



Department  
of Health



# Centering & Celebrating Cultures in Health

Mid-Hudson & Long Island

Regional Consortium

March 14, 2023

Molly Ridley MPH(c)

Gianna Woodard

Ankita Dahiwade BDS MPH

Randy Hansen MPH

**Welcome!**



# Who's here?

- Name
- Role
- County

## Roll Call!

Who's here?  
Introduce  
Yourself!



# Agenda

- Welcome and Introductions
- Overview and Goals of the Consortium
- Dr. Kathleen Cravero
- Q&A Session
- Break
- Dr. Zenobia Brown
- Q&A Session
- Closing/Program Updates

A portrait of Dr. Kathleen Cravero, a woman with short, styled grey hair, smiling warmly. She is wearing a dark brown and white horizontally striped top and a gold necklace with a heart-shaped pendant. The background is a bright, out-of-focus window view showing trees and a green landscape.

# DR. KATHLEEN CRAVERO

- Dr. Kathleen Cravero
  - Distinguished Lecturer and Director of the Center for Immigrant, Refugee and Global Health with CUNY School of Public Health
  - 25+ years of experience working for the United Nations
  - Former President of Oak Foundation

# Crisis or Opportunity: Migration and Health in New York State

Dr. Kathleen Cravero





THE IMMIGRANT EXPERIENCE  
IN NEW YORK STATE

MYTH #1: *IF WE DON'T TIGHTLY CONTROL OUR BORDERS, THERE WILL BE A FLOOD OF IMMIGRANTS TO THE UNITED STATES.*



# MYTH #1: *IF WE DON'T TIGHTLY CONTROL OUR BORDERS, THERE WILL BE A FLOOD OF IMMIGRANTS TO THE UNITED STATES.*

Flow of immigrants has been rather steady over time

- Immigrants make up 13.5% of the total US population, same as the 12-15% observed during earlier immigration spikes

No evidence that restrictive policies result in lower numbers

- International migration is driven by structural factors, e.g.:
  - Political conflicts in origin countries
  - Labor market imbalances
  - Inequalities in wealth
- Migration policy has little or no influence on these forces

## MYTH #2: *MIGRANTS BRING DISEASES INTO THE UNITED STATES.*

## MYTH #2: *MIGRANTS BRING DISEASES INTO THE UNITED STATES.*

### No evidence linking migrants to modern disease outbreaks

- Allegations that undocumented immigrants have brought measles, hepatitis C, HIV, tuberculosis and Ebola have been unfounded
- Many of these claims emerge from anti-immigration rhetoric and hate campaigns

### Immigrants contribute to herd immunity

- Foreign-born populations have higher childhood vaccination rates than that of US-born populations
- Suggesting that these migrants contribute to herd immunity for vaccine-preventable infectious diseases

### Immigrants must pass U.S. Domestic Medical Examinations

- There is an extensive health screening process for Immigrants arriving in the US
- The vast majority of migrants have successfully passed

# MYTH #3: *MIGRANTS DRAIN HEALTH AND SOCIAL SERVICES.*

## MYTH #3: *MIGRANTS DRAIN HEALTH AND SOCIAL SERVICES.*

### Many migrants not eligible for social services

- Undocumented immigrants not eligible for federal public health benefits:
  - Social security
  - Medicaid
  - Medicare
  - Food stamps
- Most immigrants not entitled to these benefits unless they have lived in the US for 5+ years

### Health insurance among migrants

- Approximately 58% of U.S. immigrants had private health insurance in 2019, compared to 69 percent of the US-born population
- From 2013 to 2017, the rate of uninsured immigrants fell from 32% to 20%, and the rate for the native born fell from 12% to 7%.

# MYTH #4: *MIGRANTS STEAL OUR JOBS.*

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### Immigrants are more likely to create jobs than “steal” them

- Immigrants are twice as likely to start businesses as US-born citizens
- Companies owned by immigrants are more likely to hire employees than companies owned by native-born citizens

### Economic stimulation in NYS

- One-third of all self-employed business owners are immigrants
- Their businesses have generated a total of \$7.2 billion in total annual revenue in NYS

# MYTH #5: *MIGRANTS DON'T PAY TAXES.*



# MYTH #5: *MIGRANTS DON'T PAY TAXES.*

## Federal taxes

- Undocumented immigrants contribute an estimated 8% of their income in state and local taxes
- This is a higher effective tax rate of the top 1% of all taxpayers in the US

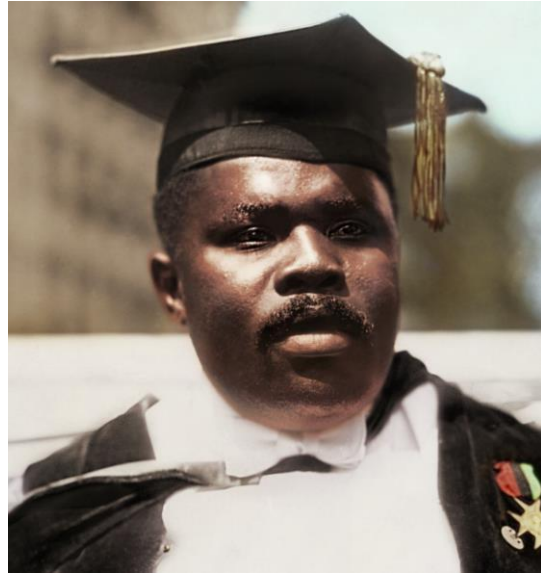
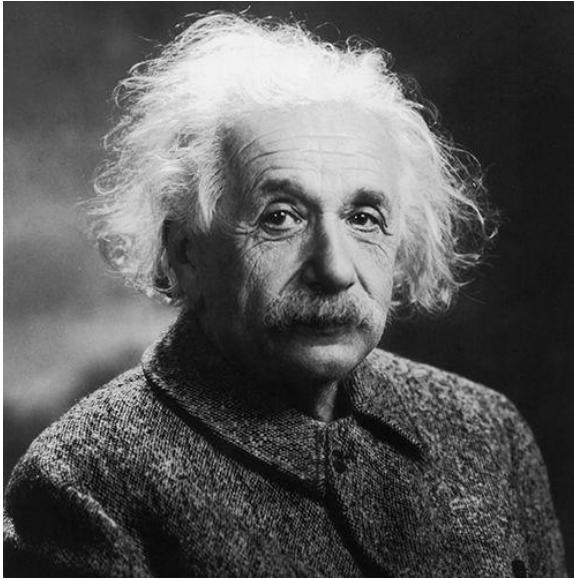
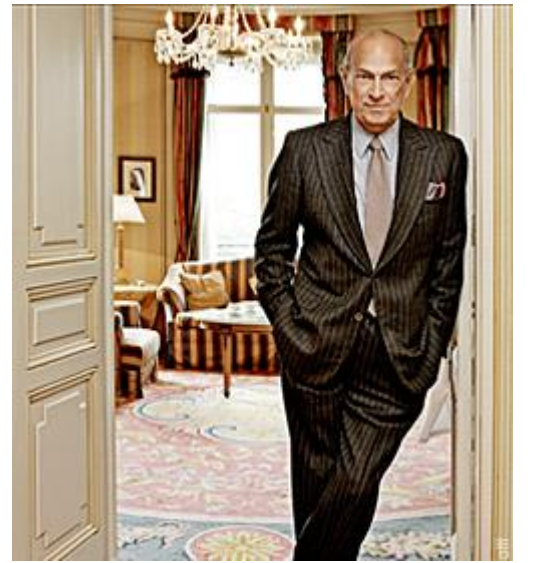
## State and local taxes

- More than half of all undocumented immigrant households file income tax returns using Individual Tax Identification Numbers
- In 2020, immigrant-led households immigrants contributed:
  - \$18.5 billion in combined state and local taxes
  - \$33.1 billion in federal taxes in New York State

## Sales taxes

- All people pay taxes on goods, services and property taxes on homes that they rent or buy, regardless of immigration status







- 22% of the total population of New York State are immigrants (4.4 million), as of 2019<sup>1</sup>
  - 22% of the state population
  - 28% of the labor force
- Governor says: New York State needs more immigrants to grow its economy
- So: healthy migrants = healthy economy = healthy state

## MIGRATION IN NYS



YET ....

- **We seldom “walk the talk” – even when policies improve, action doesn’t follow**
  - Local Law 107 NYC
  - Application for Waiver 1332 – NYS
- **We don’t understand our own biases**
  - Cultural competence
  - Cultural humility
- **We fail to see migration as an opportunity**
  - Evident in the language we use (e.g., “crisis”)
  - Reinforced by the lack of priority given to migrant health and well being

# IMPLICATION FOR THE NEXT GENERATION OF PUBLIC HEALTH LEADERS

Champion  
truth and  
evidence –  
bust the  
myths

Embrace  
migration as  
an  
opportunity –  
make it real

Know what  
you don't  
know – push  
back against  
your own bias

**CUNY**

**SPH**

**CENTER FOR IMMIGRANT,  
REFUGEE & GLOBAL HEALTH**

Dr. Kathleen Cravero-Kristofferson

[kathleen.cravero@sph.cuny.edu](mailto:kathleen.cravero@sph.cuny.edu)

**BREAK**







DR ZENOBIA  
BROWN

- Senior Vice President and Associate Chief Medical Officer of Northwell Health
- Executive Director of Northwell Health Solutions





# The intersection of Value-Based Care, DEI, Population and Community Health

Zenobia Brown, MD, MPH

SVP Population Health

Care Management

March 14<sup>th</sup>, 2023



# Agenda

- Northwell Health
  - Journey into population Health
- Value Based Care and Population Health
- Northwell's Approach to DEI
- Community and Population Health
  - Program Examples
- QandA





**\$15 billion**

annual operating budget



**\$1.25 billion**

capital budget



**21** hospitals

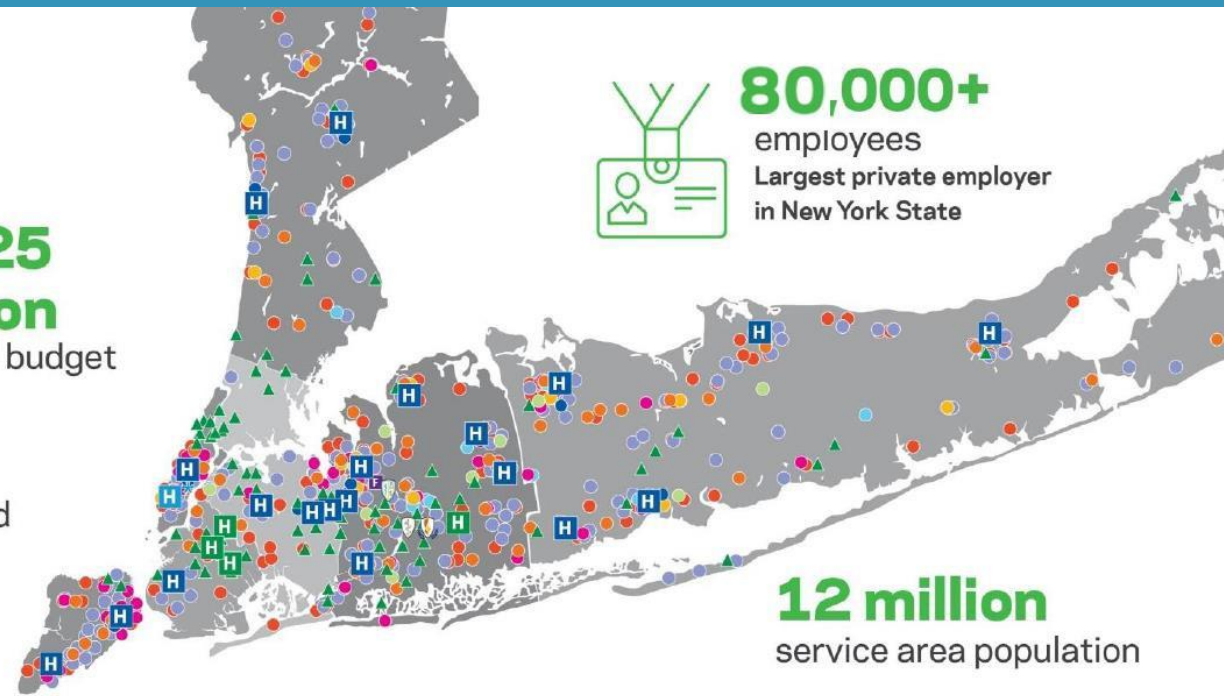
} **9** magnet-designated

**850+** ambulatory facilities



**80,000+**

employees  
Largest private employer  
in New York State



**12 million**

service area population

## CAREGIVERS



**12,000+**  
credentialed  
physicians

**18,000+**  
nurses

**4,900+**  
employed  
physicians

**1,900+**  
residents and fellows  
in 180 programs

**3,500+**  
advanced care  
providers

**5,000**  
volunteers

## OPERATING STATISTICS

**2 million**

patients treated annually  
— 5.5 million patient encounters



**37,000+**  
births

**1 million**

home health visits



**850,000+**

emergency  
visits\*

**250,000+**

ambulatory  
surgeries\*



**1,000+**

active clinical  
research studies

**250+**

principal investigators



## COMMUNITY IMPACT

**\$2.7 billion** in total benefits  
contributed to the community.  
Highlights include:

**\$485**

**million** in education  
& research



**\$465**

**million** in health improvement  
services & building

**\$221**

**million** in charity care

\*2022 budgeted

# Value-Based Care and the Quadruple Aim: Providers



## Quality and Population Health

- Improved health outcomes
- Equity of access
- Reduced disease burden



## Sustainable Cost

- Cost reduction in service delivery
- Reduced avoidable/unnecessary hospital admissions
- Return on innovation costs invested
- Ratio of funding for primary : acute care



## Patient Experience of Care

- Reduced waiting times
- Improved access
- Patient & family needs met



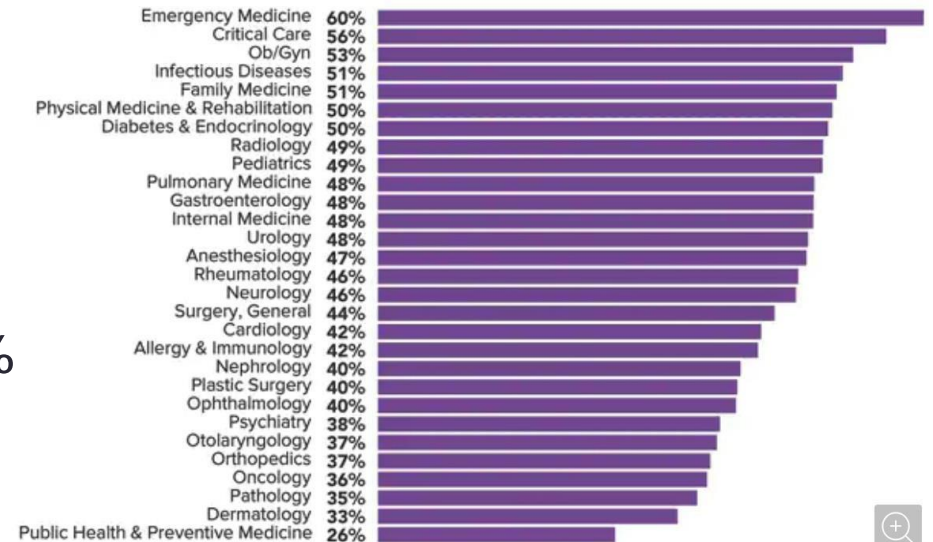
## Improved Provider Satisfaction

- Sustainability and meaning of work
- Increased clinician and staff satisfaction
- Teamwork

**CMS.gov** Centers for Medicare & Medicaid Services

“Paying Providers for Value, not Volume”

Which Physicians Are Most Burned Out?



47%  
overall  
burnout  
rate up  
from 42 %  
in 2021

# Value Based Care



Value in health care is measured improvement in an individual's health outcomes relative to the cost of achieving that improvement.



The goal of value-based care transformation is to generate and evidence high quality outcomes leading to enriched financial performance.

# Defining Value

“Value” across most industries is defined by performance on four domains



**Accessibility**

**Service**

**Effectiveness**

**Cost**

Can patients access meaningful care in a timely manner?

Do patients have a positive experience of care?  
Would they recommend us and/or return to us for care?

Does the care we provide have benefit?  
Does it improve health?  
Does it reduce suffering?

Is the care cost-effective?  
Are out-of-pocket costs affordable?  
Could patients continue to pay this much every year?

# Payment Reform: Where We've Been and where we are going

10 years of experience testing Medicare Alternative Payment Models under the Affordable Care Act.

**Center for Medicare and Medicaid Innovation (CMMI)** established to identify, test, and spread new payment and service delivery models



**Bundled Payments for Care Improvement**

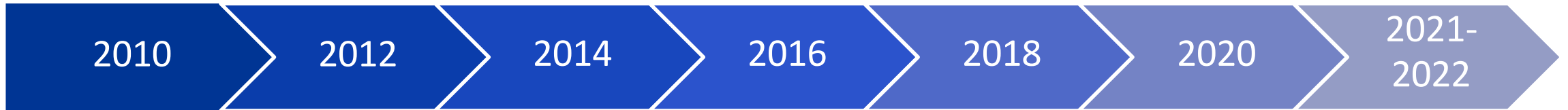


**Accelerating Primary Care Redesign: CMS' Innovation Center Announces Five New Transformative Models**

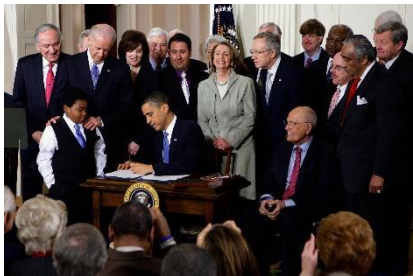
Billy Wynne, Katie Pahner, Josh LaRosa

APRIL 24, 2019

10.1377/hblog20190424.956102



**Affordable Care Act became law**



**Hospital Readmissions Reduction Program (HRRP)**  
**Independence at Home (IAH)**  
**Medicare Shared Savings Program (MSSP)**  
**Pioneer ACO**



**Comprehensive Care for Joint Replacement**

"Let me be clear: Moving away from fee-for-service is something that Secretary Azar and I are committed to, and ensuring quality is an essential component of this," Seema Verma, CMS



Chiquita Brooks-LaSure reiterated the agency's plan to support health equity and expand value-based care for Medicare and Medicaid beneficiaries



**BRIEF**

**CMS proposes Medicare ACO revamp to force risk**

**Kidney Care Choices Model: CKCC Options**



**Acute Hospital Care at Home**

**ACO REACH**

Promote health equity and address healthcare disparities for underserved communities

Continue the momentum of provider-led organizations participating in risk-based models

Protect beneficiaries and the model with more participant vetting and monitoring and greater transparency



# Including Equity for Population Health Success

CMS Framework for Health Equity 2022–2032

CMS Office of Minority Health Director’s Foreword



“As the nation’s largest health insurer, the Centers for Medicare & Medicaid Services has a critical role to play in driving the next decade of health equity for people who are underserved. Our unwavering commitment to advancing health equity will help foster a health care system that benefits all for generations to come.”



**Dr. LaShawn McIver**, Director, CMS Office of Minority Health

<https://www.cms.gov/files/document/cms-framework-health-equity.pdf>

Hospital Acquired Conditions

Hosp. Readmission Reduction

Hospital Value-Based Purchasing

Other Value-Based Programs

MACRA: MIPS & APMS

## What are the value-based programs?

Value-based programs reward health care providers with incentive payments for the quality of care they give to people with Medicare. These programs are part of our larger quality strategy to reform how health care is delivered and paid for. Value-based programs also support our three-part aim:

- Better care for individuals
- Better health for populations
- Lower cost

## Why are value-based programs important?

Our value-based programs are important because they're helping us move toward paying providers for the quality of care they provide to patients.

A critical feature of value-based care is organizations taking on downside financial risk and accountability for the cost and quality of care their patients receive



Centers for Medicare & Medicaid Services

## Newsroom

Press Kit

Data

Contact

Blog

Podcast

Press release

## CMS Issues New Roadmap for States to Accelerate Adoption of Value-Based Care to Improve Quality of Care for Medicaid Beneficiaries

Sep 15, 2020 | Quality

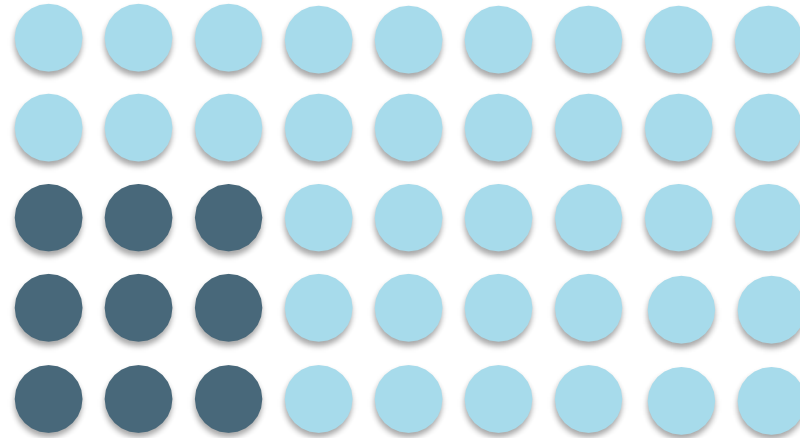
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Today, the Centers for Medicare & Medicaid Services (CMS) issued guidance to state Medicaid directors designed to advance the adoption of value-based care strategies across their healthcare systems and align provider incentives across payers. Under value-based care, providers are reimbursed based on their ability to improve quality of care in a cost-effective manner or lower costs while maintaining standards of care, rather than the volume of care they provide. Value-based care arrangements may also permit providers to address social determinants of health, as well as disparities across the healthcare system. Moving toward a more value-driven healthcare system allows states to provide Medicaid beneficiaries with efficient, high quality





**Improve the health** of individuals across the continuum of healthcare at the **lowest necessary cost** by applying evidence based clinical strategies and supported by technology and analytics

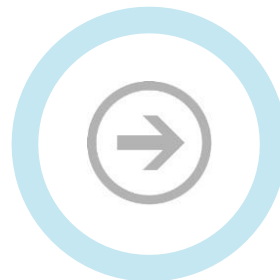


**● = Targeted Population**  
i.e. Medicare FFS Patients with a Star Readmission Measure

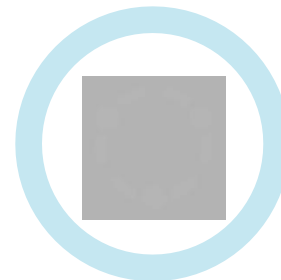
Support hospital and post acute partners by providing **transitional care management** and **analytics**



**Program Administration**



**CareTool**



**24/7 Call Center**



**Visiting Navigators**



**Home Visits**



**Analytics**

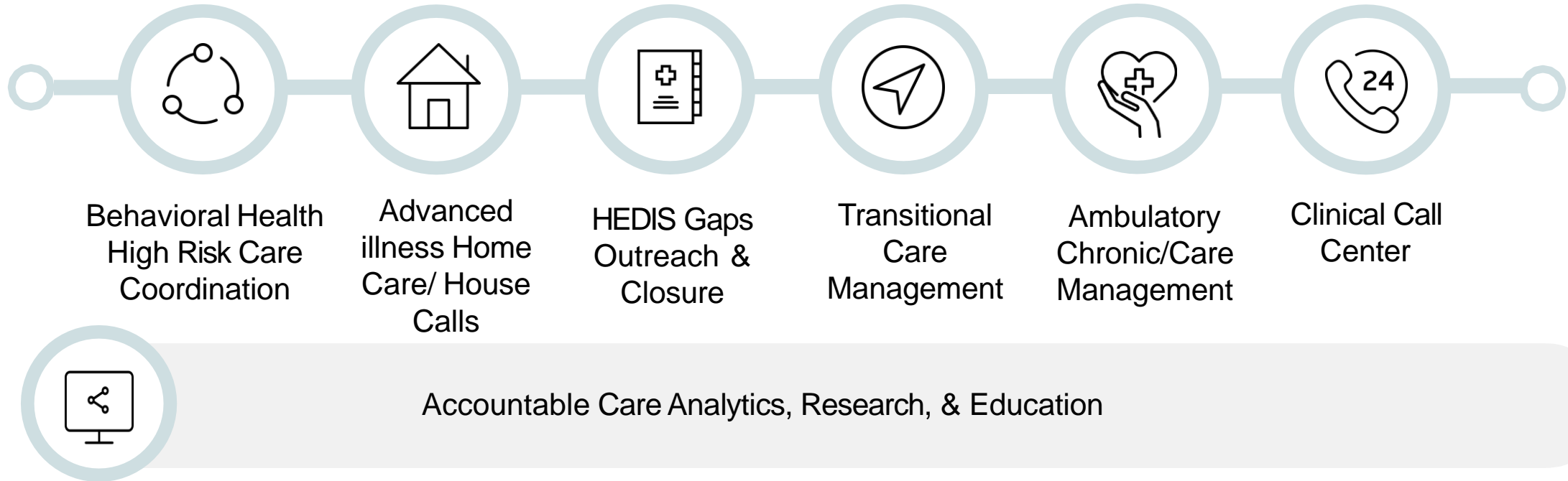
# Tools and Infrastructure for Population Health Success

## HEALTH SOLUTIONS PROGRAMS

Care Management Organization and Value Based Arm of Northwell Health

Enterprise Value-based Programs

Regional Quality & Value-based Initiatives



# Tools and Infrastructure for Population Health Success



## Population Segmentation & Analytics

- ▼ Identify patients who meet clinical eligibility criteria early (critical to readmission reduction programs)
- ▼ Stratify population to identify high-need, high-cost patients most likely to benefit from interventions



## Setting Preferred by the Patient

- ▼ Deliver care at home or in the community
- ▼ Meet virtually, chat through an app, or talk on the phone
- ▼ Capable of delivering comprehensive services in the home



## Meaningful Response 24/7

- ▼ Care team can be reached 24/7; phones roll-over to the Clinical Call Center for RN triage overnight
- ▼ Patients are regularly engaged by the team (calls, chat messages) to catch changes early
- ▼ Trusted by patients and families to navigate to the right care
- ▼ Team can coordinate home visit, virtual visit, physician appointment or dispatch community paramedicine to address any clinical concerns

# HEALTH SOLUTIONS CARE MODEL

Reaches 55k People Annually

## WHO: Team-based Care



Advanced Care Providers  
(NP/PA)

Behavioral Health Care  
Managers

Care Management  
Coordinators

Community Health Workers

Peer Advocates

Physicians

Registered Dietitians

RN Care Managers

Social Workers

Triage RN



## HOW: Engagement Modalities

- Phone Calls
- Home Visits
- IP Bedside Visits
- Practice-based Appointments
- Mobile Chats (Conversa Health)
- Community Paramedicine
- Telehealth Visits
- Wellness Workshops



### Clinical Call Center

#### Nurse Triage & Navigation

Calls answered by Northwell RNs certified in Emergency Communications & callers navigated to appropriate care level



DIABETES EDUCATION  
ACCREDITATION PROGRAM

**AADE** American Association  
of Diabetes Educators

# Health Solutions Care Coordination Competency: Equity and Making the Connection is key to attaining outcomes



## **MOMs Navigation Team HealthCare Equity Framework:**

Training a  
workforce to  
mitigate the effects  
of race on  
healthcare  
outcomes

### **Individual Provider Support Group**

- ▶ Address Provider stresses and experiences related to racism in healthcare and in life

### **Engaging and Training Team Members**

- ▶ COVID University on the Racial Disparities
- ▶ Unconscious Bias Workshops (100% mandatory participation)
- ▶ Equity & Anti-Racism resources Website
- ▶ Educational Series on Healthcare Equity
- ▶ March of Dimes Implicit Bias Training specific to maternal care
- ▶ Yale University Global Quality Maternal and Newborn Care

# Northwell's Approach to Diversity, Inclusion and Health Equity





# Northwell's Platform for Advancing Diversity, Health Equity, and Inclusion: Center for Equity of Care

12-Year Track Record of Embedding & Sustaining the Tenets of Diversity, Inclusion and Health Equity for the Organization, Patients and Communities Served



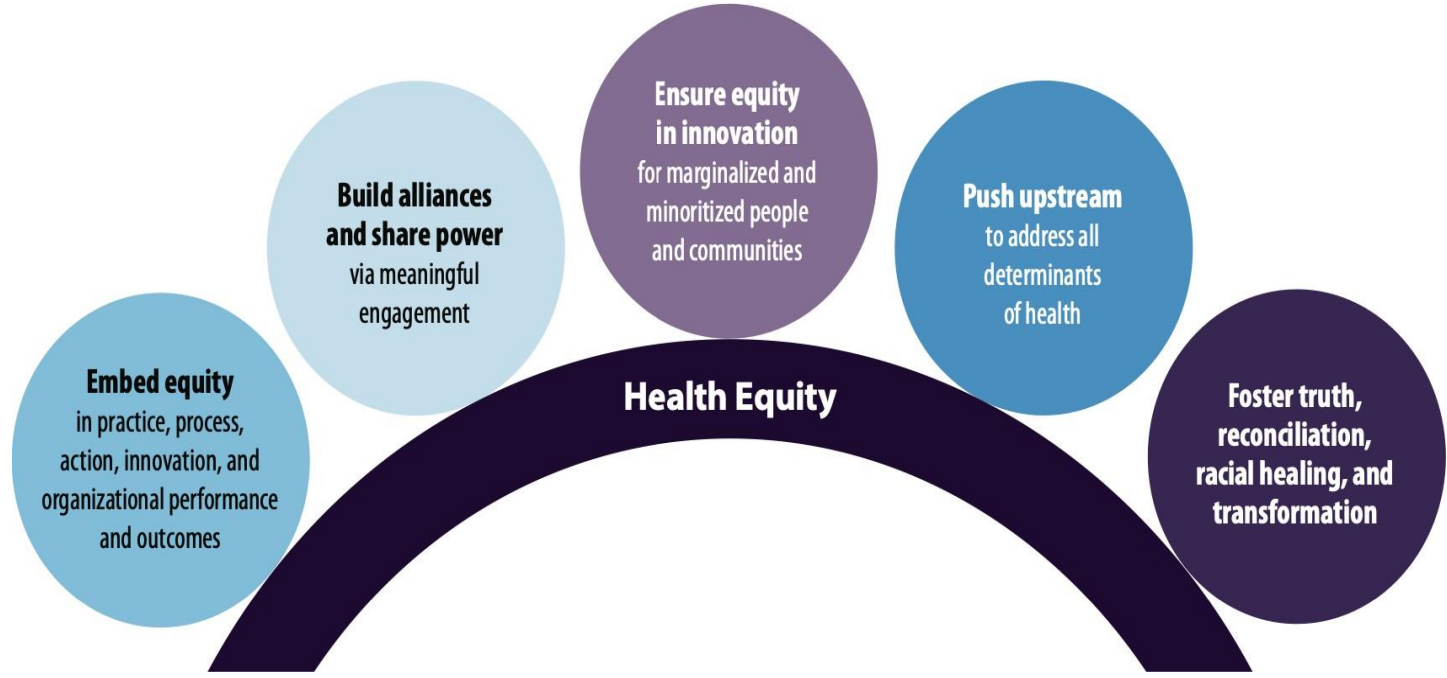
**Our mission is to advance the delivery of culturally-inclusive health care and effective communication in partnership with our communities to achieve health equity.**

**Strategic Partners:** Katz Institute for Women's Health, CLI, Patient Experience, Clinical Service Lines, Health Solutions, Community and Population Health, HR/ FEP, Schools of Medicine and Nursing, Procurement, Quality, Feinstein Institute for Medical Research, Clinical Trials, OCIO, Institute for Nursing, Graduate Medical Education, Ambulatory, Physician Partners, Business Development.

# ADVANCING DIVERSITY, INCLUSION, AND HEALTH EQUITY AT NORTHWELL HEALTH

Our Goal :

Use health equity metrics to ensure all our patients receive the highest quality of care to reach their fullest potential and eliminate disparities.



# Workforce ED&I: Strategic Priorities

## DIVERSITY



**Attract, develop and retain** diverse, culturally informed team members that reflect our values, and the patients and communities that entrust us with their care.

## EQUITY

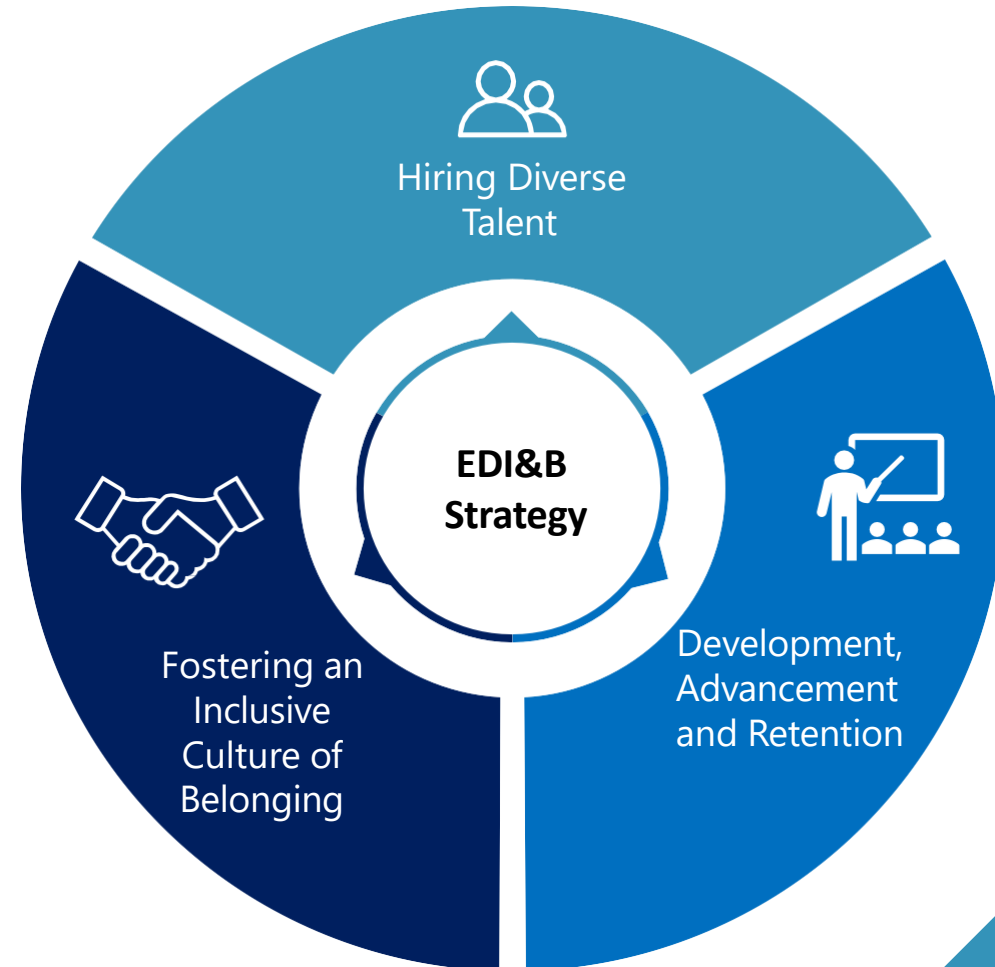


**Promote** fairness in work practices, processes and policies that create opportunities for all.

## INCLUSION & BELONGING



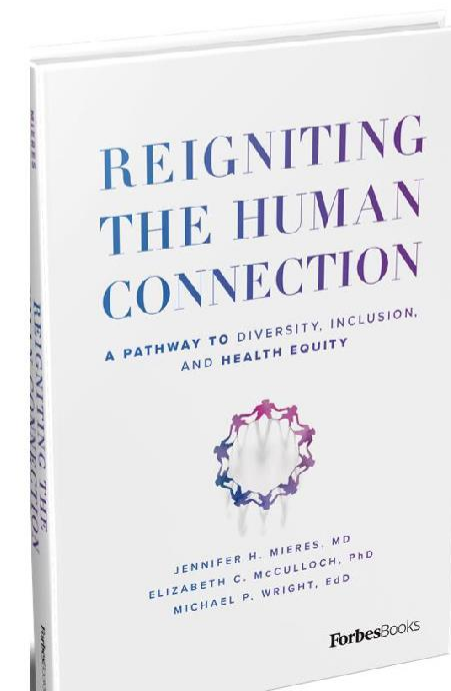
**Foster a culture** where team members feel heard, respected, valued, accepted and supported in their career aspirations.



**Additional targeted efforts:** Women, Historically Underrepresented Racial & Ethnic Groups, Veterans, Individuals with Disabilities, LGBTQIA+, Generations, Justice Involved, Family Friendly



1. **Northwell Health**
2. Cleveland Clinic
3. Mayo Clinic
4. Hackensack Meridian Health
5. Mount Sinai Health System
6. City of Hope
7. NYU Langone Health
8. Jefferson Health
9. Henry Ford Health System
10. OhioHealth
11. Baylor Scott & White Health
12. New York Presbyterian
13. Seattle Children's Hospital
14. H Lee Moffitt Cancer Center & Research Institute
15. Yale New Haven Health
16. Davita



# Northwell's Approach to Community Health



# NORTHWELL'S MISSION-RELATED ACTIVITIES

Northwell's mission is to improve the health of the communities we serve. Northwell invests over \$1.44B annually in community benefit programs and services representing almost 12% of operating expenses to address global, national, and local community challenges.



# Community Resource Center



Northwell Health Community Resource Center

[Home](#)

[All Community Resources](#)

[Events](#)

[Northwell Community Scholars](#)

[Human Trafficking](#)



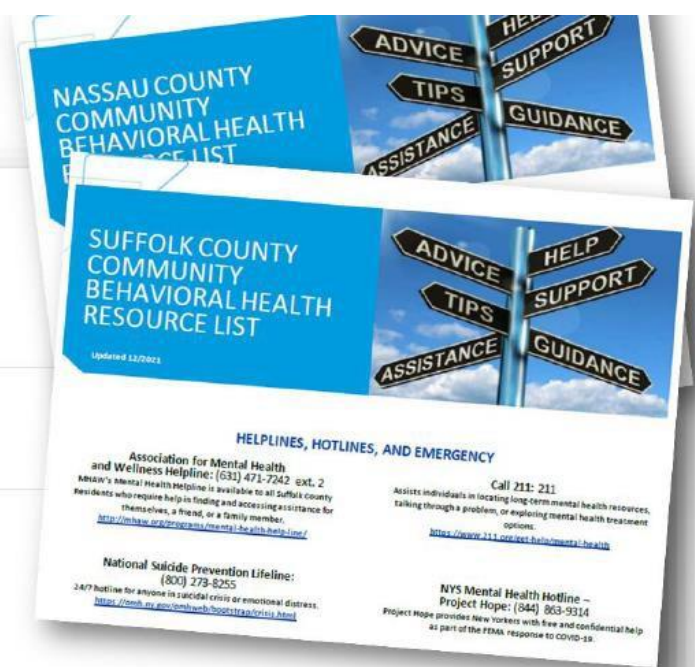
## NORTHWELL HEALTH

Welcome to Northwell Health's Community Resource Center!

Please explore the full range of community resources including posters, brochures, videos, and social media assets, translated into multiple languages. Collectively, these resources can help educate and inform the communities w...

[Our Mission](#) →

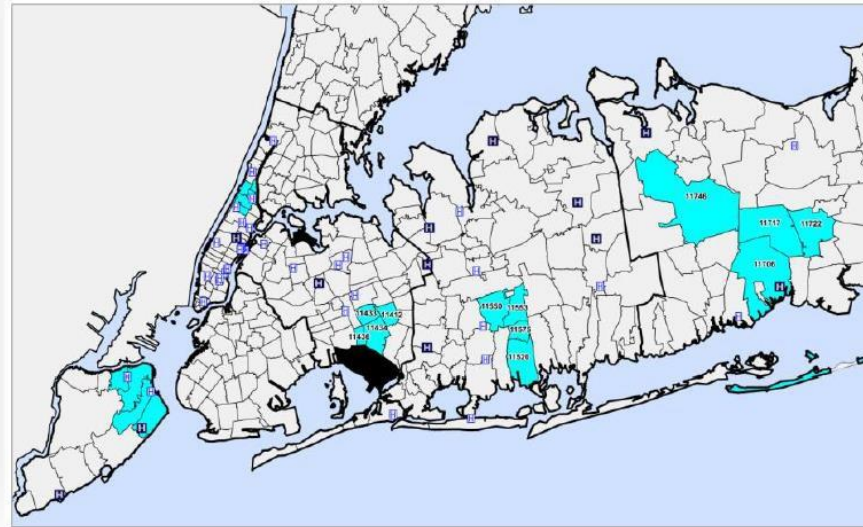
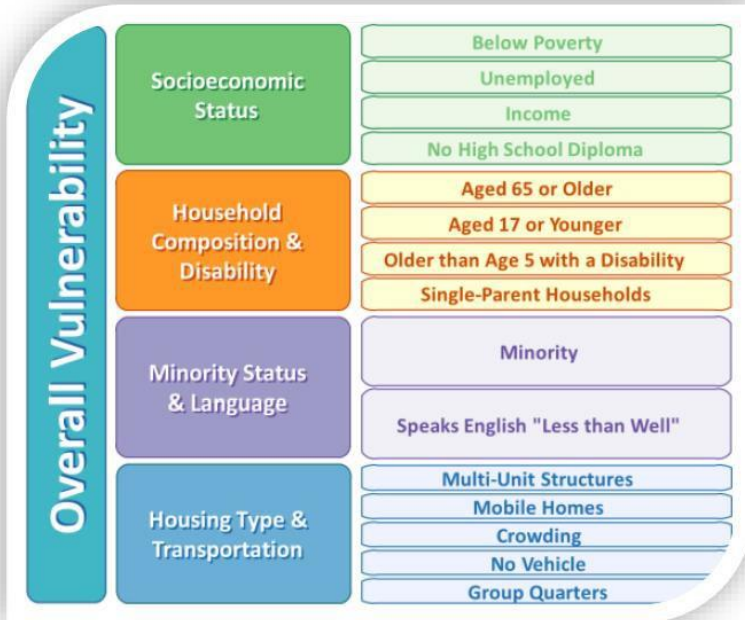
For more information, please contact Community Health at [communityhealth@northwell.edu](mailto:communityhealth@northwell.edu)



[communityresources.northwell.edu](https://communityresources.northwell.edu)



# Northwell's Focus on 12 'Most' Vulnerable Neighborhoods



| Neighborhoods of Focus |                                  |
|------------------------|----------------------------------|
| Brentwood              | Uniondale                        |
| Central Islip          | Freeport                         |
| Huntington Station     | Southeast Jamaica                |
| Bay Shore              | Harlem                           |
| Roosevelt              | Stapleton, Staten Island         |
| Hempstead              | Westchester<br><i>*UPCOMING*</i> |

CDC Social Vulnerability Index indicators

High Medicaid ED Utilization Rates & percentage of population aged 65+

High COVID Positivity Rates

Northwell Health

**Data  
Integration**

**Geospatial Mapping**

Granular geospatial mapping of results helped to identify areas of greatest need.



# Community Profile

## CENTRAL HARLEM

Located in Upper Manhattan in New York City, the neighborhood of Central Harlem has been known as a Black mecca and cultural center since the Harlem Renaissance. Central Harlem is part of Manhattan Community District 10. Central Harlem has a racial diversity index of .62. The poverty rate in Central Harlem is 23.9%.

### COMMUNITY ASSETS

**Food Pantries:** First Corinthian Baptist Church, Food Bank for New York City, Safe Horizon, West Side Center for Children & Family Services

**Northwell Community Partners:** Mother AME Zion Church

**Parks:** Central Park, St. Nicholas Park, Jackie Robinson Park, Marcus Garvey Park, Morningside Park

**School District(s):** NYC Department of Education

**Transportation:** MTA Bus, MTA Subway



#### POPULATION

Central Harlem: 222,031  
Manhattan: 1,629,153



#### LIFE EXPECTANCY

Central Harlem: 77.8  
Manhattan: 81.9

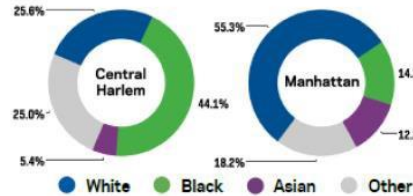


#### COVID-19 VACCINATION

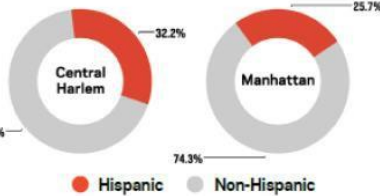
People with completed vaccine series

Central Harlem: 69.9%  
Manhattan: 85.7%

#### RACE



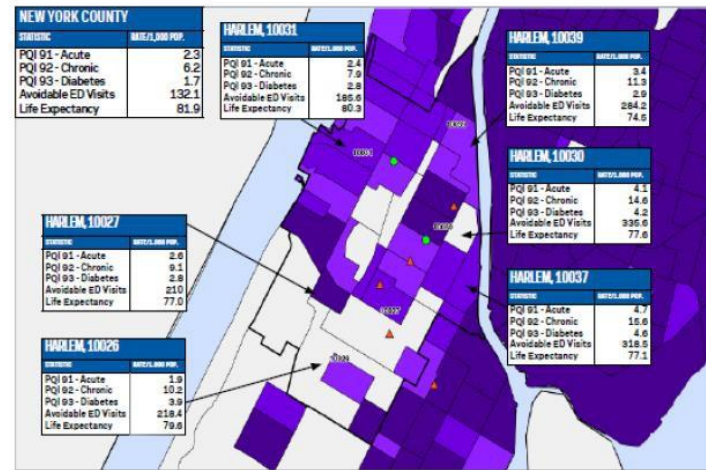
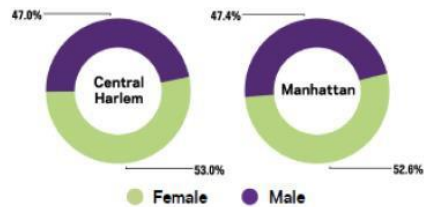
#### ETHNICITY



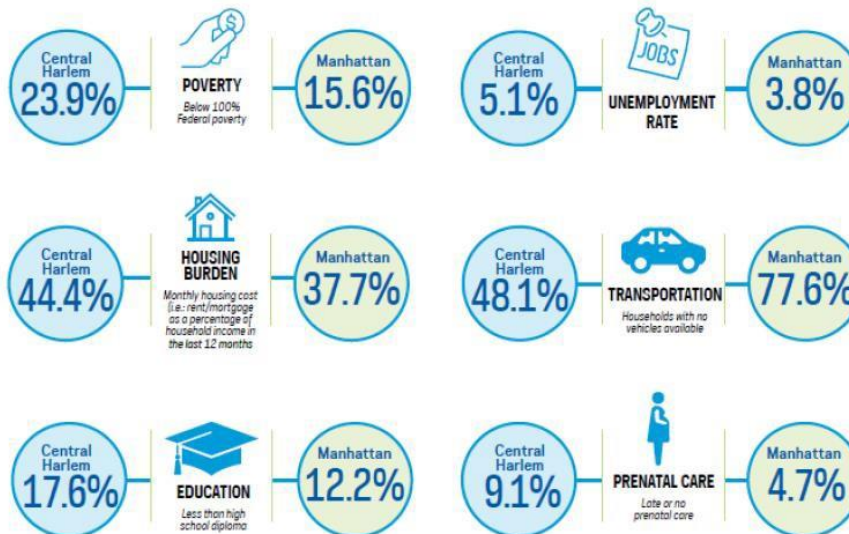
#### LANGUAGES SPOKEN AT HOME OTHER THAN ENGLISH



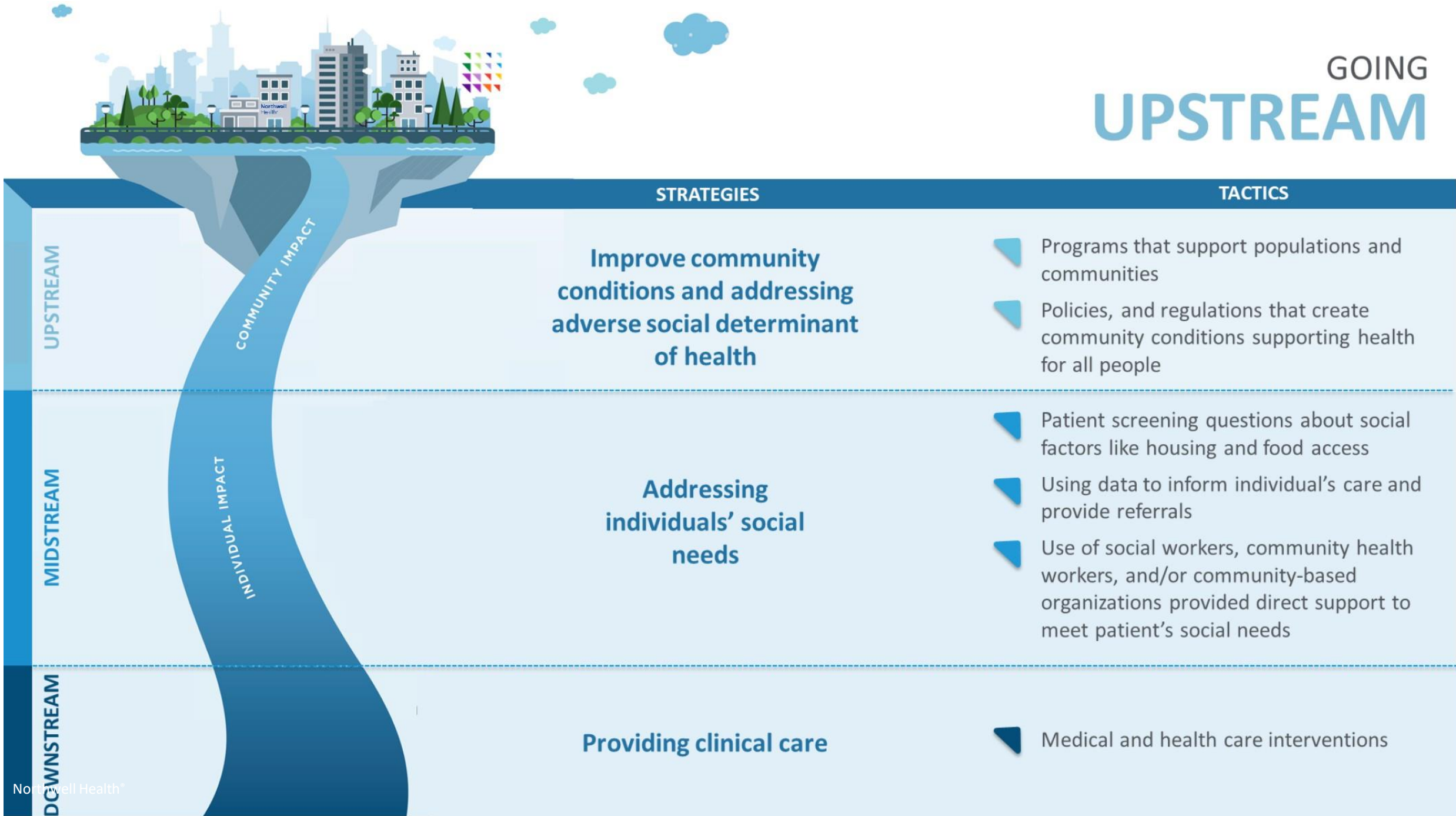
#### GENDER



Source: NYSDOH (PARC) Inc. Current faith-based centers include permanent sites; other faith-based centers were provided by Community Relations; Avoidable ED Visits defined by NYU. Algorithms Provided by the Office of Strategic Planning.



# GOING UPSTREAM



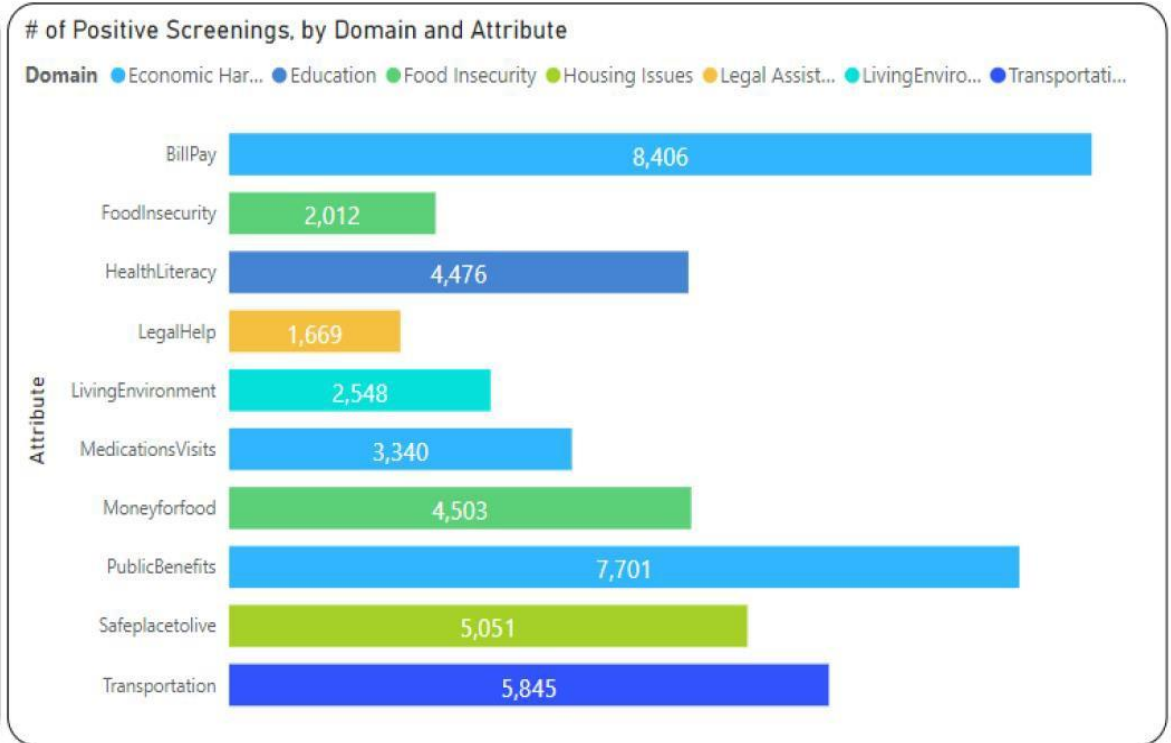
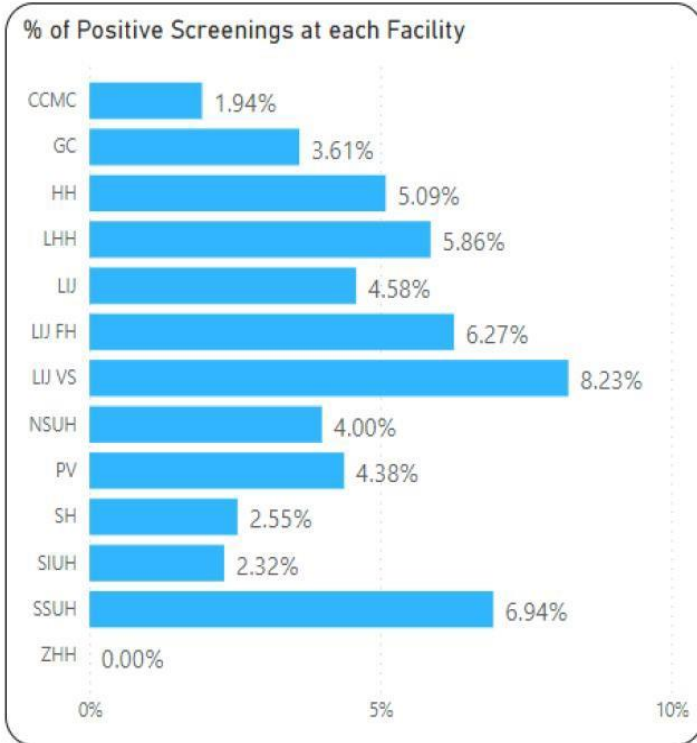


# Social Determinants of Health

## Meeting Health-Related Social Needs

# SDoH Dashboard

| 2019 | 2020 | 2021 | 2022 |
|------|------|------|------|
|------|------|------|------|



# Northwell Community and Population Health Programs



# Nutrition Pathways Program

In partnership with the Dolan Family Health Center in Huntington, Island Harvest provides patients who screen positive for food insecurity with **12 personalized nutrition counseling sessions, access to nutritious foods from their on-site healthy food pantry, referrals to community resources, and assistance with SNAP, as well as a weekly community food distribution to area residents in need.**

**As of August 31, 2022 – After 1 Year of Operation**

## PROGRAM DETAILS

- 162 individuals enrolled
- 1,139 counseling sessions conducted
- 250 individuals participate in the weekly food box distribution
- 15,024 meals provided to participating patients through weekly one-on-one sessions
- 25,650 meals provided through the weekly on-site community food box distribution

## OUTCOMES

- 44% improvement in Body Mass Index
- 42% reduction in blood pressure
- 51% reduction in A1C
- 55% increased consumption of healthy foods
- 58% reduced consumption of unhealthy foods
- 25% reduction in number of meals eaten away from home
- 45% increased physical activity



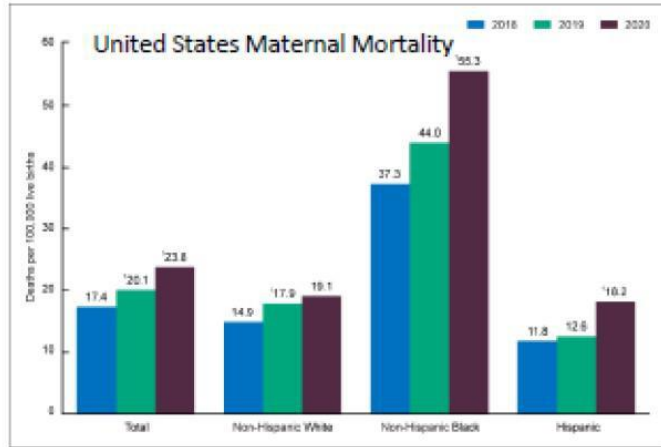


# Community Work on Maternal Health

# Center for Maternal Health

## Mission Statement:

To achieve the highest quality maternity care and outcomes through addressing community and health inequities that contribute to severe maternal morbidity and mortality.



Statistics significant increase in rate from previous year (p < 0.05)  
 NCHS: Race groups are single race  
 NCHS: National Center for Health Statistics, National Vital Statistics System, Mortality



## Challenges: Disparities

- Improve the Northwell Health's workforce knowledge of the impact of structural racism and implicit bias
- Investigate to further understand the increased prevalence of comorbidities in Black women (CMI 2.5 vs 1.5)
- Address the inherent underlying preeclampsia rate in Black women (14% vs 6%)
- Address the increased Cesarean delivery rate in Black women (37% vs 24%)
- Explore access to care challenges (underinsured, lack of trust, limited provider choices, language and literacy)
- Explore every maternal death to identify factors that can be modified to prevent future tragedies

## The Solution: Action Plan

- Continue to improve in-hospital care through standard protocols and guidelines
- Continue the work of the Cesarean Delivery Reduction Initiative
- Expand Implicit Bias Training
- Expand the care navigation program with Pregnancy Chatbot support
- Address co-morbidities and risk preconception
- Utilize the Comorbidity and Social Vulnerability Index to target patients at highest risk for Severe Maternal Morbidity
- Enhance Behavioral Health Screening and Resources
- Partner with and provide educational resources to the community
- Develop and disseminate a Pregnancy Wellness Assessment
- Develop community advisory board/collaborative with other organizations in the community

## Program Initiatives



Provide ongoing support to our highest risk mothers and newborns through individualized navigation by a team of healthcare professionals



Educate and empower patients through individualized, supportive interactions via the Northwell Health Pregnancy Chatbot



Address the causes and disparities in maternal outcomes for all birthing patients through the Maternal Mortality & Severe Maternal Morbidity (SMM) Review Committee



Improve maternal health in our communities and beyond by establishing a Patient and Family Advisory Council with members that have lived experience with maternal morbidity and mortality



Provide access to evidence-based prevention in non-traditional setting with a focus on risk factors and modifiable behaviors that affect pregnancy outcomes



Use artificial intelligence and machine learning to seamlessly detect an increased clinical risk for preeclampsia and other adverse pregnancy outcomes



*"Supporting women  
entering motherhood to  
not only survive, but thrive"*

# Northwell Health MOMs (Maternal Outcomes) Navigation Program



# A Pervasive National Problem



*Huge Racial Disparities Found in Death Linked to Pregnancy*

USNews NEWS » News Best Countries Best States Healthiest Communities Cities America 2020

Home / News / Healthiest Communities

### The U.S. Has a Maternal Mortality Rate Again. Here's Why That Matters.

After more than a decade, the federal government is again publishing an estimate crucial to public health efforts.

By Gaby Galvin, Staff Writer Jan. 30, 2020, at 12:01 a.m.

The danger of being pregnant and black in America

**Hospitals know how to protect mothers. They just aren't doing it.**

Alison Young, USA TODAY  
4:54 p.m. EDT July 27, 2018

**AMERICA IS FAILING ITS BLACK MOTHERS**

CBS NEWS / August 5, 2018, 10:06 AM

## Maternal mortality: An American crisis

☰ **CNN** health Life, But Better Fitness Food Sleep Mindfulness Relationships

## Deaths in pregnant or recently pregnant women have risen, especially for unrelated causes such as drug poisoning and homicide

By Janelle Chavez, CNN  
Published 11:01 AM EST, Fri January 27, 2023

# Maternal Outcomes (MOMs) Navigation Program:

We are a multidisciplinary team with a mission to decrease Preventable Maternal Morbidity and Mortality.

## Our Vision

No mother should ever die because of something preventable.

Our daily work revolves around eliminating disparate outcomes and making childbirth safer for everyone.



# Northwell MOMs (Maternal Outcomes) Navigation Program

**WHO We Serve:** Women with **High-Risk (Severe Maternal Mortality and Morbidity) diagnoses:**

- Pregnancy-related Hypertensive Disorders, Diabetes, Behavioral Health, Venous Thromboembolism

**WHY We Care / Challenges Observed:**

- Women have **multiple concurrent medical and socioeconomic risks** that cause death and morbidity
- New moms struggle to be the priority
- Pregnant and postpartum women **don't have adequate resources** for themselves or their infants
- Behavioral health is either ignored or unavailable
- Providers often unaware of the obstacles and barriers faced by their patients



**WHAT We Provide:**

Our program was designed to disrupt those factors and keep mothers and babies thriving

Advocacy

Connection

Resources

Education

Social Support

# Northwell MOMs (Maternal Outcomes) Navigation Program

No mother should ever die because of something preventable. Our program works to eliminate disparate outcomes and make childbirth safer for everyone.



## Right Patient

Diagnosis-Specific Identification  
Focus on Clinical & Social Risk Factors



## Right Time

Real-time Automated Case Finding  
Availability 24/7/365  
ED Presentation Engagement



## Right Place

Home Visit  
Telephonic  
Telehealth  
Texting/ Pregnancy Chats



## Right Care

Patient Advocacy  
Culturally-Informed Program Design  
Partnering with OB/GYN Providers  
Community Connections

# MOMs Navigation Program Today

Identifying mothers with SMM Risk Factors allows us to partner with them, become their advocates, and connect them with relevant resources to promote their optimal health and prevent adverse outcomes.

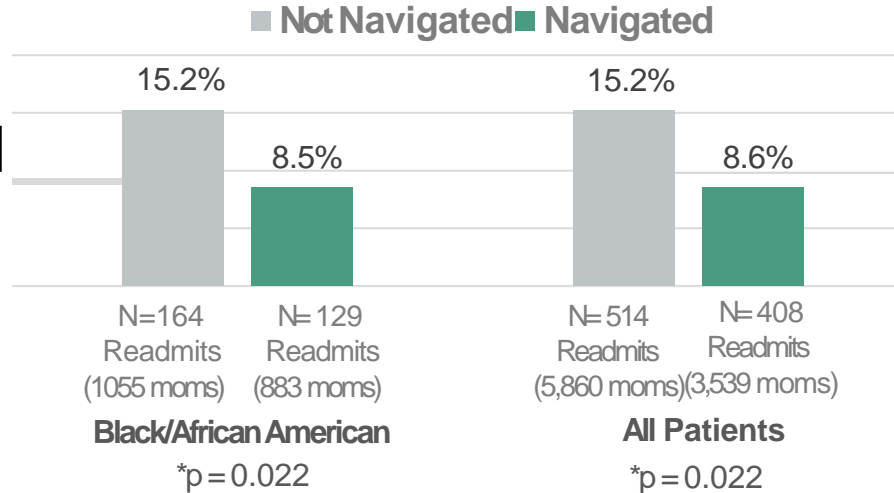
# 4,382

## Total Moms Enrolled

April 2020 – December 2022  
Primarily Postpartum from  
LJMC, HUNTG, SSUH

### Postpartum 30-Day Readmissions Due to SMM Complications

LJMC, SSUH, HUNTG Deliveries, April '20 – Nov '22



**AJOG** American Journal of Obstetrics & Gynecology

ORIGINAL RESEARCH: OBSTETRICS | ARTICLES IN PRESS

**Postpartum Navigation Decreases Severe Maternal Morbidity Most Among Black Women**

Zenobia Brown<sup>1</sup>, Choukri Messaoudi<sup>2</sup>, Emily Silvia<sup>2</sup>, Hallie Bleau<sup>2</sup>, Ashley Meskill<sup>2</sup>, Anne Flynn<sup>2</sup>, Amparo C Abel-Bey<sup>2</sup>, Trever J Ball<sup>2</sup>

DOI: [10.1016/j.ajog.2023.01.002](https://doi.org/10.1016/j.ajog.2023.01.002)

“

The nurse who called me also called my doctor because I had a headache and shortness of breath. The doctor insisted I go back to the hospital. **The nurse saved my life** because I never would have gone back to the hospital.

– MOMs Patient

Thank you !



**Closing, Announcements,  
Updates, Save the Date**





# Announcements & Updates

- Please complete the Consortium Meeting Evaluation Survey which will be sent via email following this meeting
- Be sure to join the NYSPHC Fellowship Program LinkedIn Group to continue networking and professional development



# NYSPHC Training and Resources Website

<https://nysphcresources.health.ny.gov/training-resource-center>

New York State Public Health Corps  
**Fellowship Program**



**Training Resource Center Home**



About the  
NYSPHC



Fellow Training  
Resources



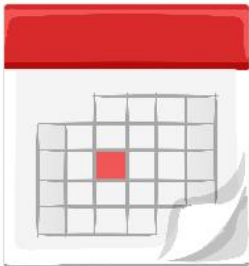
Mentor Training  
Resources



Resources by  
Region



Workgroup  
Resources

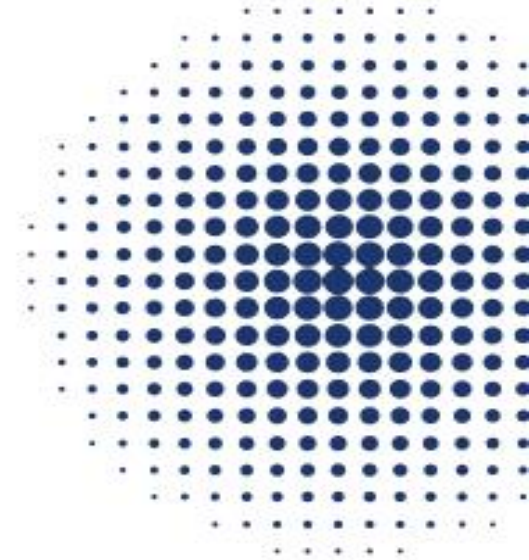


NYSPHC Events  
Calendar

# Save the Date!

Save the date for the following upcoming Regional Consortium meetings:

- Educational Series – JEDI Wednesday, April 12th
- Regional Consortia June 2023
- Summit (FALL)
- Upcoming Cornell cohort



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914-654-7071



631-851-3655

# Q&A and Fellowship Project Sharing

Please unmute and comment on the following:

- Remind us of your name and county affiliation
- If you have a placement location external to the LHD, please state it.
- In a minute or two, explain your Fellowship project/job responsibilities.
- State your favorite aspect of your Fellowship so far
- We will go in alphabetical order of counties with active Fellows: Dutchess, Orange, Putnam, Suffolk, Westchester