



The NYSPHC Bi-Monthly Bulletin

A NYSDOH FELLOW DIGEST

Issue: 6



What's New!

2023 APHA Annual Meeting Recap



2023 NYSPHC Fellowship Summit Recap

November is National Diabetes Month

More than 1 in 3 adults in the United States have prediabetes – and many of them don't know it. National Diabetes Month is a time to raise awareness about diabetes as an important public health issue and encourage people to take charge of their health. Check out Healthy People 2030 for additional resources to promote diabetes awareness to the communities you work with!

Source: [Office of Disease Prevention and Health Promotion](#)



National Influenza Vaccination Week

(December 4–8)

National Influenza Vaccination Week (NIVW) is a critical opportunity to remind everyone 6 months and older that there's still time to protect themselves and their loved ones from flu this flu season by getting their annual flu vaccine if they have not already. Get involved by sharing the [Centers for Disease Control and Prevention's \(CDC\) resources](#) to help people in your community learn about the flu, and check out our [MyHealthfinder resource](#) on how to protect yourself and others.

Source: [Office of Disease Prevention and Health Promotion](#)



ARE YOU LOOKING FOR ADDITIONAL TRAINING AND PROFESSIONAL DEVELOPMENT OPPORTUNITIES?



Be sure to check out the [NYSPHC Events Calendar!](#)

We are adding regional in-person and virtual events and training opportunities weekly, so make sure to check back often!

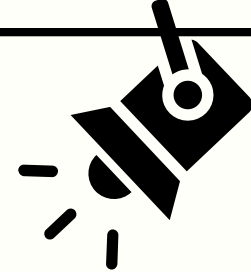
Reminder



If you haven't already done so, add your info to the NYSPHC DOH Partner Directory to connect with other NYSDOH Fellows, Supervisors and Mentors!

[JOIN NOW!](#)

NYSDOH FELLOW SPOTLIGHT



D'Juan Gilmore
*Bureau of Toxic
Substance Assessment
Center for Environment Health*

I work for the School Environmental Health Program that offers environmental health resources to NYS Schools. I have only been with the program for about 6 months, but so far, I have participated in attending conferences (NYS School Board Association – Buffalo, Council for School Supervisors and Administrators – Midtown Manhattan, New York Charter Schools Association Conference – Albany, and RISE -Albany), to promote our program.

- We are currently planning our own Conference in the Spring
- Planning a round of Regional Seminars to inform school representatives on ways to improve the environmental health of schools.
- Developed infographics for our 9 topic areas (IAQ, IPM, Mold/Moisture, Chemical Management, Green Cleaning, Transportation, Construction, Water Quality)

What office are you located in?

- My office is located on the 11th floor of the Corning Tower in Albany, room 1143 for BTSA (Bureau of Toxic Substance Assessment)

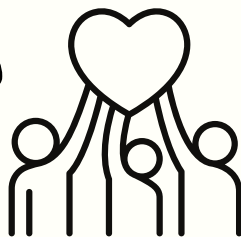
Plans for the future once the Fellowship has ended.

- I believe I am meant to help kids. Once the fellowship has ended, I have a future goal of providing resources to kids to aid in their development. What this may look like, I am not entirely sure, but I would like to be someone they can count on. I may not sit in the classroom, but I can be a catalyst to help them become productive citizens who believe in themselves.

My favorite holiday treat is whatever my wife makes me lol or Ham and Pickle Roll Ups (I am a Midwesterner (from Dayton, OH) living in upstate NY).

If I could live in any country, I would choose some place without snow, like Costa Rica! If I had a time machine, I would travel to a time where I can make fun of how people dress

Fellows in the Community



Thank you to our NYSDOH NYSPHC Fellows who worked together to spread holiday cheer and brought the Capital Region Toys for Tots campaign to the 2023 NYSPHC Summit!



PICTURED: NYSPHC NYSDOH Fellows
Isa Brackett, Ashley Heacock,
Anthony Malloni, Avi Lekram



NYSDOH Mentor Spotlights



Kayla Nikc

Research Scientist I

Office of Quality and Patient Safety

I am responsible for performing data analyses to assess the level of care received by NYS Medicaid Members, specifically those enrolled in a Health Home. A Health Home is not a physical place, but rather is a group of health care and service providers who work together to provide an individual with the care they need to stay healthy. Day-to-day, this means I perform a lot of SAS and SQL analyses, as well as make visualizations of their outcomes in Tableau or PowerPoint to inform healthcare decisions.

I have thoroughly enjoyed meeting and mentoring all the members of my cohort. It is wonderful to hear what each one of them is up to with their projects and support them in their excitement to learn and problem solve. One of my favorite parts of being a mentor is geeking out about coding and methods with my mentees.

What is one of your new year's resolutions for 2024?

I'd like to practice guitar for at least 15 minutes each day. I have an acoustic at home and while I can pluck out a couple songs, I'd love to be able to confidently play it for others.

If you had to eat one meal every day for the rest of your life, what would it be?

Not because it's my favorite, but because it contains all the basic food groups, I feel like I have to say fried rice. It's got veggies, carbs, and protein and it tastes delicious. Sign me up!

A WORD OF ADVICE FOR FELLOWS:

Use the resources available to you! While it may seem intimidating to ask questions or start a new project on your own, there are plenty of people who are willing to help you. Take some time to seek out the people and resources that will better you and your career.

Patricia Riley

Program Manager, Trauma Systems

Bureau of Emergency Medical Services and Trauma Systems

I work for the NYS DOH- Bureau of Emergency Medical Services and Trauma Systems at 875 Central Avenue. I am currently the Program Manager- Trauma Systems. I am a registered nurse and have been caring for people for almost 30 years.

I am having a wonderful experience serving as a mentor and being able to be part of such a talented team of committed professionals. This great opportunity has allowed us to share ideas, experiences and inspire creativity, all to make us better at what we do and would like to become.

What is one of your new year's resolutions for 2024?:

Making time to do more of what I enjoy doing.

If you had to eat one meal every day for the rest of your life, what would it be?

PIZZA!

Biggest guilty pleasure?

Dancing to K.C. and the Sunshine Band

A WORD OF ADVICE FOR FELLOWS:

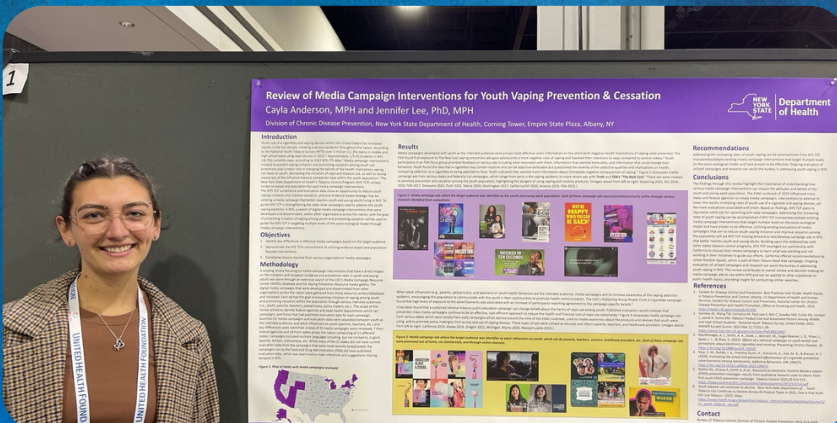
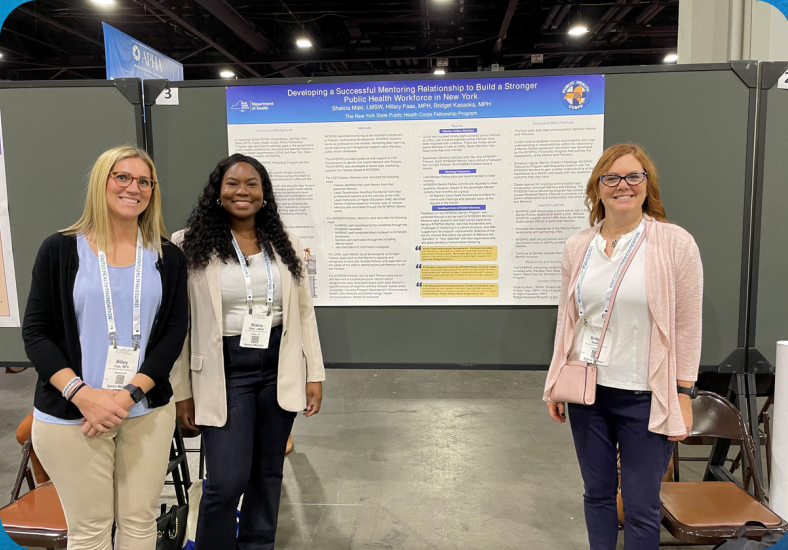
Your passion and dedication will help you excel in whatever you choose to do next in life. Act as if what you do makes a difference, because it does!



APHA Annual Meeting Recap

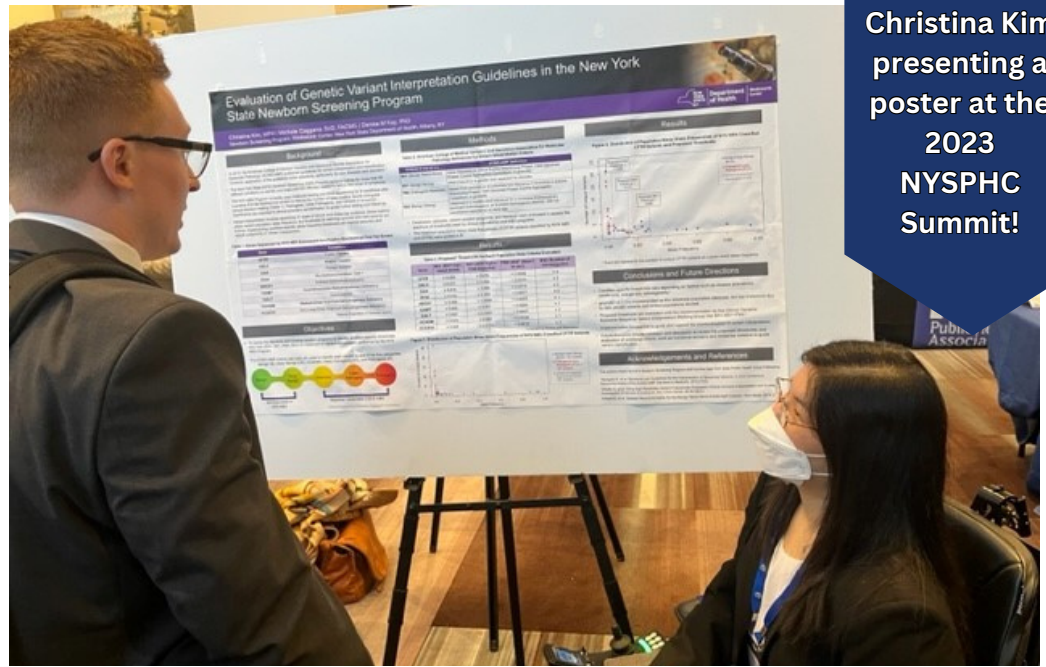


This year, NYSPHC was able to send NYSPHC staff and some fellows to Atlanta, GA to attend the APHA Annual Meeting from November 11-15, for several days of networking with other public health professionals and to present oral and poster presentations focused on the great work being done by NYSPHC fellows and staff alike!





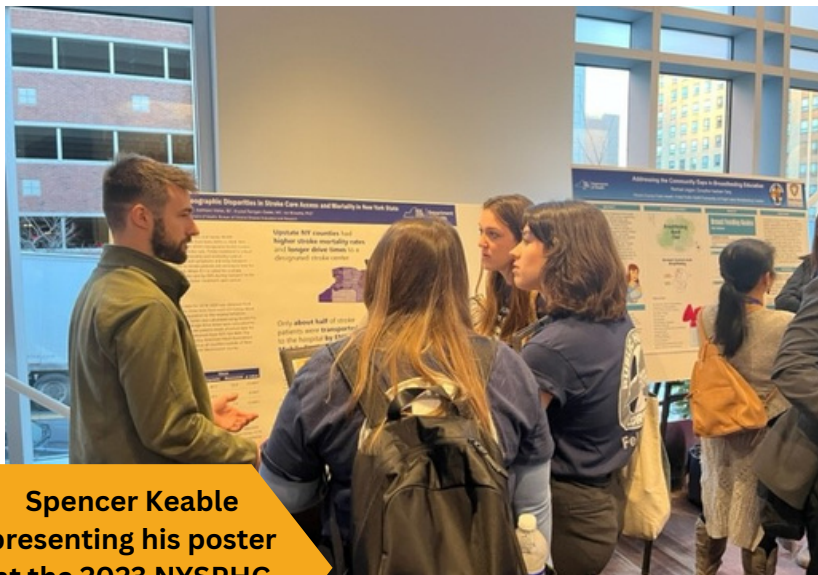
Liz Whipple giving an oral presentation at the 2023 NYSPHC Summit!



Christina Kim presenting a poster at the 2023 NYSPHC Summit!



2023 NYSPHC Annual Summit



Spencer Keable presenting his poster at the 2023 NYSPHC Summit!



NYSPHC Educational Series

We are excited to announce that the live NYSPHC Educational Series sessions will be accessed through the New York Learns Public Health (NYLearnsPH) for [Fellows!](#)

Please join us on Wednesday, January 10th, 2023, from 12pm-1pm, for our upcoming NYSPHC Educational Series training on the NYS 2019-2024 Prevention Agenda. We will be joined by Zahra Alaali and Salman Asad Khan from the NYS Department of Health in the Office of Public Health Practice

★ REMINDER:

- Be sure to test your LMS login before the January Educational Series begins.
- If you experience any challenges accessing your account, please go to the [NYSPHC Training & Resources](#) website to find additional information and instructions.



If you need assistance with your LMS account, please use these LMS Support contacts.

edlearn@health.ny.gov

518-473-4223 (Press 3 for Abbey)

[Click here to access Online LMS Help Resources for Fellows](#)

LMS SUPPORT

Fellow Farewells

Best of luck to our fellows who have left the program!

Zachary Schuette
Shirley Wild
Shelby Smith
Benjamin Przepiora
Cali Riese
Anh Le
Binta Ceesay
Mariama Ceesay
Taylor Powell
Cecelia Guthrie

At the Table with Ali!

Winter Squash-and-Shallot Tart

This elegant tart is just the thing to serve for dinner on a chilly night. The rich, cheesy filling is packed with sweet cubes of butternut squash and savory shallots, and lightened by the acidity of the sherry vinegar and brightness of the lemon zest.



We're on LinkedIn!



New York
State Public
Health Corps
Fellowship
Program



[Join the NYSPHC
LinkedIn Group!](#)

REMINDERS & HELPFUL LINKS

*For any DOH Fellow Travel or Purchasing inquiries, please contact:

NYSPHC_DOH_FELLOWS@health.ny.gov

[NYSPHC Website](#)

[NYSPHC LinkedIn Group](#)

[Resources by Region](#)

[NYSDOH Website](#)

[Fellow Training & Resources](#)

Stay Connected With Us!

Contact us any time with questions, comments,
or Fellow Spotlight & In Your Community stories of your own



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