

# Aware Prepare Update



Department  
of Health

Office of  
Health Emergency  
Preparedness

Mid-Month December 2022

Welcome to the Mid-Month December 2022 issue of the Aware Prepare (AP) Update. The AP is your bi-monthly guide to upcoming trainings related to preparedness, readiness, and response. These trainings may be provided in one or more of the following formats, including: live webcasts, webinars and in-person training; archived webcasts, webinars and On-Demand eLearning on the [www.NYLearnsPH.com](http://www.NYLearnsPH.com) Learning Management System. Questions or submissions, email: [edlearn@health.ny.gov](mailto:edlearn@health.ny.gov)

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## Resources and Opportunities:

Visit the New York State Department of Health's (NYSDOH) dedicated Webpages:

- COVID-19 Resources Webpage: <http://coronavirus.health.ny.gov>
- Monkeypox Resources Webpage: [health.ny.gov/monkeypox](http://health.ny.gov/monkeypox)
- Polio and immunization Webpage: [health.ny.gov/polio](http://health.ny.gov/polio)

**Feeling stressed by the COVID-19 epidemic?** You are not alone. Call the NYS Emotional Support Helpline 7 days a week, 8am-10pm at 1-844-863-9314.

## GOVERNOR HOCHUL ANNOUNCEMENTS: COVID-19 & Flu

### December 12<sup>th</sup>: GOVERNOR HOCHUL UPDATES NEW YORKERS ON STATE'S PROGRESS COMBATING COVID-19

#### **Governor Encourages New Yorkers to Keep Using the Tools to Protect Against and Treat COVID-19: Vaccines, Boosters, Testing, and Treatment**

Governor Kathy Hochul today updated New Yorkers on the state's progress combatting COVID-19 and outlined basic steps they can take to protect against the spread of viral respiratory infections that become more common in the fall and winter seasons.

"As respiratory illnesses continue to spread throughout our state, I urge all New Yorkers to remain vigilant and continue to use all available tools to keep themselves, their loved ones and their communities safe and healthy," **Governor Hochul said.** "Stay up to date on vaccine

doses, and test before gatherings or travel this holiday season. If you test positive, talk to your doctor about potential treatment options."

Governor Hochul is [urging](#) New Yorkers to take common prevention measures — like staying up to date on vaccines and practicing proper hygiene — to protect from Respiratory Syncytial Virus (RSV), the flu and COVID-19 and reduce the patient burden on local hospitals. Yesterday, the Governor [updated](#) New Yorkers on the state's winter health preparedness efforts.

This week, the U.S. Food and Drug Administration cleared the way for [children six months of age and older](#) to receive the bivalent booster shot to increase protection against COVID-19. Previously, these shots were only available to [children ages 5 and older](#).

The New York State Department of Health issued a [new report](#) this week showing a 64 percent week-over-week jump in lab-confirmed flu cases across New York and week-over-week hospitalizations up 58 percent. Cases of influenza have now been detected in all 62 counties across the state, highlighting the need for New Yorkers to take steps and precautions that will reduce the risk of severe illness for children and adults.

Governor Hochul previously launched a [public awareness campaign](#) featuring New York State Health Commissioner Dr. Mary T. Bassett speaking directly to New Yorkers about the three viruses now circulating in the state with similar symptoms and the potential to cause serious illness. Produced by the New York State Department of Health, the videos include a [short clip](#) and a [longer version](#) geared toward parents; and a version aimed specifically at [health care providers](#).

The Governor also asked New Yorkers to get their bivalent COVID-19 vaccine boosters. To schedule an appointment for a booster, New Yorkers should contact their local pharmacy, county health department, or healthcare provider; visit [vaccines.gov](#); text their ZIP code to 438829, or call 1-800-232-0233 to find nearby locations.

In addition, Governor Hochul encourages New Yorkers to get their annual flu vaccine as [flu season is widespread](#) across New York State. The flu virus and the virus that causes COVID-19 are both circulating, so getting vaccinated against both is the best way to stay healthy and to avoid added stress to the health care system.

The State Department of Health is continuing its [annual public education campaign](#), reminding adults and parents to get both flu and COVID-19 shots for themselves and children 6 months and older. Advertisements in both English and Spanish language began running last month.

For information about flu vaccine clinics, [contact the local health department](#) or visit [vaccines.gov/find-vaccines/](#).

The [COVID-19 Vaccine Tracker Dashboard](#) is available to update New Yorkers on the distribution of the COVID-19 vaccine. The New York State Department of Health requires vaccinating facilities to report all COVID-19 vaccine administration data within 24 hours; the

vaccine administration data on the dashboard is updated daily to reflect the most up-to-date metrics in the state's vaccination effort. New York State Department of Health-reported data from NYSIIS and CIR differs slightly from federally reported data, which is inclusive of federally administered doses and other minor differences. Both numbers are included in the release above.

New Yorkers looking to schedule vaccine appointments for 5-11-year-old children are encouraged to contact their child's pediatrician, family physician, county health departments, Federally Qualified Health Centers (FQHCs), rural health centers, or pharmacies that may be administering the vaccine for this age group. Parents and guardians can visit [vaccines.gov](#), text their ZIP code to 438829, or call 1-800-232-0233 to find nearby locations. Make sure that the provider offers the Pfizer-BioNTechCOVID-19 vaccine, as the other COVID-19 vaccines are not yet authorized for this age group.

Visit our [website](#) for parents and guardians for new information, frequently asked questions and answers, and resources specifically designed for parents and guardians of this age group.

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## **December 7<sup>th</sup>: GOVERNOR HOCHUL UPDATES NEW YORKERS ON WINTER HEALTH PREPARENSS EFFORTS**

**Governor Hochul: "New York State government will continue to do its job. I will do my job. I also need New Yorkers to do their job to help us make sure that we come out of this winter season healthy, happy, especially as we look out for our most vulnerable.**

**So, we are going to continue working, embrace the holidays, but not let our guard down. That is the message of today."**

**Hochul: "I want to let you know, we will continue to be a clearing house. New York state understands our responsibility to manage an existing crisis, be forward thinking, prepare for it, but also be a clearing house for information. So, people who are seeing news from all kinds of sources, get the story straight here."**

Earlier today, Governor Kathy Hochul updated New Yorkers on winter health preparedness efforts in New York City.

**VIDEO** of the event is available on YouTube [here](#) and in TV quality (h.264, mp4) format [here](#).

**AUDIO** of the event is available [here](#).

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**Public Health Communications Collaborative (PHCC)**

Testing is one of our best tools to prevent the spread of COVID-19, alongside getting vaccinated and boosted. As we approach winter and the holiday season, our newest toolkit provides messaging guidance to help the public understand when to test and how to use at-home tests correctly. [The toolkit](#) includes graphics and sample social copy in English and Spanish to support your local outreach.

Our [Answers to Tough Questions](#) also help address questions about COVID-19 at-home antigen tests such as:

- When should I take a rapid at-home test?
- Why is repeat testing important?
- Are tests free? How do I get them?

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## **Student Recruitment NFA Application Period Closing Dec. 15**

The application period for the National Fire Academy's resident classes scheduled during April 1-September 30, 2023 closes on December 15!

[Click here](#) to view complete information on the NFA's resident courses.

- [PER-387: Improving Individual and Households' Financial Literacy and Management to Support Post-Disaster Economic Recovery](#) -- December 14, 2022 - Lehigh County, PA, FEMA Region 3
- [R0378 - Demonstrating Your Community Risk Reduction Program's Worth.](#)
- [R0673 - Service Area Risk Reduction.](#)

[Click here](#) for a list of **ALL** resident courses with vacancies **Oct. 2022 through Mar. 2023**

### **How to Apply:**

- [NETC Online Admissions Application website](#)
- Contact our Admissions Office, Monday – Friday between 7 a.m. – 4:30 p.m. ET, at 800-238-3358, ext. 1035 or by email at [netcadmissions@fema.dhs.gov](mailto:netcadmissions@fema.dhs.gov)

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## **Associations of State and Territorial Health Officials (ASTHO)**

**NEW! Embedded: Reflections from Disability and Preparedness Specialists | ASTHO**

## ASTHO's PUBLIC HEALTH REVIEW PODCAST

- **NEW! Ebola Preparedness - Lessons Learned from 2014** | David Lakey (alumni-TX), The University of Texas System

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## FEMA offering assistance through the National Exercise Program (NEP)

State, local, tribal and territorial jurisdictions can request no-cost assistance from the NEP for exercise design, development, conduct and evaluation to validate capabilities across all mission areas. [Learn about exercise assistance on FEMA.gov.](#)

Round	Submission Deadline	Decisions Sent By
Spring 2023 Round	April 3, 2023	May 5, 2023

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**New and Upcoming Live Events** Note: \*Some items are marked with **NEW!** generally indicating that the promotion is new to this edition of the Aware Prepare Update.\*

### December

#### **Give Yourself and Others the Gift of Preparedness**

Sponsored by FEMA Region 2

December 13, 2022, 12:00pm - 1:00pm

[Register Here](#)

#### **Evacuation of Facilities in Disaster Systems (eFinds) TtT**

Sponsored by NYSDOH OHEP

December 13, 2022

The course will be held at Cuba Memorial Hospital, 140 West Main Street, Cuba, NY 14727. There is also an option to attend virtually. Seats are limited, so please register soon.

[Register Here](#)

#### **NEW! CDC COCA Call: COVID-19 Update: Clinical Guidance and Patient Education for Bivalent COVID-19 Vaccines**

Sponsored by Centers for Disease Control & Prevention

Tuesday, December 13, 2022, 2-3pm

[View Here](#)

#### **Nonprofit Security Grant Program - Preparing for the Fiscal Year 2023 NSGP**

Sponsored by FEMA/DHS

December 13, 2022, 3:00pm -5:00pm

[Register Here](#)

#### **Climate Adaptation Planning for Emergency Management (AWR-347)**

Sponsored by NDPTC  
December 13-14, 2022, 12:00pm - 4:00pm  
[Register Here](#)

**HAZWOPER for First Receiver Operations Level Training (ONTARIO COUNTY)**

Sponsored by WRHTC  
December 14, 2022, 8:30am – 4:30pm  
Ontario County, Thompson Health – TCC A&B  
350 Parrish Street, Canandaigua NY  
**Enroll in LMS Course: [OHEP-WRHTC-HazFROps-BP4](#)**

**Addressing Health Disparities Through Home Care 3 Part Series: Part 2 - Addressing Crisis and Social Determinants of Health**

Sponsored by HCANYS  
December 14, 2022, 12-1:30pm  
[Register Here](#)

**2022 Healthcare Law Review**

Sponsored by MLMIC, HANYS  
December 14, 2022, 12:00pm - 1:00pm  
[Register Here](#)

**Active Shooter Awareness**

Sponsored by FEMA Region 2  
December 15, 2022, 12:00pm - 1:00pm  
[Register Here](#)

**Beyond the Basics - More than 2 types of Diabetes**

Sponsored by NYS Vital Signs EMS Academy  
December 15, 2022, 6:30pm - 7:30pm  
[Register Here](#)

**LAW - What is Good for? - Keeping the EMS Provider Protected from Litigation**

Sponsored by NYS Vital Signs EMS Academy  
December 20, 2022, 6:00pm - 7:00pm  
[Register Here](#)

**Hematologic Emergencies - Beyond Anemia and Sickle Cell Crisis**

Sponsored by NYS Vital Signs EMS Academy  
December 22, 2022, 6:30pm - 7:30pm  
[Register Here](#)

**January 2023**

**NEW! Incident Command System Emergency Operations Center Interface (G-191)**  
Sponsored by DHSES

January 4-5, 2023  
1/4 - 12pm-4pm; 1/5 - 12:00pm-4:00pm  
[Register Here](#)

**NEW! Bomb Threat Assessment for Decision Makers**  
Sponsored by CDP  
January 5, 2023, 1 Hour  
[Register Here](#)

**NEW! E0139: Exercise Design and Development**  
Sponsored by FEMA/EMI  
January 9-10, 2023  
[Register Here](#)

**NEW! E0202 Debris Management Planning for State, Tribal, Territorial and Local Officials**  
Sponsored by FEMA  
January 9-12, 2022  
[Register Here](#)

**NEW! Community Resilience (AWR-228)**  
Sponsored by NDPTC  
January 10-11, 2023, 12:00pm - 4:00pm  
[Register Here](#)

**NEW! E0050: Exercise Control and Simulation Course**  
Sponsored by FEMA/EMI  
January 11-12, 2023  
[Register Here](#)

**NEW! Communications Direction Certification**  
Sponsored by NYSDOH CTI  
January 11, 2023, 10:00am - 11:30am  
[Register Here](#)

**NEW! Community Resilience (AWR-228)**  
Sponsored by NDPTC  
January 12-13, 2023, 8:00am - 12:00pm  
[Register Here](#)

**NEW! Integrated Data Reporting in HERDS v.3**  
Sponsored by NYSDOH CTI  
January 12, 2023, 10:00am - 11:00am  
[Register Here](#)

**NEW! ICS for Major and/or Complex Incidents (I-400)**

Sponsored by DHSES  
January 17-18, 2023, 8:00am - 5:00pm  
Chautauqua Co. OEM, Mayville, NY

[\*\*Register Here\*\*](#)

**HAZWOPER for First Receiver Operations Level Training (NIAGARA COUNTY)**

Sponsored by WRHTC  
January 18, 2023, 8:30am – 4:30pm  
Mount St. Mary's Hospital – Education Room (2<sup>nd</sup> Fl)  
5300 Military Rd, Lewiston, NY  
**Enroll in LMS Course:** [OHEP-WRHTC-HazFROps-BP4](#)

**Disaster Recovery Post Tropical Storm Fred**

Sponsored by Regional Health Training Center  
January 23, 2023, 1:00pm - 2:30pm  
**Enroll in LMS Course:** [OHEP-HTC-BP4-S1-012023-WR](#)

**February 2023**

**HAZWOPER for First Receiver Operations Level Training (ERIE COUNTY)**

Sponsored by WRHTC  
February 15, 2023, 8:30am – 4:30pm  
Kenmore Mercy Hospital – Community Room  
2950 Elmwood Avenue, Buffalo, NY  
**Enroll in LMS Course:** [OHEP-WRHTC-HazFROps-BP4](#)

**New & OnDemand Content - NYLearnSPH.com**

**Guidance to Complete ServNY Notification Drill**

Sponsored by NYSDOH OHEP  
2022-2023 Public Health Emergency Preparedness Program Deliverable BPR-4  
**Enroll in LMS Course:** [OHEP-BP4-BPR4](#)

**NEW! The Power of Framing: Bridging Political Divides to Strengthen Public Health**

Sponsored by Public Health Communications Collaborative  
Recorded October 18, 2022  
**Enroll in LMS Course:** [PHCC-20221018](#)

**NEW! Comms Crash Course: Using Social Media for Public Health Communications**

Sponsored by Public Health Communications Collaborative  
Recorded July 26, 2022  
**Enroll in LMS Course:** [PHCC-20220726](#)

**NEW! Communicating Through COVID-19 & Beyond: Impact & Insights from the Field of Public Health**

Sponsored by Public Health Communications Collaborative  
Recorded April 13, 2022  
**Enroll in LMS Course: [PHCC-20220413](#)**

## **Additional Training of Interest**

**CDC EPIC Webinar: Flu, RSV, COVID-19 and other Respiratory Threats**  
Sponsored by The Centers for Disease Control and Prevention (CDC)  
Recorded November 29, 2022  
**Coming Soon**

**COCA Call: 2022-2023 Seasonal Influenza Testing and Treatment During the COVID-19 Pandemic**  
Sponsored by The Centers for Disease Control and Prevention (CDC)  
Recorded November 15, 2022  
**[View Here](#)**

**CDC COCA Call: Melioidosis in the United States: What Clinicians Need to Know Following Newly Discovered Endemicity**  
Sponsored by Centers for Disease Control & Prevention  
Recorded Thursday, October 13, 2022

**[View Here](#)**

**CDC COCA Call: Update on 2022 Ebola Outbreak in Uganda**  
Sponsored by Centers for Disease Control & Prevention  
Recorded Wednesday, October 12, 2022

**[View Here](#)**

**COPEWELL Town Hall**  
Sponsored by the Johns Hopkins Center for Health Security, the Texas State University Center of Excellence for Community Health and Economic Resilience Research (CHERR), and the Texas Rural Health Alliance  
Recorded October 11 & 13, 2022

**[View Here](#)**

**CDC COCA Call: Situational Update for Clinicians about Severe Mpox Virus Infections**  
Sponsored by Centers for Disease Control & Prevention  
Recorded Thursday, October 6, 2022

**[View Here](#)**

**NEW! Partnering with the Autism Community on Inclusive Emergency Preparedness**  
Sponsored by Association of State and Territorial Health Officials (ASTHO)  
Recorded September 20, 2022

**[View Here](#)**

**The Mystery and Epidemiology of Long COVID**

Sponsored by The University of Alabama at Birmingham  
Recorded September 29, 2022

[View Here](#)

**Practical Law for Public Health Officials**

Sponsored by Northwest Center for Public Health Practice

[View Here](#)

**Introduction to Public Health Practice training plan**

Sponsored by CDC