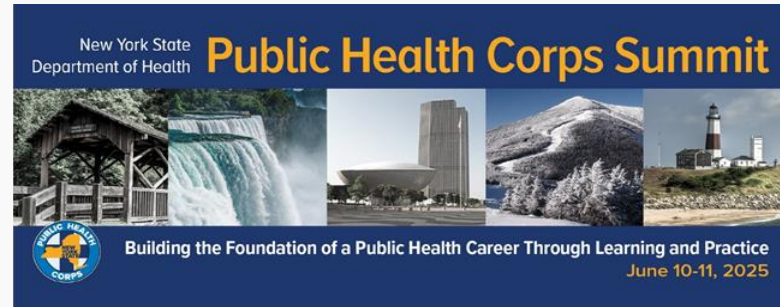
NYSPHC SUMMIT 2025 UPDATES



Hotel Accommodations

- Fellows will have their lodging reserved directly by NYSPHC at the Hilton Albany for the nights of June 9 & 10, 2025 and **should not** make any reservations.
- If you are unsure if your lodging has been secured, please reach out to NYSPublicHealthCorps@health.ny.gov

NYSPHC SUMMIT 2025 UPDATES



Save-the-Date! Monday, May 19, 2025 (1:00-2:00pm)

"Preparing for a Successful Summit Experience"

- This virtual training will review how to access and download the Swoogo mobile app and the advantages of accessing it before, during and after Summit.
- Travel reimbursement requirements/deadlines will also be shared and give attendees the opportunity to ask any questions to ensure a positive experience at Summit 2025.
- Look out for registration details in April 2025!

NYSPHC MENTOR DIRECTORY

Check out the updated NYSPHC Mentor Directory on the Training & Resources website!

^ [NYSPHC Mentor Directory](#)

The NYSPHC Mentor Directory is an index of NYSPHC Fellowship Program Mentors listed by both region and name. The directory is updated on an as-needed basis when Mentors submit their profiles to the program.

The NYSPHC Mentor Directory

v [NYSPHC Core Competencies & Capacity Building](#)

v [Opportunities for Engagement with Broader Program Initiatives](#)

EDUCATIONAL SERIES

- To get credit for attending the monthly educational series webinar you must successfully pass the quiz
- A passing score is 65% or greater
- Several failures of the quiz may result in you being locked out of it. To have the reset please send an email to NYSPublicHealthCorps@health.ny.gov.
- You must successfully complete all 6 Educational Series webinars (October, November, January, February, April and May) by June 30, 2025, to move onto Year 2 of the Fellowship Program

NYSPHC LINKEDIN GROUP

- Stay connected with NYSPHC on LinkedIn
 - Discuss today's consortium highlights
 - Share your shoutouts and achievements
 - Stay updated on public health events
 - Engage with polls and share your insights



NYSPHC UPCOMING EVENTS

NYSPHC Summit Oral
Presentation Training

- March 14, 2025
- 1:30 – 2:30pm

NYSPHC Educational
Series

- April 9th, 2025
- 12:00 – 1:00pm

NYSPHC Educational
Series

- May 14, 2025
- 12:00 – 1:00pm

NYSPHC Annual
Summit

- June 10th & 11th, 2025

QUESTIONS?



NEW
YORK
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THANK YOU!



**Department
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