



Department  
of Health



# New York State Public Health Corps (NYSPHC) Fellowship Program

Program Orientation Day 4  
Mentorship

August 9, 2024

# Agenda

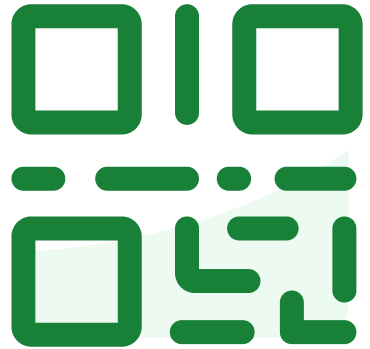
- Mentorship
- Breakout Rooms
- Q & A
- What's Next



# Ice Breaker Time!



# slido



Join at [slido.com](https://slido.com)  
**#2658702**

ⓘ Start presenting to display the joining instructions on this slide.

slido

Please download and install the Slido app on all computers you use



## Name & Region

① Start presenting to display the poll results on this slide.

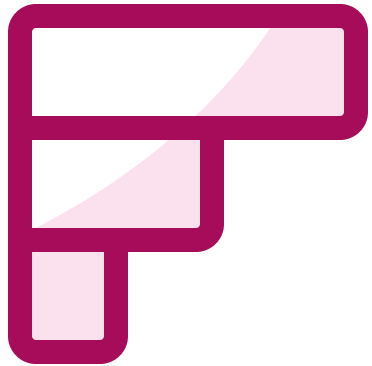
# slido



**In 1-2 words, what is your go-to food to bring to an office potluck?**

ⓘ Start presenting to display the poll results on this slide.

slido



**Which 2024 Olympic Sport are you most excited to watch?**

ⓘ Start presenting to display the poll results on this slide.

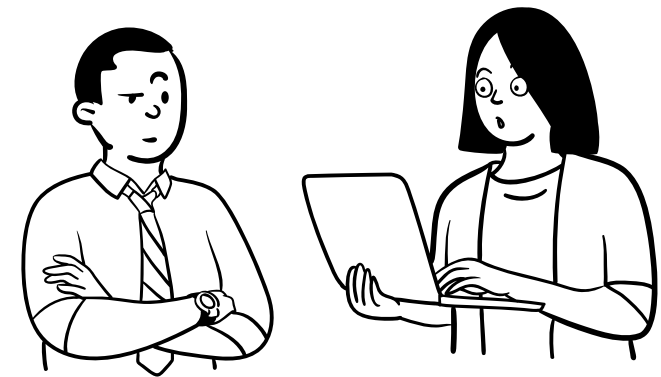
# NYSPHC Mentorship Program





# NYSPHC Mentorship Program

- Mentors serve as professional role models and technical advisors, facilitating peer learning and providing relevant mentoring, career planning and navigational support to Fellows, enhancing their experience within the local and statewide public health landscape and the NYSPHC Fellowship program.
- Mentors have been identified from a variety of organizations throughout NYS including:
  - New York State Department of Health
  - Local Health Departments
  - Community Based Organizations
  - Institutions of Higher Education



# NYSPHC Mentorship Program, Continued

- The NYSPHC Fellowship Program will utilize a cohort style of mentoring, encouraging ongoing networking and collaboration with partners outside of their host organization.
- Each NYSPHC Fellow will be assigned to a cohort led by 1-2 a Mentors with 3-7 other NYSPHC Fellows for the duration of their two-year Fellowship.

# Mentor Assignment Determination

- Fellows have been assigned a Mentor(s) whose experience, skillset and knowledge are similar to their current Fellowship project.
- Mentor(s) may or may not serve in the same regions of the Fellows they have been assigned to lead.



# Fellow Cohort Determination

- Fellows have been assigned to a cohort with Fellows from their region and one additional region.
- See below for regional cohort pairings:
  - Region 1 & 2
  - Region 3 & 4
  - Region 5 & 8
  - Region 6 & 7
- Fellows in each cohort have similar Fellowship projects to encourage ongoing learning and collaboration

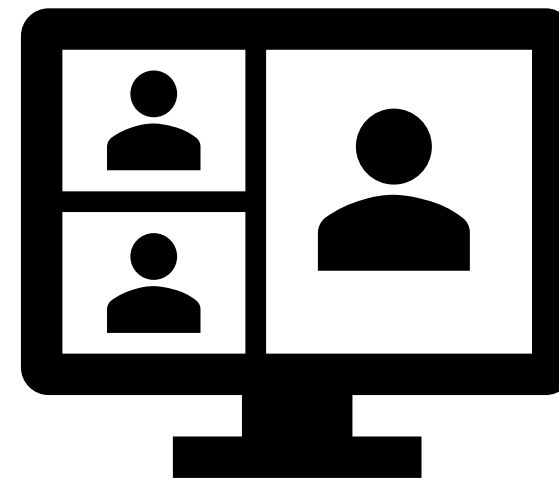


# Role of Fellows

- Attend scheduled Mentor cohort meetings.
- Actively participate in scheduled cohort meetings by engaging in conversations, participating in meeting activities and providing input for future discussions.
- Communicate directly with Mentor if unable to attend a scheduled cohort meeting

# Role of Fellows, Continued

- Fellows are encouraged to meet with Mentors individually. However, Fellows must request an individual meeting with their Mentor directly.
- Fellows are encouraged to collaborate with other Fellows in their cohort.



# Role of the Mentor

- Lead or co-lead a cohort of 4-8 Fellows for to two years
- Lead one virtual meeting with assigned cohort on a quarterly basis, at minimum
- Meet with Fellows in assigned cohort individually, if requested
- Collaborate with other Mentor cohorts, as requested

# Mentor Directory

New York Public Health Corps  
**Fellowship Program**



## Mentor Training Resources

- ✓ [Mentor Job Description and Overview](#)
- ✓ [Mentor Benefits](#)
- ✓ [Mentor Nomination and Self-Nomination](#)
- ✓ [Minimum Qualifications](#)
- ✓ [Location](#)
- ✓ [Mentor Duties and Responsibilities](#)
- ^ [NYSPHC Mentor Directory](#)

The NYSPHC Mentor Directory is an index of NYSPHC Fellowship Program Mentors listed by both region and name. The directory is updated on an as-needed basis when Mentors submit their profiles to the program.

**The NYSPHC**  
**Mentor**  
**Directory**





# Keys to a Successful Mentoring Relationship



# Mentors Should...

- Partner in a learning relationship
- Help Fellows advocate for themselves
- Provide support and feedback
- Help Fellows stay focused on goals and learning objectives
- Establish a climate conducive to learning
- Serve as a source of information



# Fellows Should...

- Partner in a learning relationship
- Be self-directed learners
- Define goals
- Stay focused on goals and learning objectives
- Establish a climate conducive to learning
- Serve as a source of information for other Fellows



# Mentors & Fellows Should Both...

- Graciously give and accept feedback
- Actively participate in scheduled meetings
- Evaluate the learning partnership regularly
- Contact the NYSPHC Team if any questions arise
- Collaborate with your cohort including your Mentor(s) and the other Fellows



# Communication

- Building and sustaining productive relationships begins with good conversation
- Convey your individual desires, needs and expectations
- Get to know everyone in your cohort
- Be respectful



# Mentor/Fellow Agreement

- Accountability
- Confidentiality
- Consensus
- Commitment



# Mentor/Fellow Agreement





Questions?





# Breakout Session



# Breakout Session

Assign a reporter for after the breakout session

## Part One: Discussion (10 minutes):

- Brief introductions
- Discussion Questions:
  - What were your career goals when you graduated high school/college?
  - Did you achieve those goals or have they changed?
  - How did you have to course correct/change paths to meet your career goals?
  - How can you apply your experiences so far to your upcoming work in public health?

# Breakout Session

## Part 2: Temperature check! (5 minutes):

- In the chat, on a scale of 1-10, how ready are you feeling to begin your Fellowship?
- The assigned NYSPHC staff member in your breakout room will calculate the average and share in the report out

# Breakout Session Report Out

- Each Breakout's Reporter shares a summary of responses from the discussion questions
- Hosts share each Breakout's average readiness score

Questions?



# What's Next?

- Begin Fellowship Project
- Organize regular meetings with your Supervisor, Mentor, and FPS
- Look out for information and registration links regarding:
  - PHE
  - BEAM
  - Consortia
  - Educational Series



# Contact Us



Program

Email: [nysphcfellows@health.ny.gov](mailto:nysphcfellows@health.ny.gov)



New York State Public Health Corps  
**Fellowship Program**



Training Resource Center Home



**LinkedIn**

# Region 1



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## Region 2



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# Region 3



Fellowship Placement Coordinator



**Shirley Wild** (she/her/hers)  
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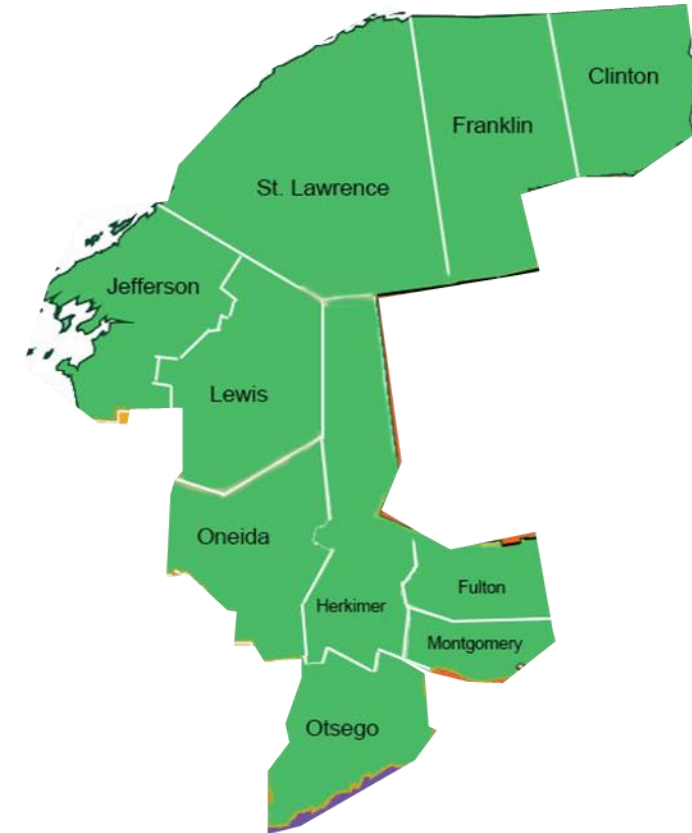
# Region 4



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Fellowship Program Specialist



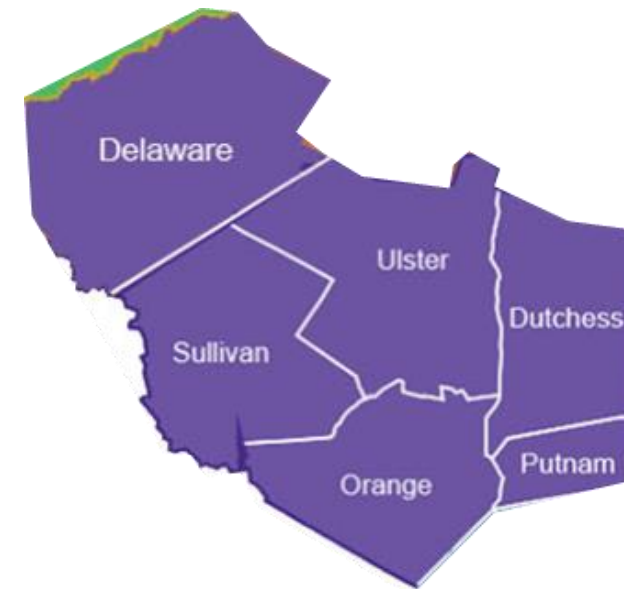
# Region 6



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Fellowship Program Specialist





# Region 7



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Fellowship Program Specialist

# Region 8



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Fellowship Program Specialist



# Monitoring & Evaluation Team



**Devon Hannan** (she/her/hers)  
Evaluation Specialist



**Anh Le** (she/her/hers)  
Senior Health Program Coordinator





# Administrative Team



**Shannon Fitzgerald** (she/her/hers)  
Executive Administrative Assistant



**Rebecca Ono Vasquez** (she/her/hers)  
Administrative Aide



