# Creating the Healthiest Nation

schools and programs of public health building the workforce for today + tomorrow

November 15, 2022



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# Health

Dynamic state of physical, mental, and social wellbeing; not just the absence of disease

(World Health Organization)





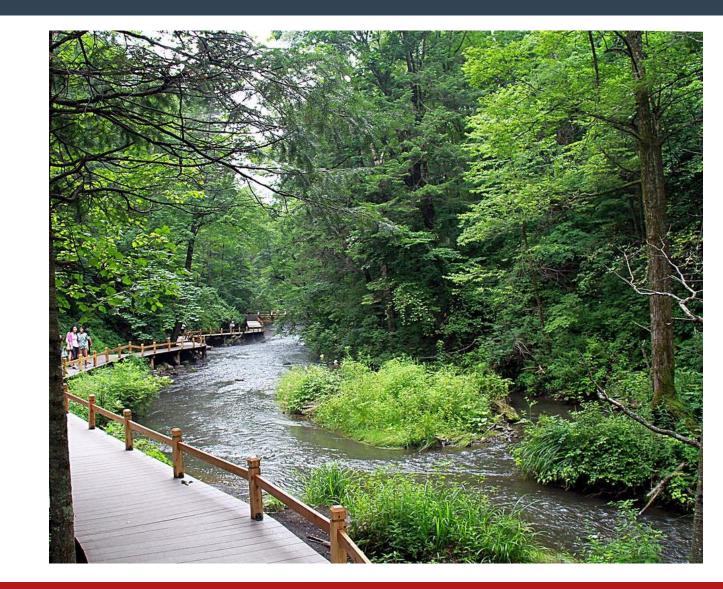
# **Public Health**

### The art and science of protecting and improving the health of people

(Centers for Disease Control + Prevention)

### Assuring the conditions in which people can be healthy

(World Health Organization)





## **Evolution of Society, Needs, Approaches**

1900s  $\rightarrow$  Now

Enlightenment (1600s-1900s)

The Renaissance (1400s-1600s)

Late Medieval Period (1200s-1400s)

Early Medieval Period (600s-1200s)

The Ancient World

Prehistoric Societies

Tulchinsky, T and Varavikova, E. (2014) A History of Public Health. <u>10.1016/B978-0-12-415766-8.00001-X</u>



## **Public Health in the United States**









Public Health Education:					
1 School 1918	10 Schools 1936	20 Schools* 1975	32 Schools* 45 Programs* 2003	63 Schools* 144 Programs* 2022	
				*Accredited	

Rosenstock, L and Hernandez, L. (2003) Who Will Keep the Public Healthy? Educating Public Health Professionals for the 21st Century https://www.ncbi.nlm.nih.gov/books/NBK221176/



## Calls to Action to Change the Status Quo





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Meredith, G. (2020) Creating the Healthiest Nation: How SPPH Are Taking Action



## Calls to Action to Change the Status Quo





# **Public Health: An Evolving Field**

#### **Public Health 1.0**

Tremendous growth of		
knowledge and tools for both		
medicine and public health		

Uneven access to care and public health

#### **Public Health 2.0**

Systematic development of PH (public health) governmental agency capacity across the U.S.

Focus limited to traditional PH agency programs

#### Public Health 3.0

Engage multiple sectors & community partners to generate collective impact

Improve social determinants of health

Late 1800s

1988 IOM Future of Public Health Report

Recession

Care Act

Affordable

2012 IOM For the Public's Health Reports



# **Public Health: Workforce Needs**

#### The government public health workforce is understaffed

- Current estimates: at least 100,000 workers to ensure core functions
- Some 50% of government public health workers intend to leave their job

#### The U.S. government is investing to re-build the public health workforce

• The American Rescue Plan allocated \$7 billion to help hire and train public health workers

#### There are opportunities to build skills among current public health workers

- 86% of government public health workers don't have formal public health training
- >54% of government public health workers identify areas for training

Staffing Up - Workforce Levels Needed to Provide Basic Public Health Services for All Americans (2022): <u>https://phnci.org/uploads/resource-files/Staffing-Up-Research-Brief.pdf</u> Public Health Workforce Interests and Needs Survey (PH WINS)(2014, 2017, 2021): <u>https://debeaumont.org/phwins/</u>

Hare Bork R et.al. (2022) Workplace Perceptions and Experiences Related to COVID-19 Response Efforts Among Public Health Workers — September 2021–January 2022. MMWR DOI: <u>http://dx.doi.org/10.15585/mmwr.mm7129a3</u> White House Fact Sheet (2021). <u>https://www.whitehouse.gov/briefing-room/statements-releases/2021/05/13/fact-sheet-biden-harris-administration-to-invest-7-billion-from-american-rescue-plan-to-hire-and-train-public-healthworkers-in-response-to-covid-19/</u>



# Public Health: Workforce Needs

#### Strategic Skills

Effective Communication	Systems and Strategic Thinking	
Justice, Equity, Diversity, and Inclusion (JEDI)	Community Engagement	
Data-Based Decision Making	Change Management	
Resource Management	Policy Engagement	
Cross-Sectoral Partnerships		

de Beaumont Foundation: <u>https://debeaumont.org/strategic-skills/</u> Public Health Workforce Interests and Needs Survey (PH WINS)(2014, 2017, 2021): <u>https://debeaumont.org/phwins/</u>



## Role of Schools and Programs of Public Health?

Have Schools and Programs of Public Health Shifted their MPH Programs

to

Help Develop the Public Health Workforce of the Future?

If so, How? Why?





## **MPH Programs are Focused on Practice**

Primary focus should be to train public health practitioners (>86%)

Themes:

- Students understand the core public health values, such as <u>equity and social justice</u>.
- Students can "tackle the world's problems".

"The MPH is a <u>professional degree</u>. You should look to come out of the degree with a set of <u>marketable skills</u> <u>that you can use across a whole range of industries</u>." (MPH 4)

"[Our focus is] <u>making sure the students are getting</u> <u>critical skills that they can apply immediately</u>... We teach a lot of [tools and skills] so that when they're in that situation, <u>they will have those tools in their back</u> <u>pocket</u>." (MPH 7)



Meredith et al. (2022) Master of Public Health Education in the United States Today: Building Leaders of the Future https://doi.org/10.1177/00333549221121669



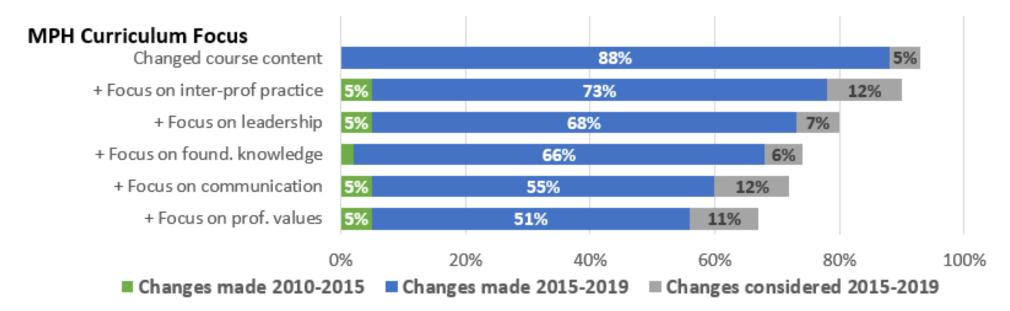
## **MPH Programs Have Shifted**

→ 96% of MPH programs focus on practice; 52% have shifted towards this since 2015

 $\rightarrow$  82% have shifted to focus on key public health competencies

→ 45% have made changes to admissions requirements

 $\rightarrow$  88% have made changes to courses, course content



Meredith et al. (2022) A New Baseline: Master of Public Health Education Shifting to Meet Public Health Needs <u>https://doi.org/10.1097/PHH.0000000000001537</u>



# **MPH Programs Have Shifted**

#### Content Areas Where MPH Programs are <u>Reinforcing Curriculum</u>



"There were five different areas of public health... now there is like a million and every time we turn around there is something else. We need to be prepared to react to new challenges... We need to teach flexibility, innovation. It's like partnerships, the humility to share and to talk to other people and to lean on other experts." (MPH 3)

"We have some classes that were created within the past couple of years to meet some of those other competencies that were not being covered. <u>I mean</u> <u>communication. Leadership. There was no leadership</u> <u>in our curriculum. No advocacy</u>." (MPH 2)

Meredith et al. (2022) A New Baseline: Master of Public Health Education Shifting to Meet Public Health Needs <u>https://doi.org/10.1097/PHH.000000000001537</u>



## **Motivations for Shifts**

"[Our graduates need to] be <u>prepared for anything</u> <u>and everything that comes up in public health</u>. And at this point, I cannot even imagine what the next challenge will be. The [public health] challenges are huge and we have to collaborate. It's almost like there <u>has to be an MPH in every organization</u>." (MPH 3)

"[We are] training future public health practitioners... folks who will get out there and work in public health and ultimately make a difference and <u>move the</u> <u>needle on population health</u>." (MPH 8)





# **Factors Informing Shifts**

- → MPH programs are shifting based on real-world input
  - → Accreditation standards
  - → Employer, collaborator, external input

#### Research, publications

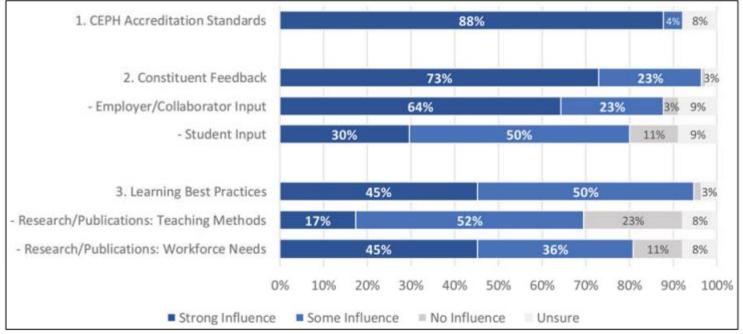
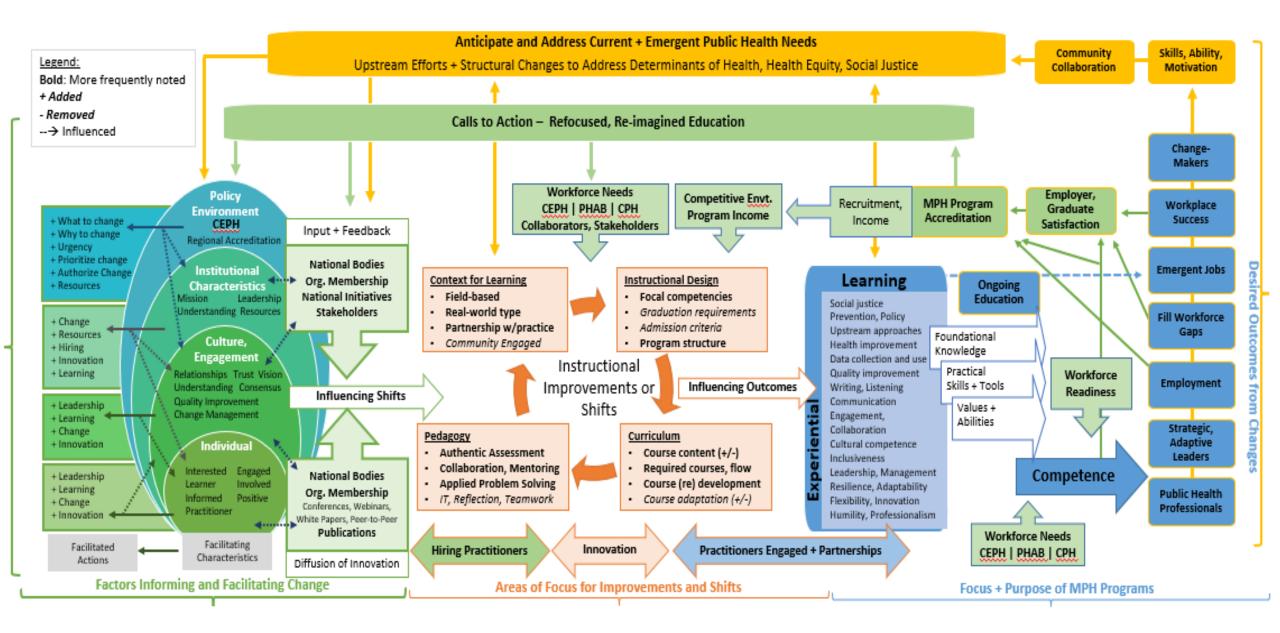


FIGURE 1 Reported Degree of Influence of Various Factors on MPH Program Changes; % of Survey Respondents (N = 115) Reporting Degree of Influence

Meredith et al. (2022) Levers of Change: How to Help Build the Public Health Workforce of the Future https://doi.org/10.1097/PHH.000000000001618



### Summary of Findings





# **Summary of Findings**

> 30 years ago, public health leaders started to raise an alarm. In the last 10 years, change has begun

#### **National Public Health Initiatives**

- Elucidated workforce needs
- Defined competencies
- Set a new vision for public health
- ➢ Seeded the changes
- The processes used have supported changes



#### **MPH Programs**

- Developing public health workforce
- Improving community health
- Curriculum aligned with areas of need (workforce, community)
- Improving student learning; supports for success

With engagement, MPH Programs can drive public health systems change + community health improvement

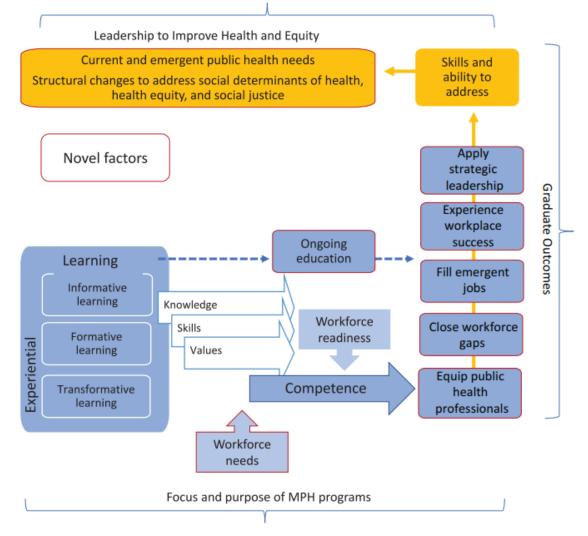


# **Summary of Findings**

### →Building competence

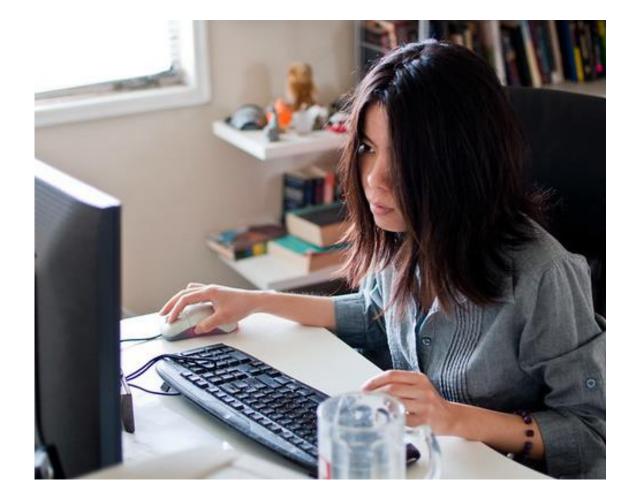
→Workforce readiness

→Ability to listen, engage, lead→Improve health equity





### **Opportunities + Innovations Amidst COVID-19**



→Surge workforce, pipelines
→Funding for new workers
→New approaches to work



### New York State Public Health Corps



- 1 year fellowship
- 14-weeks of online applied learning
- 53 performance outcomes
  - Spark awareness
  - Common language, tools, approach
  - Foster engagement, collaboration

400 Fellows (of 1,000)



#### New York State Citizen Public Health Leaders



- 8-hour training + Keynotes
- 20 Calls to Action
  - Build health literacy
  - Develop awareness
  - Stoke agency
  - Provide queues to action

20,000 learners (of 100,000)



### National Cooperative Extension Collaboration [USDA]





- 20-weeks of online applied learning
- Periodic live sessions
- +/- Learning communities
- 50 performance outcomes
  - Spark awareness, recognition
  - Common language, tools, approach
  - Foster engagement, collaboration
    - 100 Adult learners



# Public Health AmeriCorps

#### Academic Health Department — Academic Public Health Corps

#### **Regional Public Health Training Centers**

- <u>Region 1 New England Public Health Training Center</u><sup>II</sup>
- Region 2 Public Health Training Center
- Region 3 Mid-Atlantic Regional Public Health Training Center
- Region 4 Public Health Training Center
- Region 5 Greater Lakes Public Health Training Center
- Region 6 South Central Public Health Training Center
- Region 7 Midwestern Public Health Training Center
- Region 8 Rocky Mountain Public Health Training Center 🗗
- Region 9 Western Region Public Health Training Center
- Region 10 Northwest Public Health Training Center

# CDC TR/IN

### **California Pathways into Public Health Initiative (Cal-PPH)**



# Public Health Working Together

Healthy People in Healthy **Communities** 

(Department of Health and Human Services)



#### https://health.gov/healthypeople



# **Thanks + Acknowledgements**

<u>Elizabeth Jarpe-Ratner</u>, PhD, MPH, MST Clinical Assistant Professor, UIC, Health Policy and Administration

<u>Christina Welter</u>, DrPH, MPH Clinical Assistant Professor, UIC, Health Policy and Administration

<u>Steve Seweryn</u>, EdD, MPH Clinical Assistant Professor, UIC, Epidemiology and Biostatistics

Susan Artfeld, PhD, MS Associate Dean of Academic Affairs (former), UIC, Office of the Dean

<u>Kris Risley</u>, DrPH, CPCC Managing Director (former), Workforce, de Beaumont Foundation

Donna Leong, MPH, MCP Manager, Workforce Development, Cornell University

<u>Cheyanna Frost</u>, MPH Program Manager, Workforce Development, Cornell University Laura Rasar King, EdD, MPH, MCHES Executive Director, CEPH

<u>Rita Kelliher</u>, MSPH Chief Academic Officer (former), ASPPH

<u>Christine Plepys</u>, MS Senior Director of Data Analytics, ASPPH

#### CEPH Staff

Key Informants + ASPPH Peers

Survey Respondents + Interviewees

Laura Trolio, Erin Knoerl, Ashley Tate, Lora Santilli, Tom Reizes and all NYSPHC leads

Beth Tailleur and NYS Public Health AmeriCorps leads

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