



# New York State Public Health Corps (NYSPHC) Fellowship Program

**Educational Series:** 

Justice, Equity, Diversity and Inclusion (JEDI)

Mental Health is Health

April 12<sup>th</sup>, 2023

## Welcome!



# Agenda

- NYSPHC Program Overview
- JEDI: Mental Health is Health
- Questions
- Closing Evaluation/Program Updates



## NYSPHC Program Overview





# January 2021 Establishment of NYSPHC

New York State will launch the New York State Public Health Corps (NYSPHC) that will:

- Enhance public health capacity to support COVID-19
  vaccination operations
- Increase preparedness to respond to future public health emergencies

Working with Local Health Departments and NYS Department of Health (NYSDOH), NYSPHC will work to recruit and deploy Public Health Fellows to be assigned in communities across New York State



# **NYSPHC Core Competencies**

- 1. Effective Communication
- 2. Data-Based Decision Making
- 3. Justice, Equity, Diversity, and Inclusion
- 4. Budget and Financial Management
- 5. Change Management

- 6. Systems & Strategic Thinking
- 7. Community Engagement
- 8. Cross Sectoral Partnerships
- 9. Policy Engagement
- 10. Specialized Skills



### NYSPHC Educational Series

The New York State Public Health Corps (NYSPHC) Educational Series is excited to offer live monthly educational sessions addressing the Core Competencies of Public Health!

Educational sessions will take place on the second Wednesday of every month from 12-1 PM

#### Learning Objectives:

To provide program participants with opportunities to expand their skill sets and knowledge on emerging public health activities, programming, and state priorities. The <u>PH Wing</u> evidence-based core competencies provide the foundation for the NYSPHC education and training sessions for program participants to ensure an effective and knowledgeable public health workforce.



Each meeting will be 60 minutes long with about 40 minutes of content and 20 minutes of Q&A or discussion. Registrants will be provided with an agenda and learning objectives prior to the learning session. Recordings of the meetings will be posted to the <u>Training Resource</u> <u>Center website</u>.

Registration details coming soon!

# **Educational Series**

- Sessions on core competencies and public health topics
- Guest speakers from NYSDOH, institutions of higher education and more



Questions? Please contact your Regional Fellowship Placement Coordinator for more details

# **Diversity Conversations Through Storytelling**

New York State Public Health Corps (NYSPHC) Fellowship Program: Justice, Equity, Diversity, and Inclusion (JEDI) April 12, 2023



Rodney C. Haring, PhD, MSW Seneca/Beaver Clan Roswell Park Center for Indigenous Cancer Research Roswell Park Center for Indigenous Cancer Services

#### Center for Indigenous Cancer Research Center for Indigenous Cancer Care Services

- Mission
- Memorandum of Understanding (MoU)
- Outreach
- Education
- Research
- Patient Care



Working together; not competitively but collaboratively for the health of future generations (bundled-arrows approach). This is an opportunity to braid treaty conversations, federal/tribal/state/county programs, area offices of Indian Health Services (IHS), and across border communities for the health and wellness of all peoples.

### **Beaver : A Story of Diversity**



### **CONCEPTS: Working with the Patient-Communities**

- TRUST & CONFIDENTIALITY!!!
- Small tribal or rural communities
- Not just a good idea, it's the law (B. Huber, LCSW)
- Not just the law, it's our reputation, it's our livelihood (R. Haring, PhD, MSW)
- Hospitals may be seen as an extension of the dominant society's government (residual effects of oppression)

### Health Care Value Diversity

- Systems during process: MICRO, MEZZO, MACRO
- Gender structures in the client community
- Western vs. Non-Western care practices
- Community resources and encouragement: Community-based resources such as elders and spiritual/religious practitioners

#### **Concepts: Working with Patient-Communities**

### **Person-in-Environment:**

- Urban vs. Sub-urban
- Urban vs. Rural
- Reservation vs. Native urban landscapes

### Awareness

- Role of changing clinical landscapes and partnerships (city, rural, reservation, international)
- Challenges to continued contact with clinician, nurse care, fellow responsibilities
- Economical
- Familial factors

### **Communication Styles**

- Silence
- Listening and observing
- Eye-contact
- Side-by-side conversation
- Humor: this can be a way to increase comfort level with the human service provider, serve as a storytelling process, or as a defense mechanism against pain, trauma, distress, or an embarrassing situation.

### The Role of the Health Care Worker or Fellow

- Serve as cultural broker (community linkages, access to referral sources, work with all levels in the client system: MICRO, MEZZO, MACRO within diverse cultural views and systems)
- Strive towards Treatment Competency (within your agency, within the community outreach)
- Increased outcome success (continued professional development)
- Develop collaborative efforts with diverse health centers

### **Generalized Ignorance Disorder: NOS**

- Source of learning and developing strategies for future interventions
- Worker feelings of ignorance and/or incompetence

-Warren Skye, Jr., LMSW (Tonawanda Seneca)

The next season, when you see the geese migrating...

> going to a warmer place for the winter...

Pay attention that they fly in a "V" formation. Maybe you will be interested in knowing why they do it this way...

### **Four-legged**

- Bear
- Deer
- Turtle

### **Winged Birds**

- Snipe
- Hawk
- Heron



### "Good Mind": Haundenosaunee Philosophy

- When we work for peace, we develop a Good Mind, a good way of thinking.
- The Good Mind refers to "the shared ideology of the people using unselfish minds.
- It occurs when people put their minds and emotions in harmony with the flow of the environment including the workplace.
- Set aside thoughts of prejudice, privilege or superiority and give way to recognition that situation in which we live is intended for the benefit of all equally - even the birds and animals, the trees and the insects, as well as the humans

Underneath the blanket of snow comes renewal. As the fish spawn, the continuance of cycle brings life.

Restoration and reconciliation of Peace comes from within (thought, actions, reactions).

Engaging Peace so others can see your reclaiming self, family, and readiness to action change.

Once engaged, then bringing forward peace acceptance for community acknowledgement.

Ability to set aside clouded thoughts and begin the reconnection towards peace, Good Mind, and restoration.

### Restoring Good Mind in also striving to...

- Be action-orientated.
- Strive to have a Good Mind but you do not have to be perfect.
- Eat well-balanced meals and strive to reconnect with ancestral or healthy foods.
- Get plenty of rest (promotes Good Mind).
- Restore and reconnect with ancestral and healthy movements.
- Remove self from "Clouded Mind" situations towards restoring Good Mindset.

### **Shaping the Future**

- Steps for the health care worker: monitor the intervention process in your self and agency
- Advocate for relevant community resources
- Challenge yourself to continue learning and developing culturally relevant practices
- Join/inform boards

# 7<sup>th</sup> Generation





### Future

- YOU are our health care future and frontline!
- Our patients and communities are counting on **YOU** to lead!
- **YOU** are our health care leaders!

# Nya:weh/Thank you!



# **Contact Information**

Rodney C. Haring, PhD, MSW Roswell Park Comprehensive Cancer Center Center for Indigenous Cancer Research Center for Indigenous Cancer Services <u>rodney.haring@roswellpark.org</u>



## Announcements





# **Announcements & Updates**

- Please complete the Educational Series Evaluation Survey which will be sent via email following this meeting.
- If you want to continue the conversation, join the NYSPHC Fellowship Program LinkedIn Group to continue networking and professional development: https://www.linkedin.com/groups/14059709



New York State Public Health Corps Fellowship Program LinkedIn Group





## **NYSPHC Training and Resources Website**

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Department

of Health

https://nysphcresources.health.ny.gov/training-resource-center

New York State Public Health Corps Fellowship Program



**Training Resource Center Home** 



### NYSPHC Training and Resources Website Shout Out!



#### Fellow Spotlights & Shout Outs

Fellow Spotlights from Public Health Awareness Week, April 3rd through April 9th, 2023

Regional Fellow Spotlights 2023

Shout Out!

Nicole Amendola

Thank you Nicole for always being there to answer all of my questions!

Thanks, Hung Jin Jin (Grace), for sharing!



#### A Tracy Bowen

The biggest shout-out ever goes to my colleague (we're both fellows) Ms. Trazy Bowent she shares pertinent public health information with all of us fellows and if asked a question and she doesn't have the answer, rest assured Trazy will find the correct answer and share it with us! Being on this public health journey with Trazy Bowen is a pleasure!

Thanks, Jennifer Jones, for sharing!



#### <u>Christina Brown</u>

Christina, who works with Public Health Education, gave a really great Narcan training recently. She is passionate articulate, energetic, and instrumental in health education. Such a pleasure learning from her!

Thanks, Jessica Leggio, for sharing!



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# **Save the Date**

## **Change Management**

- May 10<sup>th</sup>, 2023
  - 12 pm 1 pm

