Community Collaboration Throughout and Beyond the COVID-19 Pandemic: Successes of the Niagara Falls Health Equity Task Force

&

Youth as Public Health Ambassadors: A Campus and Community Framework to Address Health Disparities

New York State Public Health Corps Fellowship Summit December 12, 2023

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Rose Bente Lee Ostapenko Center for Race, Equity, and Mission

Agenda

- Background & Introduction
- Origin of the Niagara Falls Health Equity Task Force
- Niagara County / Niagara Falls Snapshot
- About the Niagara Falls Health Equity Task Force
- Youth Programming
- Workshop case scenarios
- Q&A

Background: Introductions

Kaylyn Townsend-Kensinger, MSW

Community Health Equity Specialist II

Rose Bente Lee Ostapenko Center for Race, Equity, and Mission Niagara University

- Member, Niagara Falls Health Equity Task Force
- Member, Steering Committee, COVID-19 Research Collaborative
- Member, WNY Digital Equity Coalition
- Member, Mount St. Mary's Hospital Patient Family Advisory Council
- Adjunct Professor of Social Work

Site: Niagara University Rose Bente Lee Ostapenko Center for Race, Equity, & Mission

Mission Statement

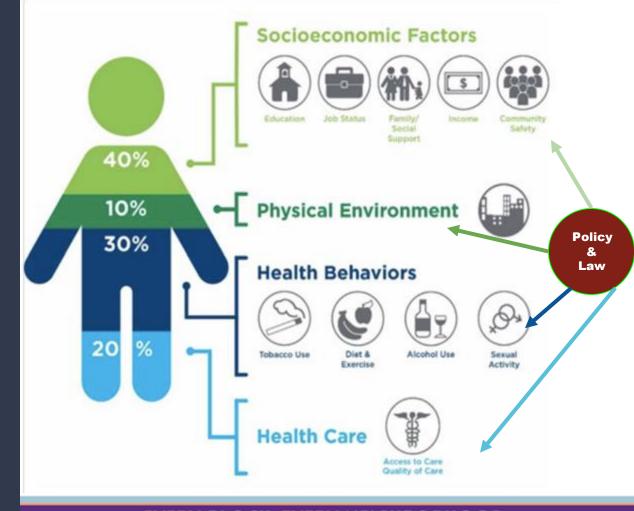
The Rose Bente Lee Ostapenko Center for Race, Equity, and Mission establishes critical interdependencies both on and off campus, working together with faculty and students across colleges and disciplines of study to leverage change in the academy and across sectors of education, business, government, health and the community. As such, the Center serves as a resource to the community on issues of racial equity.

Vision Statement

To become a key partner in our surrounding region driving policy, behavior, and institutional shifts that create racial equity and inclusion in systems and structures that affect youth, community stakeholders, and organizational leaders.

Grounding Ourselves in Social Determinants of Health

Social
Determinants
(Drivers)
of Health



Social Determinants of Health

Economic Stability	Neighborhood and Physical Environment	Education	Food	Community and Social Context	Health Care System
Employment Income	Housing Transportation	Literacy Language	Hunger Access to	Social integration	Health coverage
Expenses Debt	Safety	Early childhood education Vocational training	healthy options	Support systems	Provider availability
Medical bills Support	Parks Playgrounds Walkability			Community engagement Discrimination	Provider linguistic and cultural competency
Сиррог	Zip code / geography	Higher education		Stress	Quality of care

Health Outcomes

Mortality, Morbidity, Life Expectancy, Health Care Expenditures, Health Status, Functional Limitations

Impacts of Social Determinants of Health

- SDOH contribute to wide health disparities and inequities. For example, people who don't have access to grocery stores with healthy foods are less likely to have good nutrition. That raises their risk of health conditions like heart disease, diabetes, and obesity — and even lowers life expectancy relative to people who do have access to healthy foods.
- Just promoting healthy choices won't eliminate these and other health disparities.
 Instead, public health organizations and their partners in sectors like education, transportation, and housing need to take action to improve the conditions in people's environments.

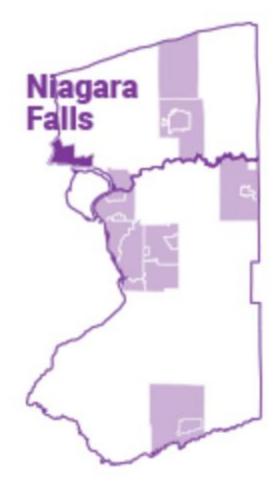
Grounding Ourselves in the Data: Niagara County / Niagara Falls Snapshot

Niagara County Somerset Olcott Newfane Towers Corners Youngstown Wilson Hartland Porter East Wilson Newfane Sorth Molyness Corners Lockport Lewiston Middleport Gasport Lockport Cambria Royalton South Lockport Cohmist Village Pendleton Niagara Wheatfield Tonawanda Niagara Rapida Falls North Tonawanda

Niagara County, NY City Town Village Reservation CDP Hamlet/Location

Primary Focus area:

Niagara Falls, NY



Why Niagara Falls?

Economic Insecurity

Source: Community Snapshot, Numbers in Need, 2019 28% ARE IN POVERTY

13,367

live on incomes below the federal poverty level.



21% ARE NEAR POVERTY

10,351

aren't in poverty but are close to it with incomes between 100%-200% of poverty.

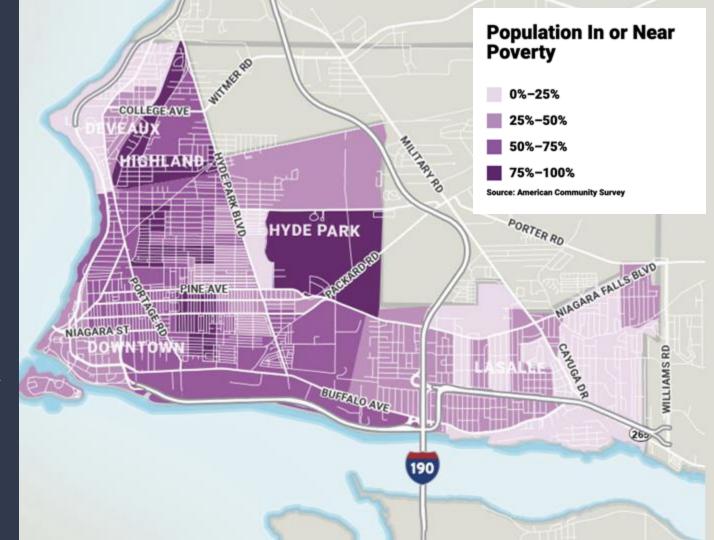
49% ARE IN OR NEAR POVERTY

23,718

residents are doing poorly or struggling financially.

Map of Poverty in Niagara Falls

Overall, 44% of residents live in poverty or close to it. The neighborhoods of Hyde Park, Highland, and Downtown are hit hardest.



Comparisons: Niagara Falls, Niagara County, NY, US

Income & Poverty	Q Niagara Falls city, New York	Q Niagara County, New York	Q New York	United States
1 Population Estimates, July 1 2021, (V2021)		△ NA	19,835,913	△ 331,893,745
PEOPLE				
Income & Poverty				
1 Median household income (in 2019 dollars), 2015-2019	\$36,346	\$55,522	\$68,486	\$62,843
Per capita income in past 12 months (in 2019 dollars), 2015-2019	\$24,071	\$30,971	\$39,326	\$34,103
Persons in poverty, percent	₫ 28.2%	⚠ 11.7%	₫ 12.7%	11.4%

Target Zip codes in Niagara Falls:

14301, 14303, 14305

POVERTY RATES in the City of Niagara Falls

- 14301
 - Poverty rate: 38%
- 14303
 - Poverty rate: 35.3%
- 14305
 - o Poverty rate: 31.1%

- In comparison to 14304:
 - o Poverty rate: 9.8

NIAGARA COUNTY HEALTH OUTCOMES

- Niagara County 51st out of 62 counties in New York State based on health outcomes and health factors.
- 13% of County Population is BIPOC
- 13% of County Population is living in Poverty
- Ratio of people to a MD 2,480:1 (compared to NYS average of 1,220:1)
- Indicators of Health Outcomes (County Outcomes)
 - https://www.health.ny.gov/statistics/community/minority/county/niagara.htm#hosp
 - Respiratory
 - Heart Disease
 - Diabetes
 - Cancer

Niagara County

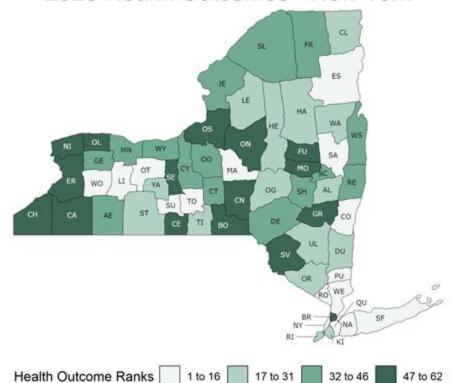
Health Outcomes

Health outcomes represent how healthy a county is right now, in terms of length of life but quality of life as well.

Niagara (NI) is ranked among the least healthy counties in New York (Lowest 0%-25%).



2023 Health Outcomes - New York



County Health Rankings & Roadmaps Halling & Colons of Health County by County

Niagara County

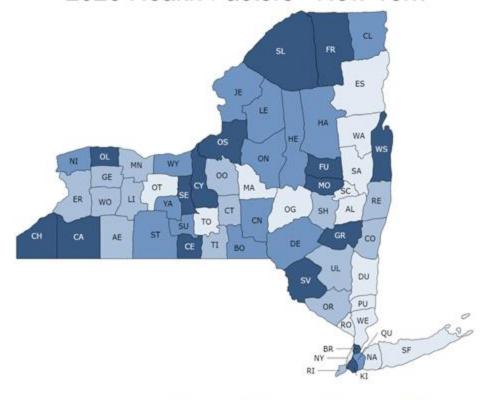
Health Factors

Health Factors represent those things we can modify to improve the length and quality of life for residents.

Niagara (NI) is ranked in the lower middle range of counties in New York (Lower 25%-50%).



2023 Health Factors - New York



Health Factor Ranks



1 to 16

7 to 31

32 t

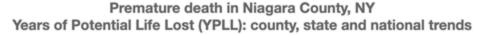
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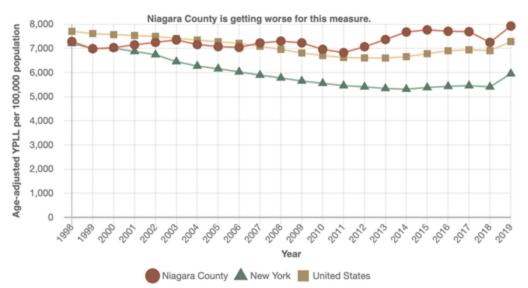
47 to 62

County Health
Rankings & Roadmaps

Millings Colors of World, County by County

Rates of Premature Death





Disaggregated by Race	Value
Years of Potential Life Lost Rate	7,900
American Indian & Alaska Native	16,900
Black	16,400
Hispanic	6,800
White	7,200

Niagara Falls Health Equity Task Force

Background: How did the Task Force Come to Be?



Stages of the Task Force



June 2020 -June 2022

• Meeting frequency: once per week Stage Two: June 2022 -June 2023

• Meeting frequency: every other week / twice per month



June 2023 -Current

•Meeting frequency: once per month

Who is at the Table?

Breakdown of traditional silos:

- Health care
- Education
- Housing
- Faith communities
- Business
- Human services
- Government
- Community members (trusted messengers; ambassadors)
- Youth (ambassadors)

ORIGINAL

Theory of Change & Goal

IF WE

Understand Niagara Falls COVID Data
(including positivity rates and vaccination rates), Increase Testing, Increase
Vaccinations, Educate Residents,
Distribute PPE, and Provide Social
Services

THEN WE

Increase Health Equity for Niagara Falls
Residents

Current Theory of Change

NIAGARA FALLS HEALTH EQUITY TASK FORCE THEORY OF CHANGE:

FUNDING

EFFECTIVE COMMUNICATION

DATA

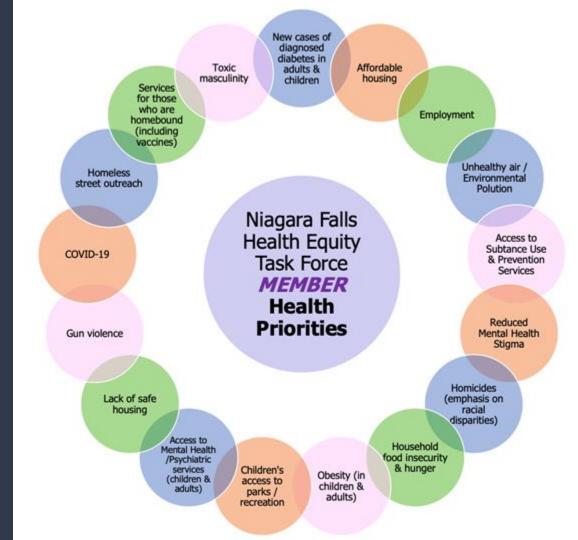
IF WE build networks of health across systems of care in Niagara County, THEN WE can use data to educate network members, policymakers, and the general public about indicators of health, best practices, and innovative policies that influence health. IF WE identify collective resources, THEN WE can build pathways to equitable health, and community health outcomes will improve.

COMMITMENT FROM NETWORK MEMBERS

EVOLUTION

CLEAR
UNDERSTANDING
OF OUTCOMES /
INDICATORS

2022 & Beyond Health Priorities



2023 Task Force Objectives

- #1: How the Task Force can serve members:
 - Continued networking, reduction of silos, and shared resources
 - Continued focus on SDOHs, disparities, & equity
 - Continued engagement with the community
- #2: Resources/Trainings desired:
 - Diversity & anti-bias trainings
 - Data sharing
 - Information/resource sharing

- #3: Challenges the TF should address:
 - Community engagement
 - Food access
- #4: Top goals the TF should set:
 - Improved access to youth recreation
 - Improved access to transportation for community members
 - Improved access to food & food security
 - Expansion of the TF (increase membership of organizations across the county)
- #5: Meeting Frequency:
 - Monthly

Human Capital Exchange at TF meetings

- Lockport Memorial Hospital (Catholic Health)
- Buffalo Fatherhood Initiative (Buffalo Prenatal-Perinatal Network, Inc.)
- Housing / Homelessness (Heart, Love, & Soul)
- SNUG Program (Community Missions)
- Public Health Fellowships (*ECDOH*)
- No Menthol Sunday (Niagara University)
- PATH 3D Program & Opioid Crisis (Niagara County Department of Mental Health & Substance Abuse)
- Suicide Prevention (*Niagara County Department of Mental Health & Substance Abuse*)
- Domestic Violence & Sexual Assault Awareness (YWCA of the Niagara Frontier)
- Food Security & Access (Field & Fork Network)
- Legislation Impacting Cancer (American Cancer Society Cancer Action Network)
- State of Homelessness in Niagara County (Homeless Alliance of WNY)

Members of the Niagara Falls Health Equity Task Force Over the Years

HEALTH/MEDICAL

- Catholic Health, Mount St. Mary's Hospital
- Catholic Health, Mount St. Mary's Neighborhood Health
- Niagara Falls Memorial Medical Center
- Community Health Center of Buffalo/Niagara
- Niagara County Department of Health
- Niagara County Department of Mental Health & Substance Abuse
- Fidelis Care
- Univera Health
- Child Advocacy Center of Niagara

GOVERNMENT

- City of Niagara Falls
- Rep. Brian Higgins' (NY-26) Office
- Niagara County Legislature

FAITH-BASED ORGANIZATIONS & CHURCHES

- Niagara Organizing Alliance for Hope (NOAH)
- Niagara Falls Ministerial Council
- Word of Life Ministries (Bishop Scott)
- True Bethel Baptist Church Niagara Falls (Pastor Pridgen)
- First Presbyterian Church (NF)

ACADEMIC INSTITUTIONS & SCHOOLS

- Niagara University
- Niagara Falls City School District
- Niagara County Community College

COMMUNITY-BASED ORGANIZATIONS

- Heart, Love, & Soul
- Field and Fork Network
- Community Missions, Inc.
- Niagara Pride
- Empower
- 211 WNY
- YWCA of the Niagara Frontier
- Pinnacle Community Services
- Northpointe Council
- Catholic Charities
- Create a Healthier Niagara Falls Collaborative
- Neighborhood Legal Services
- Niagara Community Action Program
- A Better YOU Lifestyle
- Grassroots Gardens of Western New York (GGWNY)
- Jewish Family Services
- Salvation Army
- Mobile Safety Net Team
- Independent Health Foundation
- Native American Community Services
- ESPRI

OTHER

- Niagara Falls Housing Authority
- 1199 SEIU Healthcare Education Project
- M&T Bank
- Phyllis Gunning



Since May 18, 2020, the Niagara Falls Health Equity Task Force has met...









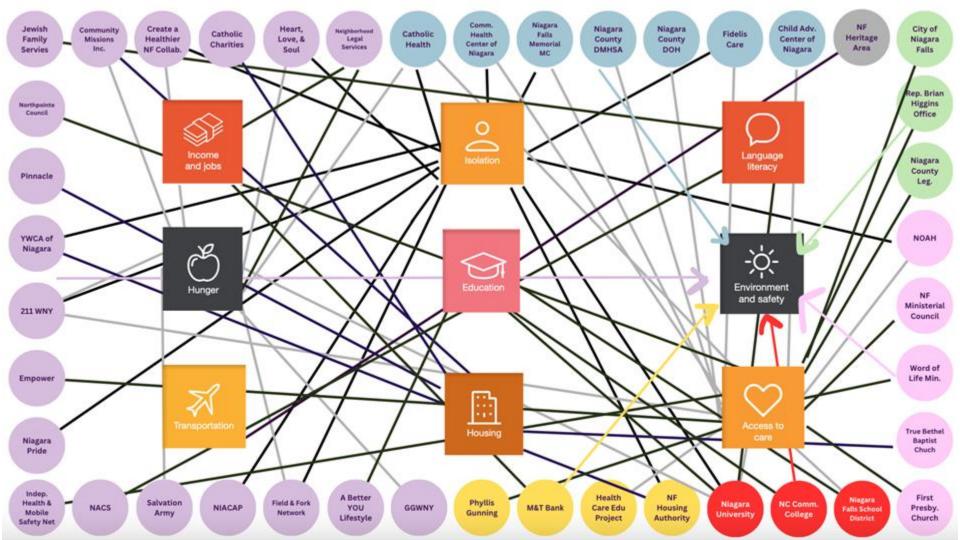
CLEAR

UNDERSTANDING

OF OUTCOMES /
INDICATORS



EVERY BLOCK EVERY NEIGHBORHOOD



This is how we get to better Health Outcomes



These are the Health Outcomes we seek to address

- Health Status
- Mortality
- Morbidity
- Life Expectancy
- Health Care Expenditures
- Functional Limitations

How do we address health outcomes?

Community Projects / Programming

Types of programming:

(1/2)

- Youth programs (more later)
- Senior programs
 - Isolation bags
 - Social programming
 - Nutrition programming
- Advocacy
 - Letter writing
- Community resource bags
- Community meetings
- Community events
- Marketing
 - Digital ads
 - Bus shelters & interiors
 - Billboards
 - Road signs
- Resource sharing

Types of programming:

(2/2)

- Data collection
- Vaccination clinics
- Testing sites
- Canvassing
- Print resources
 - Bulletin boards
 - Posters
 - Lawn signs
 - Flyers
- Postcards
- Research projects
 - Vaccine Hesitancy Study (partnership with University at Buffalo)
 - Faith, Science, & COVID-19 study

Special Projects - Highlights

June 2022 - June 2023

Postcards

Zip codes:

14301, 14303, 14305, 14067, 14012, 14008, 14131, 14108, 14105, 14028,

109,338 mailed between June 2022 - June 2023

Topics

- Asthma & COVID
- End of the public health emergency
- Kidney disease & COVID
- No Menthol Sunday Campaign
- Women's History Month & long COVID
- New Year campaign
- Up to date on boosters campaign
- Child vaccines (event promotion)
- December holiday campaign (clinic promotion)
- Thanksgiving campaign
- Halloween campaign (clinic promotion)
- Back to school campaign (psychological, physical, and social wellness)







June 2022 - June 2023

Events tabled at:

• 31

Events held:

• 11

Community presentations:

• 10

Academic / conference presentations:

• 5

Trunk or Treat Highlights

Get Hooked on Vaccines!

1,050 outreach contacts during October 2022

- Five local trunk or treat events in the City of Niagara Falls & Town of Niagara
- Outreach culminated in a vaccination clinic at a local community health center



Holiday Outreach Highlights

992 outreach contacts during December 2022

- 167 bags for community members housed at five local motels in Niagara Falls
- 225 bags for Niagara Falls City School District youth experiencing homelessness
- 400 bags for Wrobel & Spallino Towers residents
- 200 items for Packard Court Community Center's Kwanzaa celebration





Total June 2022 – June 2023 Outreach Contacts

146,655

The Story of Us



Youth as Health Ambassadors

Discussion Question

In what ways do you work with youth to promote public health in your community?

Niagara Falls Health Equity Task Force Youth Ambassadors Program

Program Details:

University-community partnership to foster COVID-19 Vaccine ambassadorship among Niagara Falls City youths. Ambassadorship was achieved through comprehensive public health education, community outreach work, and completion of final group intervention projects.

YEAR 1 (Summer 2021)	YEAR 2 (Summer 2022)
11 youth	5 youth
2 days a week, 5 hours a week total	4 days a week, 20 hours a week total
Three marketing products produced	24 marketing products produced
Community Partnerships: 1 Health Professional interviews: 10 (via Zoom)	Community Partnerships: 23
Pilot Curriculum	Trainer Manual

Why Youth Ambassador Program?

Public Health Dilemma



University-Community
Partnership
Opportunities

Low vaccination rates among
Niagara County 12-25 year olds,
and even lower rates among city
youths, during an ongoing
pandemic

Led by Niagara University and the Niagara Falls Health Equity Task Force

COVID-19 Vaccine Youth Ambassadors Program

Functioning as...

- -A preventative intervention
- -An opportunity to establish youth community health worker alliance

Specifically reaches...

-Niagara Falls City Youth living in target zip codes

Adultism and Youth Engagement

Adultism: the idea that the will and power of adults will always prevail over that of younger members of society

- This prevailing idea has led to the suppression of youth voices and the assumption that young people are incapable of being responsible leaders with a valued perspective
- When youth are given the resources that they need to excel, they are often successful in sharing a seat at the table with adults and becoming change agents in the community.
- it is important to recognize internalized adultism in order to create opportunities for youth to become valued leaders.
- This program is rooted in the principles of Youth Participatory Action Research (YPAR), and the idea that young people can engage the community in issues that directly impact their lives.

Throughout this program, young people act as both public educators and advocates, taking on active roles in creating systemic changes.

INDIVIDUAL

Youth Engagement Continuum

SYSTEMIC CHANGE

YOUTH



Client

YOUTH



Participants and interns/staff

LEADERSHIP



Participants, leaders, interns/staff, and board members

YOUTH CIVIC ENGAGEMENT



Leaders, interns/staff, and board members

YOUTH



Members, leaders, organizers, interns/staff, and board members

Provide services to address individual problems and behaviors

Define programming around treatment, prevention, and basic needs Provide supports and safe spaces

Foster caring relationships between youth and adults; support youth-adult partnerships

Develop talents and assets

Provide opportunities for growth, development, and new roles

Build individual competencies

Incorporate youth development AND

Offer leadership opportunities within the program and organization

Deepen historical and cultural understanding of shared experiences and community issues

Build skills and capacities for making decisions and solving problems

Provide opportunities to participate in community projects

Support youth-adult partnerships

Incorporate youth development, leadership development AND

Promote political education and awareness

Build skills and capacity for identification and analysis of issues and for action around issues

Cultivate build collective identity as agents of social change

Engage in advocacy efforts

Incorporate youth development, leadership development, youth civic engagement, AND

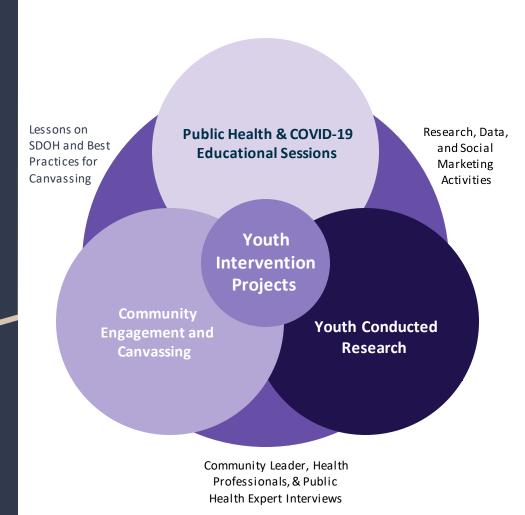
Offer opportunities to serve as core staff and governing body

Build a membership base to which youth leaders are accountable

Develop campaigns and utilizes tactics— including direct action—to effect systemic change

Take active roles in alliances and coalitions

Youth Ambassador Program Implementation



Program Activities

Youth Ambassadors increased their knowledge about these topics through interactive learning activities, agency site visits, volunteering at community organizations, and group discussions with over 25 healthcare professionals and community leaders throughout the summer.

Youth Ambassadors engaged community
members in conversations about COVID-19,
vaccines, and social determinants of health
through door-to-door canvassing, creating social
marketing materials, and educational
workshops for both their peers and younger
residents (aged 5-11). At the end of the
summer, the youth had the opportunity to
present their final projects to community
leaders/stakeholders.

Overview of Unit Learning Objectives

Торіс	Objectives
Week 1: Healthy Neighborhoods and Communities	 Week 1: Healthy Neighborhoods and Communities Youth will begin to build relationships with each other and Ostapenko Center staff members through ice breaker activities and games. Youth will be able to understand and articulate professional expectations for this role. Youth will begin to develop a holistic perspective of public health, learning about how aspects of the community shape healthcare experiences and outcomes.
Week 2: Emotional, Physiological, and Social Well-being	 Week 2: Emotional, Physiological, and Social Well-being Youth will be able to define social determinants of health Youth will begin to develop a racial equity framework through educational and self-reflective activities Youth will articulate their understanding of emotional, physiological, and social well-being in communities through group educational group activities Youth will understand the implications of the COVID-19 pandemic on emotional health, physiological health, and social well-being across different populations Youth will be able to define healthy relationships
Week 3: Emotional, Physiological, and Social Well-being (Continued)	 Youth will increase their understanding of how communities and systems dictate aspects of long-term health Youth will understand how historic mistrust of the healthcare field impacts health outcomes for communities Youth will demonstrate their knowledge of social determinants of health by creating social marketing materials and canvassing in the city of Niagara Falls

Topic	Objectives
Week 4: Housing Insecurity	 Youth will increase their understanding that COVID-19 has disproportionately impacted populations experiencing housing insecurity Youth will describe unique barriers to adequate healthcare services faced by populations experiencing housing insecurity Youth will increase their understanding of social determinants of health by surveying individuals experiencing housing insecurity and/or food insecurity about COVID-19 at Heart, Love & Soul and Community Missions, Inc. Youth will then report their findings to the group during debriefs. (Weeks 4 and 5) Youth will demonstrate their knowledge of social determinants of health by creating social marketing materials and canvassing in the city of Niagara Falls
Week 5: Equitable Food Access	 Youth will describe how limited access to nutritious food can negatively impact long-term personal health and overall community health Youth will demonstrate how barriers to food access intersect with social issues such as poverty, access to transportation, and racial inequity by participating in a "SNAP Simulation". Youth will articulate their learning through a written worksheet and debriefing this activity as a group. Youth will increase their understanding of social determinants of health by surveying individuals experiencing housing insecurity and/or food insecurity about COVID-19 at Heart, Love & Soul and Community Missions, Inc. Youth will then report their findings to the group during debriefs. (Weeks 4 and 5) Youth will demonstrate their knowledge of social determinants of health by creating social marketing materials and canvassing in the city of Niagara Falls

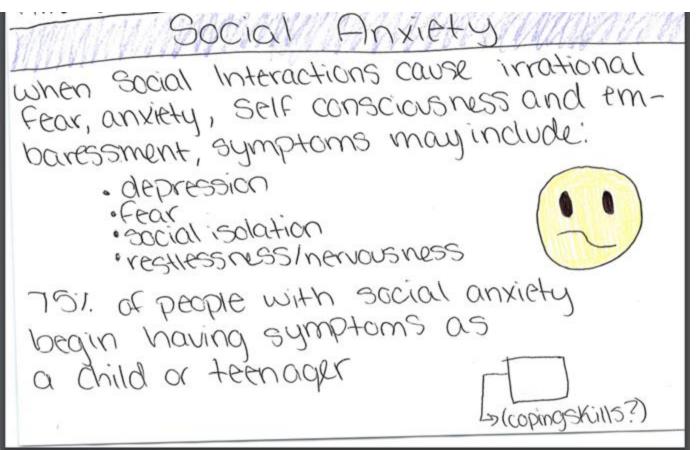
Topic	Objectives
Week 6: Civic Engagement and Community Organizing	 Civic Engagement and Community Organizing: Youth will begin to develop an understanding about how both public policy and community organizing shapes the experiences of individuals and communities. This will be done through discussions with community leaders and interactive activities. Youth will demonstrate how community organizing can increase decision-making power of community members by creating social marketing materials for a community topic of their choosing Youth will demonstrate their knowledge of both COVID-19 and organizing by preparing COVID-19 Education Workshops for their peers, as well as youth aged 5-11. Youth will begin to develop personal college preparatory frameworks through a tour of Niagara University and discussions with Niagara University professors
Week 7: Presentation Preparation and Final Presentation	Presentation Preparation and Final Presentation: 1. Youth will prepare for final presentations 2. Youth will demonstrate their knowledge via final presentations to friends, family, and community stakeholders

Youth in Community & Examples of Projects





Youth Public Health Cards Example



Examples: Sidewalkchalk







WHAT YOU SHOULD KNOW ABOUT THE COVID-19 VACCINE



How Can I Get Access to a Covid-19 Vaccine?

> Ways to Find Vaccination Center Near You:

- Search vaccines.gov
- Text your ZIP code to 438829
- Call I-800-232-0233

Need Transportation or Want More Information?

Call the Niagara Falls Equity Task Force's COVID-19 Hotline at:

716-263-5770





ALMOST ALL THE INGREDIENTS USED IN THE **COVID-19 VACCINE ARE** ALSO USED IN MANY FOODS! (FATS, SUGARS AND SALTS)



NO AUTHORIZED **COVID-19 VACCINES IN** THE U.S. CONTAIN THE LIVE VIRUS AND **CANNOT MAKE YOU** SICK.



THAT SHOWS THAT THE COVID-19 VACCINE (OR ANY VACCINE) CAN AFFECT FERTILITY.

HTTPS://WWW.CDC.GOV/COR ONAVIRUS/2019-NCOV/VACCINES/FACTS.HTML

SCAN HERE FOR

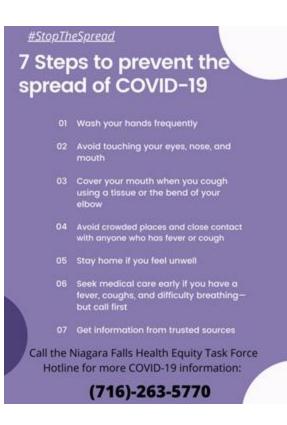




THERE IS NO EVIDENCE







5 TIPS

to prepare your child for their Covid-19 vaccine appointment:

Describe step-by-step what to expect when they get a vaccine.

Listen and empathize with their concern.

Encourage them to write a list of questions they can ask from the nurse or physician.

Let them bring a comfort item.

Stay positive and give a reward.

THE COVID-19 VACCINE IS SAFE FOR CHILDREN AND ADULTS.



The CDC recommends that anyone age 6 months + gets a vaccine.

Anyone age 5+ should get a booster.

The COVID-19 vaccine keeps you safe and out of the hospital.

Call the Niagara Falls Health Equity Task Force's
COVID-19 Hotline at:

(716)-263-5770

Should my Child Get the Covid-19 Vaccine?

Before scientists recommended the vaccination of children, clinical trials with children were conducted to establish safety and effectiveness.





Covid-19 can make anyone (including children and teenagers) very sick. The Covid-19 vaccine can help protect people against the potential consequences of catching Covid-19.

Reported side effects of children after the Covid-19 vaccine were mostly mild and temporary.



scan for more info!

What Is the Future for the Youth Ambassador Program?

Establish Initial Intervention Program

Larger Pilot Program*

Opportunities for YPAR/CBPR

- Program developed to encourage community-based intervention
- Small program community partnership allowed for low cost intervention that will inform larger-scale implementation in the future
- Opportunities for Improvement

- Niagara Falls City School
 District and rural Niagara
 County schools (RoyHart
 School District)
- Modification of curriculum to be implemented in classrooms and during summer camps.
- Develop ambassador trainer manual

- Bringing research and intervention full circle
- Publish ambassador trainer manual*
- Youth Ambassadors will have the opportunity to engage in scientific inquiry and publish their findings

* We Are Here *

Workshop Case Scenarios

Case Scenario #1:

Social planning

February 2021:

The State finally decides to use those embedded in community to distribute vaccines. They tell you **1,000 vaccines** will be distributed at a neighborhood clinic and you will have say over how the vaccines will be distributed. You receive a call a few days later informing you that **you will only receive 300 doses**.

How do we decide who gets the vaccine with only 300 doses available?

REFERENCE:

<u>Example</u>

Case Scenario #2:

Social action

January 6, 2022

You are watching TV when you see an announcement that county officials will distribute at home test kits on the other side of the county via a drive through. Approximately 25% percent of folks in your geographic area do not have cars and will not be able to travel 30 minutes to get one test kit per car. You have been asking legislative officials to distribute test kits at the local level, but a comprehensive distribution plan has yet to be communicated.

What are your next steps as facilitator of the task force?

REFERENCE:

Example

Questions?

Contact

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ktownsend@niagara.edu

