



## **EAP PRESENTS: TALK SAVES LIVES** **AN INTRODUCTION TO SUICIDE PREVENTION**

Join the American Foundation for Suicide Prevention (AFSP), Capital Region Chapter, for a one-hour presentation designed to provide participants with life-saving knowledge and confidence critical to preventing suicide.

This presentation will cover what we know about this leading cause of death, the most up-to-date research on prevention, and what we can all do to help save lives.

Participants will learn the common risk factors for suicide, how to spot the warning signs in others, and practical examples for how to engage in critical conversations and connect to resources.

Join us to learn how to keep ourselves, our loved ones and those in our community safe. When it comes to suicide prevention — talk truly can help to save lives.

EMPLOYEE  
ASSISTANCE  
PROGRAM



DOH · HRI · OMIG



**American  
Foundation  
for Suicide  
Prevention**

**Tuesday, September  
9th**

**12pm – 1pm**

**WebEx Only – This  
session will be  
recorded and  
available on our  
SharePoint site**

**Register [HERE](#)**

**Questions? Contact  
Katie MacVeigh, 518-  
408-5444**

ALL NYS AND HRI EMPLOYEES, RETIREES AND FAMILY MEMBERS ARE WELCOME TO ATTEND THIS EAP WELLNESS EVENT. PER DOH APPM 618.1 and OMIG APPM 623.0, NYS DOH/OMIG EMPLOYEES MAY ATTEND, WITHOUT CHARGE TO ACCRUALS, WITH PRIOR SUPERVISORY APPROVAL. HRI EMPLOYEES' MAY ATTEND, WITHOUT CHARGE TO ACCRUALS, WITH PRIOR SUPERVISORY APPROVAL.